**Local Foods, Healthy Kids Learning Collaborative**

**Learning Session 1: Introduction to Local Foods Agenda**

The agenda below is based on the “Sections” included in Learning Session 1: Introduction to Local Foods. If you are offering the optional Farm to ECE Learning Collaborative Orientation, you can omit the slides in the “Learning Collaborative Orientation” Section of the Learning Session 1 PowerPoint. If you are not offering the Farm to ECE Learning Collaborative Orientation session, it will be helpful to use the “Learning Collaborative Orientation” Section to remind participants about the framework and expectations of the Local Foods, Healthy Kids Learning Collaborative.

Objectives for this Learning Session are to:

* Review expectations of the Learning Collaborative.
* Introduce participants to Local Foods.

**Before beginning Learning Session 1:** Participating ECE Program staff should complete the Farm to ECE self-assessment chosen for this learning collaborative.

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| **Training Component/Content** | **Estimated Time (60 minutes)** |
| Welcome and Introductions* Agenda
* Introductions
* Group Norms (If you have already established Group Norms, paste those into the chat as a reminder for participants.)
* Learning Objectives
* Participant Expectations
 | 5 minutes |
| Learning Collaborative Orientation (Omit Section if you offered the Farm to ECE Learning Collaborative Orientation)* Leadership Team Model
* Local Foods, Healthy Kids Learning Collaborative Structure
* Learning Collaborative Core Components
 | 15 minutes |
| Physical Activity Break | 5 minutes |
| Introduction to Local Foods* Three Focus Areas of Farm to ECE
* Defining “Local Foods”
* Discussion Prompt: What does “local food” mean to you?
* Types of Local Foods
* Menu Activity
* CACFP and Local Foods
* Recommended Practices for Buying and Serving Local Foods
* Local Foods and Equity
* Discussion Prompt: How does local food purchasing support health equity in your community?
 | 30 minutes |
| Resources and Next Steps* Resources
* Next Steps
* Key Dates
* Questions
* Coach Information
 | 5 minutes |