

# MY COMPETITIONS: SKATERS



Access Path: EMS > [My Competitions](#)

The My Competitions page provides skaters with the tools to manage their competition once the registration has been completed, including schedule, practice ice, music & PPC, coaches, and waivers.

**1** After logging in to Members Only ([m.usfigureskating.org](http://m.usfigureskating.org)), click **EMS > My Competitions**.

**2** Select the competition.

**3** In the competition portal the following tabs will be shown, Click on the links below for more details:

- [My Schedule](#)
- [Information](#)
- Documents
- [Practice Ice/Schedule](#)
- [Music & PPC](#)
- [My Coaches](#)
- Waivers
- Medical Registry
- Emergency Contact
- Contacts

