

JULY 2024 ISSUE

MENTAL HEALTH IN DESIGN AND FOR DESIGNERS

RICHARD RAMIREZ

UPCOMING EVENTS AND MORE





EXERPLAY LUNCH & LEARN

1 CEU/PDH

Wednesday, July 31, 2024 12:00 PM - 1:00 PM Location: Virtual

WYNN GARDEN TOUR

Saturday, August 10, 2024 7:00 AM - 09:30 AM Wynn: 3131 Las Vegas Boulevard South Las Vegas, NV 89109

GREEN VALUES STORMWATER CALCULATOR

1 CEU/PDH

Tuesday, August 20, 2024 12:00 PM Virtual

INCLUSIVE PLAY MATTERS

1 CEU/PDH

Thursday, August 29, 2024 5:30 PM - 7:00 PM Location: Top Bar Restaurant 6160 W Tropicana Ave E8, Las Vegas, NV 89103



GOLF TOURNAMENT

Friday, September 13, 2024 12:00 PM 6:30 PM Boulder Creek Golf Club 1501 Veterans Memorial DriveBoulder City, NV, 89005United States For more information: wayne@jwzunino.com

PARK-(ING) DAY

Friday, September 20, 2024 4:00 PM - 8:00 PM 4205 Spring Mountain Rd, Las Vegas, NV 89102

ASLA CONFERENCE

From Sunday, October 06, 2024 to Wednesday, October 09, 2024 Washington D.C.

GPH LUNCH & LEARN

Friday, October 18, 2024 11:30 AM - 1:00 PM Location: TBA

PARKPRO PLAYGROUNDS TOUR

Saturday, October 19, 2024 Time: TBA Ice Age Fossils State Park 8660 N Decatur Blvd, North Las Vegas, NV 89085



BRIGHTIEW - LUNCH & LEARN

We're excited to announce the highly anticipated Bright View Lunch coming this Fall 2024!

Enjoy delicious food, refreshing drinks, and a breathtaking view of the autumn foliage. It's the perfect opportunity to meet new people, network with industry professionals, and have a great time.

#BrightViewLunchParty #Fall2024 #NetworkingEvent #Foodie #JoinTheFun



President's Message



MICHAEL HERNANDEZ PRESIDENT

Have you designed something recently?

Beyond the requirements and challenges of a project, the excitement of design can end abruptly. It can seem like the rush of the design process ends and leaves you with an emotional gap. This often blocks your creativity for the next project you must begin.

If you have not experienced this, consider yourself lucky. For others, there are solutions to bridge the emotional gap in the design process, especially if multiple projects are within the same phase. Focus on making a recovery plan, and analyzing what helps you recover sustainably so that the next design does not feel like a struggle.

Design takes a lot of mental power and if you do not recharge, it can affect you.

"Design is for me a frame of mind, a habit of looking for opportunities where others see problems and then of devising solutions that combine function, form, poetry, and justice."

Anne Whiston Spirn







Network, learn, and grow with NVASLA. Access exclusive resources, exciting events, and the chance to make a real impact in the field of landscape architecture.

#Joinustoday!

now open for the

NVASLA Executive Committee!

Are you ready to take your involvement with NVASLA to the next level? We're excited to announce that nominations are now open for the 2024-2025 NVASLA Executive Committee! This is your chance to be part of a dynamic team dedicated to shaping the future of landscape architecture in Nevada.

We have five fantastic positions up for grabs:



President Secretary Elect



Treasurer



Chair

Who can apply?

Whether you're a seasoned professional or a new student, we welcome all enthusiastic and passionate members of our community to apply. If you're committed to advancing the profession and ready to contribute your unique perspective, we want you on our team!

How to Nominate

Nomination is simple!

Just send an email to info@nvasla.com with:

- Your name
- The position you're interested in
- · A brief statement about why you want to join the Executive Committee

JULY

MENTAL HEALTH IN DESIGN AND FOR DESIGNERS

"If we had a medicine that delivered as many benefits as parks, we would all be taking it. Parks deliver cardiovascular benefits, fight loneliness, combat osteoporosis, counter stress anxiety, and more. And they do those things without adverse side effects and at minimal costs." —D R. HOWARD FRUMKIN, Senior Vice President at Trust for Public Land and former dean of the University of Washington School of Public Health

The Dirt Uniting and Natural Environments Urban Parks Should Be a Greater Part of the Healthcare System

Read It Here

The Power of Parks to Promote Health A Special Report

Read It Here

Creative Burnout: Suffocating the Future of Design A Detailed Analysis of the Effects of Creative Burnout Among Design Students and Professionals

Read It Here

"Design is not a linear, predictable process; it's a cycle of highs and lows. The joys are invigorating — when your design solves a complex problem or when the user experience is seamless. However, the lows, like critical feedback, revisions, or even failure, can be disheartening. This emotional roller coaster can take a toll on our mental health if we don't manage it properly." by Elizabeth Eagle-Simbeye

Read It Here





What projects have you worked on bring you the most joy?

Over the course of my career, I was fortunate enough to work on some amazing projects ranging from Skateparks to housing and retail, but one particular project I enjoyed most was a senior living project in Oceanside California. This project opened another door to my career as this community showed me that seniors also enjoy their outdoor time and providing them with the proper amenities and space gave me the feeling of accomplishment.

Is there a type of project that you have not been part of that you would like to be?

I would like to get myself involved in more master planning projects. I feel with the growing population and the demand for more housing, we tend to forget what an outdoor space should feel like in a new community and end up creating the space after roads and buildings have been laid out. It would be great to see a community that is built around open space. Las Vegas has all the potential in my eyes.

Richard Ramirez

Senior Project Manager

Conceptual Design + Planning Company

As a member of NVASLA, I would like to...

Share some of my knowledge and experiences with young up and coming professionals and provide mentorship and guidance. I feel that it's a great way in giving back as many have helped me get to where I am at today and sharing that experience would be an honor.

What aspect of Landscape Architecture interests you?

I've always been intrigued in seeing how an empty space comes to life. From the challenges to push the boundaries in creating a space that is unique and enjoyable to a space that is everso memorable are what makes me enjoy what I do for a living. I continue to enjoy seeing the evolution of design grow with ideas that are sustainable, unmatched and adaptive to its location. It shows that we as Landscape Architects care about our environment and the people around us.

Do you have a role model that you look to for inspiration?

Ever since I started my path into Landscape Architecture, I had a project manager at my first job take me under his wing and show me the ropes in all aspects of design and management. He once told me "Its not just your company's name on it, its also your name as well", since that day he became a role model I always looked up to for guidance and inspiration to be a great leader. We still keep in touch and have become great friends.



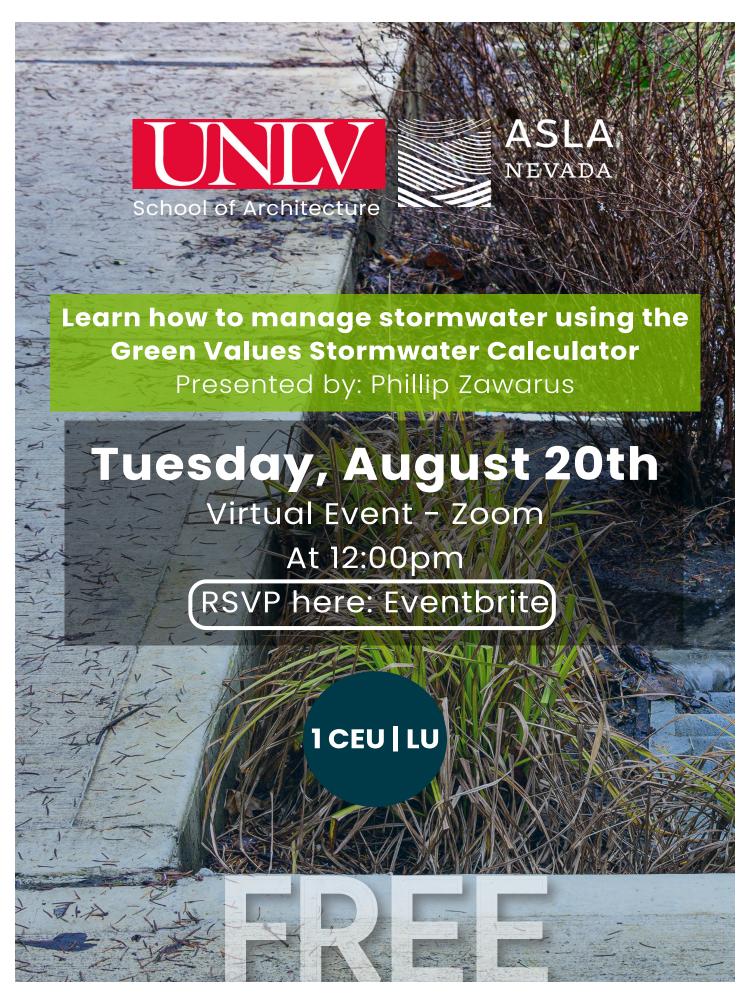
Site Tour Month Call for Action

August is Site Tour Month and we are looking for designers to step up and give a tour of their projects to local officials if they are available.

See the 'how-to' booklet here: https://www.asla.org/sitetours/









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Paseos Line Landscape Planters & Seating Designed by ceramicist Claudia Issa, Paseos are public scale, cast concrete elements that capture a kinetic energy.







Ed Forlani eforlani@nevadasalesagency.com

Jazmin Miller jmiller@nevadasalesagency.com

Kathy Wilson kwilson@nevadasalesagency.com

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Join NVASLA's Climate Action Committee



Why should I join?

- (A) Promote Innovation
- (B) Scale the Issue
- (C) Voice our Concerns
- (D) Make a Difference

What is my role?

- (A) Collaborate with other professionals
- (B) Review and comment on local documents
- (C) Advocate for change
- (D) Report to the Chair of the Committee

What is the current objective?

- (A) Establish goals
- (B) Foster initiatives
- (C) Review local regulations



CLIMATE RESILIENCE – WE COMMIT TO ENHANCING CAPACITY, BIODIVERSITY, AND RESILIENCE OF LIVABLE CITIES AND COMMUNITIES

Goal 1: Practice - Scale Up Climate | Positive Approaches

Objective 1: Expand ecological services to improve climate resilience

Objective 2: Protect, conserve, and enhance biodiversity

Objective 3: Incorporate ecologically-sound land management practices

Objective 4: Support regenerative local agriculture and increase food security

Issue #1
Clark County's
Title 30

Goal 2: Equity - Empower Communities Climate Agency | We commit to advocating for climate equity and social well-being

Objective 1: Build community

Objective 2: Understand climate injustices

Objective 3: Utilize communication tools and techniques

Objective 4: Share financial access guidance for communities



Goal 3: Advocacy- Build Coalitions Climate Leadership | We commit to galvanizing climate champions

Objective 1: Engage the public

Objective 2: Work with elected officials and public servants

Objective 3: Support employee health and wellbeing

Objective 4: Build climate coalitions

Objective 5: Guide policies





- (1) Contact/Email Barb and Anna
- (2) Review CC's Title 30
- (3) Join a meeting
- (4) Provide comments and concerns
- (5) Brainstorm alternatives



trustee@nvasla.com | pastpres@nvasla.com



Inclusive Play Matters: Innovating Outdoor Play Destinations for People of All Ages and Abilities



August 29, 2024



5:30 - 7:00 PDT



Top Bar Restaurant 6160 W Tropicana Ave E8 Las Vegas, NV 89103



Speaker:

Jennie Sumrell CORE Community Outreach Director

In partnership:





Register: education.playcore.com/p/inclusion-asla-nevada-2024

Be inspired to innovate high quality outdoor play experiences for people of all ages and abilities by aligning evidence-based design best practices to inclusive play destinations to encourage active, independent, and meaningful play for all. Both a physical and social event, inclusive play is not solely about physically accessing an environment, but what experiences happen once an individual gets there. Learn inclusive design principles that go beyond minimum accessibility and intentionally address the needs of the whole child.

- 1. Describe the difference between accessible design, universal design, and inclusive playground design.
- 2. Identify five design features or considerations that address the physical, social-emotional, sensory, cognitive, and communication needs of the whole child
- 3. List the 7 Principles of Inclusive Playground Design and at least three ways that these best practices intentionally create outdoor environments where physical and social inclusion can occur
- 4. Summarize the need, value, and importance of inclusive, multigenerational play environments to effectively advocate and fund community lead initiatives

How to Register

Step 1:

Log into your education.playcore.com account (if you haven't created an account yet, sign up before registering for the event).

Step 2:

Register for the event by clicking the link above or visiting the following page: https://tinyurl.com/2d 598hsu

For questions about the session or CEUs, please contact the Center for Outreach, Research & Education at core@playcore.com

.1 IACET CEU / 1 AIA HSW LU / 1 LA CES HSW PDH

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STREET LEVEL SENSING™ & WASTE CONTROL SERVICE

Relay technology has helped make Pittsburgh an even better place to live. Sensor-equipped waste bins send the city real-time data, monitoring everything from fullness to street-level conditions. Now that crews can optimize their collection routes, a job that once required 25 people now only takes 9. Allowing workers to focus on other pressing tasks, including street repairs, cleaning up vacant lots, and improving street-level conditions in disadvantaged areas.

What can we do for your city?

Contact Gibbs LaMotte at gibbsl@victorstanley.com

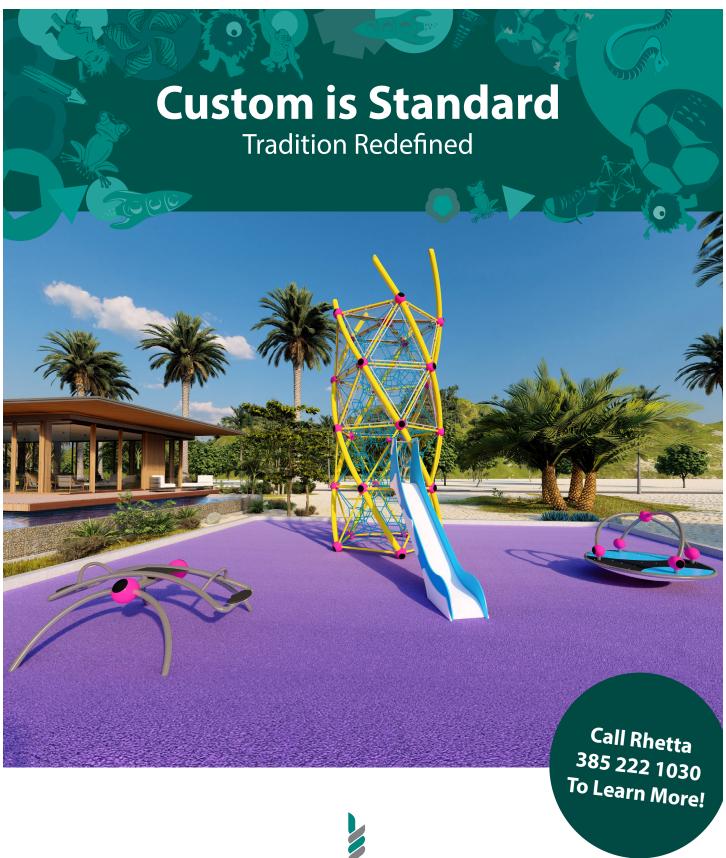
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ASLA, as a professional organization in

Nevada, is proud of its impact on the community through environmentally sound, sustainable, and innovative landscape architectural planning and design. The Silver State Award is the highest honor the Nevada Chapter of the American Society of Landscape Architects (NVASLA) can bestow upon an individual. It is given in recognition of the most distinguished service to the profession of landscape architecture and/or a significant body of work having a lasting influence on the theory, practice, and advancement of the profession in Nevada.

A. Eligibility Requirements

Prospective candidates must comply with the below eligibility requirements.

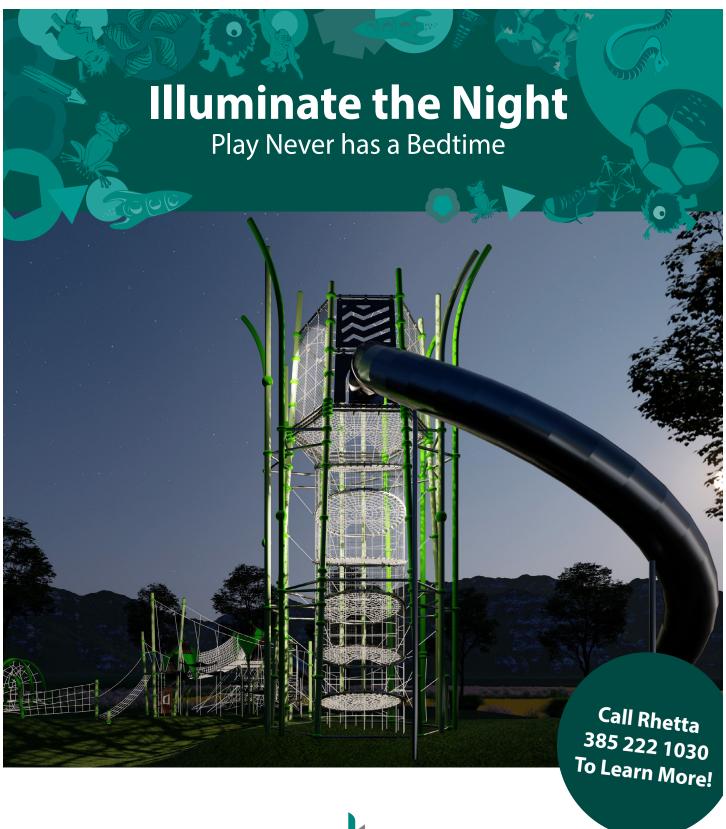
- **1. Membership:** The prospective candidate shall be an NVASLA full member in good standing for 10 continuous years before nomination.
- 2. Knowledge Skills and Abilities: The Qualified Candidate shall have demonstrated exceptional abilities in professional areas of practice, administration, management, education, and/or governance over the prior ten years.
- **3. Influence:** The Qualified Candidate shall have made a clearly positive impact on the profession and/or the state of landscape architecture in Nevada.

B. Sponsor

- **1.** Any NVASLA Member in good standing may sponsor another member for consideration of their qualifications to be a prospective candidate for award.
- **2.** The sponsor should determine the degree of interest on the part of a prospective candidate.
- **3.** Any NVASLA member in good standing may choose to act as their own sponsor for consideration of their qualifications to be a prospective candidate for the award.

C. Sponsorship Letter

The sponsorship/credential letter shall address all the eligibility requirements.









RainBird Lunch and Learn | Recap



We recently had a fantastic turnout for our Lunch and Learn with our awesome sponsor, Rainbird, and learned about their latest Central Control products. We deep-dived into the nuances of evapotranspiration and the importance of using sensor technology to help reduce ineffective irrigation techniques.

Thank you to Rainbird, Tiffany, and everyone who attended our Lunch and Learn.

thank you to all of our ASLA SIDOMS NEVADA

PLATINUM





















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