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# Innovation in Expanding Integrated Behavioral Health Capacity In Pediatrics

CTC-RI Conference | October 31, 2024

# CME-CEU Conflict of Interest Statement

If CME credits are offered, all relevant financial relationships of those on the session planning committee have been disclosed and, if necessary, mitigated.

## **AAFP CME Credits**

The AAFP is reviewing *“Investing in Primary Care & Health Equity”* for AAFP credit. Term of approval is from TBD. Physicians should claim only the credit commensurate with the extent of their participation in the activity. NPs and RNs can also receive credit through AAFP’s partnership with the American Nurses Credentialing Center (ANCC) and the American Academy of Nurse Practitioners Certification Board (AANPCB).

## **NASW CEU Credits**

This program is pending approval by the National Association of Social Workers (NASW) for 5 continuing education units (CEUs).

# Our Panelists



**Kathleen Treloar, LICSW (she/her)**  
 Director of Behavioral Health,  
 RIPCCPC



**Elizabeth Cantor, PhD (she/her)**  
 CTC-RI Consultant, Practice  
 Facilitator



**Dinusha Dietrich, MD (she/her)**  
 Smithfield Pediatrics



**Nicole Nadish, CCHW (she/her)**  
 RIPCCPC



**Aleah Bagwell-Moreino, LMHC (she/her)**  
 RIPCCPC



**Stephanie Czech (she/her)**  
 Director of IBH, FCC



**Jennifer Jenks, LICSW, PhD (she/her)**  
 Manager of Pediatric Social Work,  
 Hasbro



**Arina Ribeiro, CHW (she/her)** Hasbro



**Katherine Delgadillo Soto, CHW (she/her)** FCC



# What is Pediatric IBH?

- Behavioral health clinician on site at primary care practice
- Coordinated team-based care that is individualized to the patient
- Effectively identifying problems/opportunities earlier, and connecting patients to treatment/resources more quickly, to prevent conditions from getting worse.

# Expanding Pediatric IBH Capacity using CHWs – CTC-RI

## Why? project

- ↑ BH concerns but ↓ BH access
- IBHCs need care coordination help
- Increase the capacity of RI pediatric providers and IBH programs by training Community Health Workers (CHWs) in behavioral health care coordination and providing support to a practice's IBH team.
- 15 mo Learning Collaborative with monthly practice facilitation, quality improvement project, and data collection expectations



# Participating Practices

<p><b>CNE Family Care Center*</b>          Steph Czech, PhD and Katherine Delgadillo Soto, CHW</p>
<p><b>Hasbro Pediatric Primary Care</b>          Jen Jencks, PhD and Arina Ribeiro, CHW</p>
<p>Comprehensive Community Action Program (CCAP)</p>
<p>Coastal Bald Hill Pediatrics          Coastal Waterman Pediatrics</p>
<p>Wood River Health Services*</p>
<p>* more intensive track</p>

# Project Goals:

Increase the capacity of Rhode Island pediatric providers and integrated behavioral health (IBH) programs by training Community Health Workers (CHWs) in behavioral health care coordination and providing support to a practice's IBH team.

Practices are provided training and support to implement the following:

- Team-based care that utilizes CHWs to work collaboratively with IBH clinicians, primary care clinicians, and/ other clinical staff to form an integrated care team
- Universal BH screening across the age span (0-18)
- Workflows to support internal referrals to IBHC and CHW, “warm handoffs”, and connections to specialty care
- Implementation of supplemental core workflows based on site priorities; e.g., ADHD, school navigation

# Partnership with Team Up and Hassenfeld Institute



CHW/IBHC Training/Support	Data and Evaluation	Program oversight and Practice Facilitation
CHW/IBHC Specific Trainings - 5/year	BH Screening rate data	Monthly meetings with practices
CHW monthly consultation	CHW activity data	Development of QI project
Core team trainings – 5/year	Qualitative interviews	Assisting practices rollout BH screeners, develop new workflows etc.
	Pre/Post assessments	



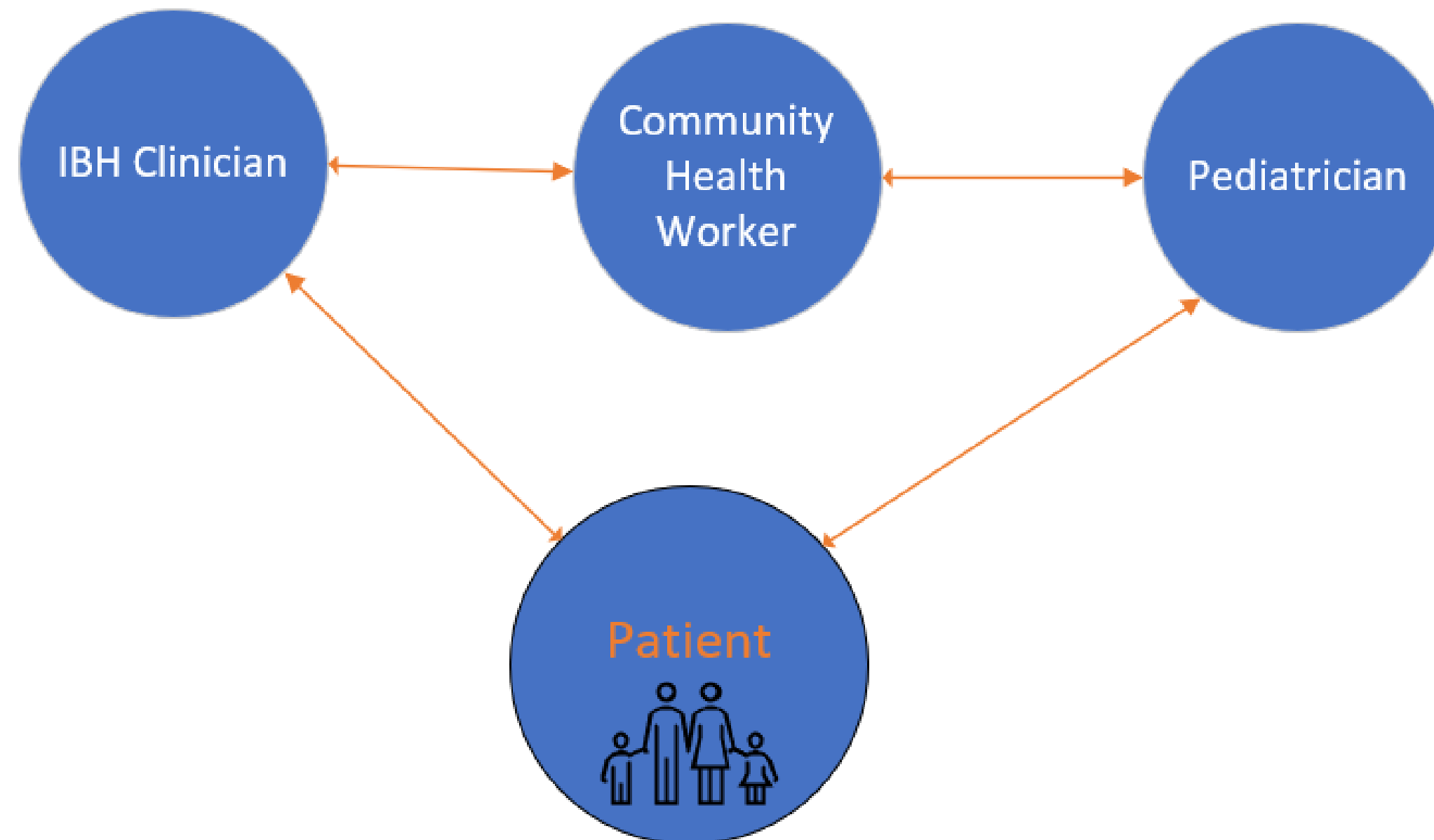
# RIPCPC Model for Supporting IBH in Pediatric Practices

# RIPCPC Hybrid Hub and Spoke Model

- **Pediatric and Family Practices**
  - 17 Current Practices
    - 163 Independent physicians/71 pediatricians
- **Location of Services: IBH Office and 2 Satellite Offices**
  - New London Avenue
  - Sockanosset Cross Rd
- **Collaboration Opportunities between CHW and IBH Clinician**
  - Addressing SDOH and Behavioral Health Needs
- **Short Term Therapy Model and Transition of Services to Community**
  - Length of treatment
  - Community Referral and Partnerships

# HOW does this work at RIPCPC?

Meeting the Patient where **THEY** are At





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# Reflections from our Panelists

## (20 minutes)





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# Case Study Examples (10 minutes)



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# Questions and Answers

