

TEAM MANAGEMENT: SKATER REQUIREMENTS



Access Path: EMS > [Competition Profile](#)

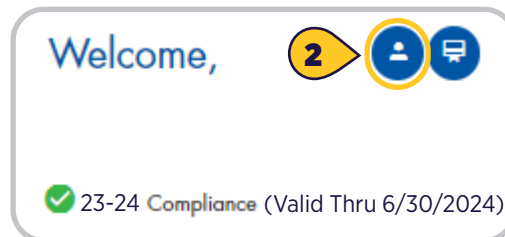
Skater Requirement Overview

All skaters must meet each of the following requirements prior to the registration deadline of their first U.S. Figure Skating sanctioned competition of the season: (1) have a current U.S. Figure Skating membership, (2) meet the minimum test requirements for the team's level per the competition's announcement, (3) complete U.S. Figure Skating waivers and medical registry, and (4), if applicable, provide verification of age to U.S. Figure Skating.

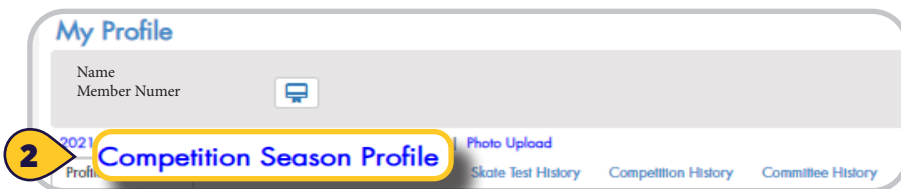
1 Login to www.usfsaonline.org > Click [Here](#)

Enter your U.S. Figure Skating or Learn to Skate USA member number and password.

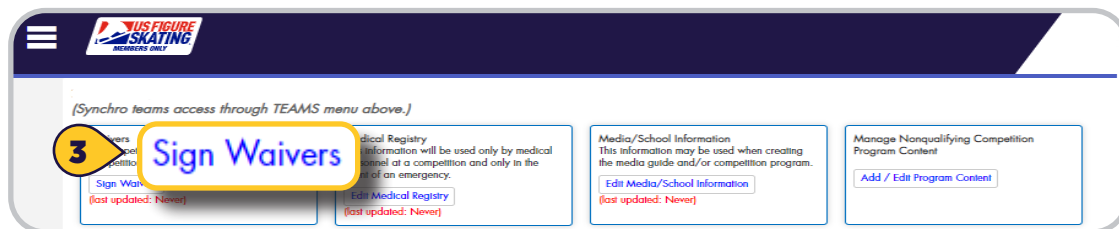
Note: If you need assistance with your member number and password, Contact Member Services at memberservices@usfigureskating.org.



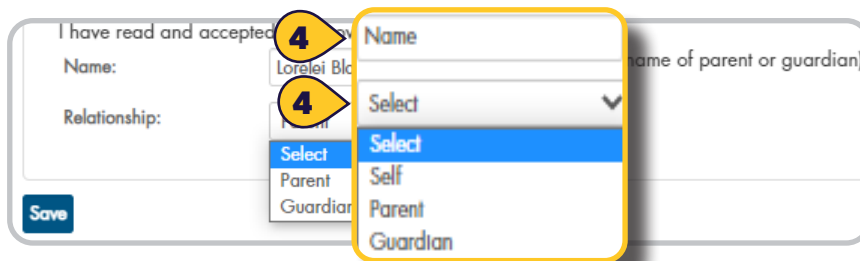
2 Click the "Profile Icon" next to your name followed by "2023-2024" Competition Season Profile".



3 Click **Sign Waivers**



4 Athletes Under the age of 18 - Parent/Guardian must sign on their behalf.



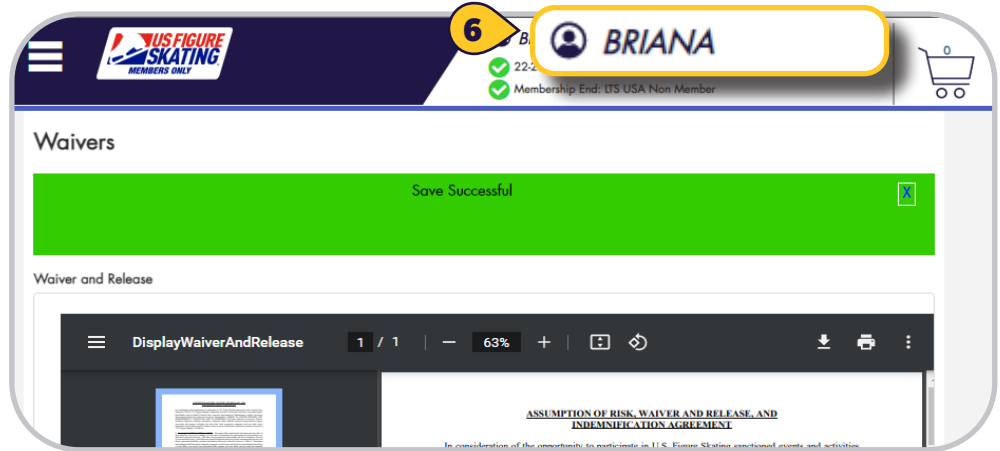
5 After Completing all three waivers, take a screen shot of the main page with "Last Updated: xx/xx/xxxx" to show at registration.



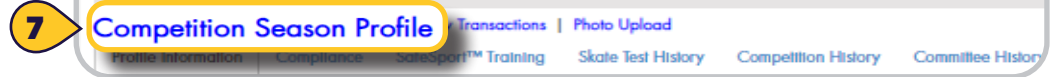
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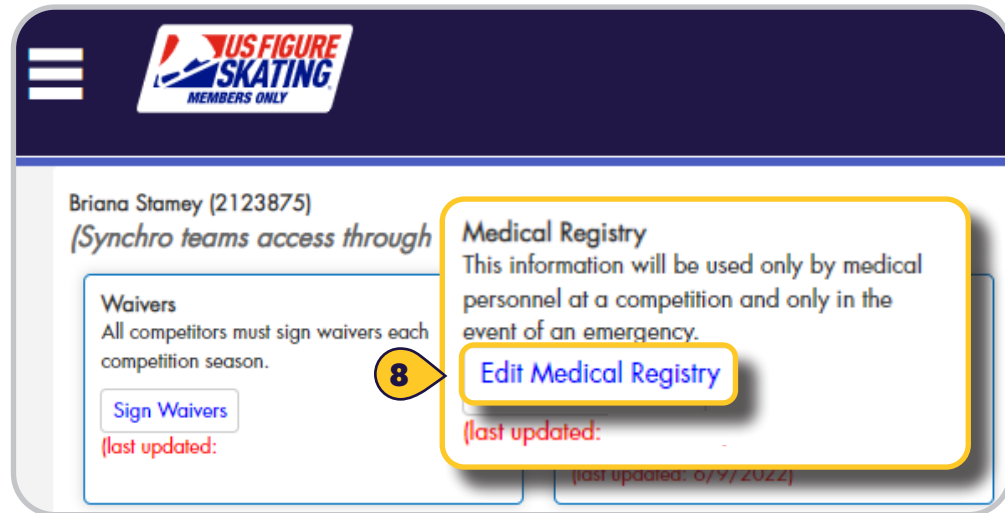
6 When you have completed your waivers and need to get back to the Medical Registry you can get back to your profile by clicking your **name at the top of the page.**



7 Once you are at this page click your **Competition Season Profile.**



8 Click **Edit Medical Registry.**



9 You will be asked to either provide or review your **insurance information** and **Medical history.**

9

Insurance Information	Emergency Contact Information
Insurance: <input type="text"/>	* required field
Name of Insured: <input type="text"/>	* Name: <input type="text"/>
Policy #: <input type="text"/>	* Relation: <input type="text"/>
Insurance Co Phone #: <input type="text"/>	* Phone: <input type="text"/> Ext. <input type="text"/>
Physician's Name: <input type="text"/>	
Physician's Phone Number: <input type="text"/>	



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In addition to your insurance information, you will be asked to review medical information including:

- Known Allergies
- Immunization History
- Prescriptions
- Over the Counter Medicines
- Known Medical Problems
- Recent Injuries
- Recent Illnesses

10 Once you have reviewed or provided all information, click **Save Medical Info**

Note: This section will not be marked as complete until you hit Save even if you did not change any information on the page.

Repeat Step 6 to return to your Profile.

11 If everything has been done correctly, you should notice the dates under each section have updated to today's date. Waivers and Medical Registry must have a date between June 1 and May 31 of the current season.

Example: A "last updated" date of June 3, 2023 is current for the 2023- 2024 season

9 Medical Information

Allergies (drugs, bees, aspirin, etc):

Immunizations:

<input type="checkbox"/> Tetanus	January	2022
<input type="checkbox"/> Hepatitis A	January	2022
<input type="checkbox"/> Flu	January	2022
<input type="checkbox"/> MMR	January	2022
<input type="checkbox"/> Hepatitis B	January	2022

(Check all that apply)

Prescription Medicines:

List only medicines for which a prescription was filled:

If you are on a restricted medicine, have you reported it to USADA?: (please check for yes)
Note: If you have any questions regarding medications, please call 1-800-233-0393.

Over-the-Counter Medicines/Supplements:

List all over-the-counter drugs including Tylenol, cough syrup, vitamins, herbs, protein powders, etc.:

Medical Problems:

<input type="checkbox"/> Asthma	<input type="checkbox"/> Diabetes	<input type="checkbox"/> Seizures / Fainting Spells
<input type="checkbox"/> Heart Disease	<input type="checkbox"/> Hypertension	<input type="checkbox"/> Headaches
<input type="checkbox"/> Menstrual Complications	<input type="checkbox"/> Disordered Eating	

(Check all that apply)

Other:

10 [Save Medical Info](#)

Waivers
All competitors must sign waivers each competition season.

[Sign Waivers](#)

11 (last updated: 11/9/2023)

Medical Registry
This information will be used only by medical personnel at a competition and only in the event of an emergency.

[Edit Medical Registry](#)

11 (last updated: 11/9/2023)

Age Verification (Juvenile - Senior Only)

Any legal document containing both the skater's name and date of birth must be submitted to Member Services (memberservices@usfigureskating.org) to verify the age of the skater. This only needs to be verified once and will remain on record with U.S. Figure Skating.