



DanceCats Performance Team

2023-2024
Membership Information

Welcome DanceCats!

OUR MISSION

Congratulations on becoming a member of the DanceCats Performance Team!


While many dance studio teams focus heavily on competitive outcomes, our studio looks beyond the finite lifespan of the competitive dance world to shape versatile **performers** who are able to create, analyze, adapt, collaborate, self-reflect, and thrive as a professional performing artist.

COMMITMENT

DanceCats Team Membership begins once the contract is signed and ends **JUNE 2024**. Dance is a team sport, therefore it is very important all dancers and their families understand the expectations of our team. Each team dancer and a parent are asked to sign a contract annually, see pages 11-12.

In addition to bi-annual recitals, Performance Team dancers compete in approximately six (6) dance competitions per year, and perform monthly (*on average*) at various community events. Team dancers have also been selected as special event performers on the strip or in recurring seasonal shows!

Table of Contents

3 Teacher Information Apps to Download	 SIGN & RETURN
4 Class Requirements > Crew, Recreational, Technique, Flexibility & Strength	10 Understudy Contract > <i>If applicable, review, sign, & RETURN.</i>
5 Policies & Code of Conduct > Attendance & Makeup Policies > Dress Code & Behavior	11 Dancer Contract > <i>Read, initial, sign & RETURN.</i>
6 Pricing Overview > Monthly Tuition & Teacher Fee > Solo / Duet / Trio Fees	12 Parent Contract > <i>Review packet, then initial, sign & RETURN.</i>
7 Costume & Accessory Fees	13 Order Form > <i>Fill out to order accessories & RETURN.</i>
8 Competition Schedule & Fees Location, Arrival Time, Awards	
9 Additional Information > Conventions, Photos & Video > Performances & Volunteering	

Teacher Information

Please contact us with any concerns, questions, absences, etc!



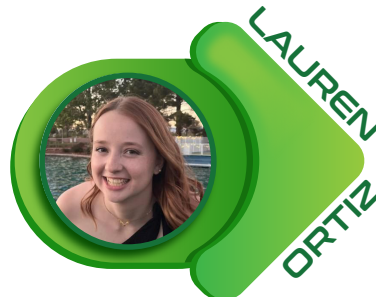
aubreygymcats@gmail.com



h.nelson@gymcats.com



k.shupe@gymcats.com



laurenortiz69@gmail.com



runningmama4@gmail.com



mlbowcott@att.net



deborahhess@gymcats.com

Apps to Download



BASECAMP

BaseCamp is a project management platform used to share info, files, dates, etc. **DOWNLOAD** the app and join via email invite.



TEAMUP

View dance rehearsals, upcoming events, etc. on a visually friendly platform. **DOWNLOAD** the app and enter URL: <https://teamup.com/ksd63dd9720c301257>



GOOGLE PHOTOS

Share & download photos of this year's team all in one place. **DOWNLOAD** the app and you will receive a link to join this year's album.



Class Requirements

> **CREW CLASS REQUIREMENT:** The DanceCats Team consists of various, audition-only “crews,” which participate in dance competitions & community performances. Crew classes meet 1x/week for 30 minutes each and are categorized roughly by **AGE:** •PETITE •MINI •NOVICE •JUNIOR (PRE-TEEN) •TEEN •SENIOR and **GENRE:** •JAZZ •HIP HOP •ACRO •TAP •LYRICAL

> **RECREATIONAL CLASS REQUIREMENT:** For each crew, a dancer must take a recreational class in the corresponding level and genre (see grid below). Recreational classes participate in June and December recitals and occasional community performances.

PERFORMANCE CREW LEVEL	RECREATIONAL CLASS LEVEL	AVERAGE AGES	EX: IF ON THIS CREW...	...MUST TAKE
Petite Crew	Panthers or Jaguars	5-6 yrs	Petite Crew	Jaguars
Mini Crews	Level 1	7-8 yrs	Mini Jazz Crew	Jazz 1
Novice Crews	Level 2	9-10 yrs	Novice Acro Crew	Acro 2
Junior (Pre-Teen) Crews	Level 3	11-12 yrs	Junior Hip Hop	Hip Hop 3
Teen Crews	Level 4	13-14 yrs	Teen Tap	Tap 4
Senior Crews	Level 5	15+ yrs	Senior Lyrical	Lyrical 5

> **TECHNIQUE REQUIREMENT:** Team members are required to take a 55-minute ballet or technique class 1x/week (except for Petites). Lyrical crew members or who have a solo/duet are required to take technique 2x/week. Dancers on the gymnastics team can trade gym ballet for technique.

> **FLEXIBILITY / STRENGTH REQUIREMENT:** Team dancers are required to take one 30-minute strength or flexibility class per week and are automatically billed for 30-minutes. An additional 30-minute class can be added at not cost.

CREW CLASS	HRS/ WK	REC CLASS REQUIREMENT	HRS/ WK	TECHNIQUE REQUIREMENT	HRS/ WK	FLEXIBILITY / STRENGTH	TOTAL HRS/WK
Petite Crew	.5	Panthers/Jaguars	1	N/A	-	.5 hrs/wk	2
Mini Jazz Crew	.5	Jazz 1	.75	Technique 1 or Ballet 1	.75	.5 hrs/wk 2nd class free	2.5 +1.25/crew
Novice Acro Crew	.5	Acro 2	1	Technique II or Ballet 2	1	.5 hrs/wk 2nd class free	3-4 +1.5/crew, +2.5/lyrical crew
Junior Hip Hop Crew	.5	Hip Hop 3	1	Technique III or Ballet 3	1	.5 hrs/wk 2nd class free	3-4 +1.5/crew, +2.5/lyrical crew
Teen Tap Crew	.5	Tap 4	1	Technique IV or Ballet 4	1	.5 hrs/wk 2nd class free	3-4 +1.5/crew, +2.5/lyrical crew
Senior Lyrical Crew	.5	Lyrical 5	1	Technique V or Pointe (1.5 hrs) 2x per week	1/1.5 2	.5/wk 2nd class free	3-4.5 +1.5/crew, +2.5/lyrical crew

Policies & Code of Conduct

ATTENDANCE POLICY

Team dancers are expected to maintain excellent attendance and have no more than one (1) absence per crew/class per month. Please notify the Director of any absences, planned or unplanned. A dancer may be dismissed from the DanceCats team if absences persist or dancer may be asked to schedule private lessons to make up for missed class time.

Crew class attendance during the week of a dance competition or performance is MANDATORY. Absent dancers will NOT be permitted to compete that weekend.

MAKE-UP POLICY

Dancers can make-up missed class by attending an additional technique, flexibility, or strength class, or an open gym at no charge. Please email Hilary to schedule.

DRESS CODE

1. Proper footwear must be worn. Dancers can purchase ballet, jazz, and acro shoes from the front desk. **NO CROCS** are allowed in hip hop classes.
2. Baggy clothing will not be tolerated. Dancers choosing not to wear a leotard need to wear form fitting pants and a tank top. Proper undergarments & deodorant should be worn.
3. Hair must be up and out of face, jewelry removed. **NO SCRUNCHIES OR CLAW CLIPS.**

SHOES	CLASS	ATTIRE
Pink ballet & black tap	Panthers / Jaguars	Leotard, tights, skirt
Pink ballet	Ballet / Technique	Leotard, tights, skirt or biker shorts
Tan jazz	Jazz / Lyrical / Musical Theater	Form fitting clothing, tank/bra top, biker shorts, jazz pants
Black tap	Tap	
White sole sneakers	Cougars / Hip Hop	
Tan paws (<i>no gems</i>)	Acro 1 & 2	
Tan half-soles	Acro 3 & 4	

BEHAVIOR & CONDUCT

Team members should treat their teachers and peers with respect at all times.

Dancers will be split up into four behavioral teams. Each month, they will earn or lose points based on their behavior and performance at competitions. The team with the highest number of points each month will be rewarded and then all teams will start back at zero.

Pricing Overview

> Monthly Tuition

> Annual Teacher Fee

> [Solos/Duets/Trios](#) (optional)

> Costume & Accessory Fees

> Competition Schedule & Fees

MONTHLY TUITION

Dance team tuition is billed monthly, determined by the total number of dance class hours per week. [View the pricing grid here](#) Account must be current at the beginning of the month to allow participation in classes.

Term billing for siblings or other programs, such as recreational gymnastics, will continue to bill by term (8 weeks) for those classes. *Refer billing questions to the front desk.*

ANNUAL TEACHER FEE

After signing and returning the dancer/parent contracts, a one-time per year, \$150 teacher fee is charged to each student on September 15. This fee covers the teacher wages to attend competitions or performances. This fee is non-refundable once the contract is signed.

[SOLOS, DUETS, & TRIOS \(optional\)](#)

If your child has been selected and accepted their solo, duet, or trio, the fee(s) must be paid in full prior to the beginning rehearsals with their choreographer. The fee covers four (4) hours of instructional time with their teacher. Additional time can be purchased at the current private rate.

The dancer should select 3 song choices for their choreographer to review or the choreographer can make song suggestions. Avoid popular music and the subject matter should be age appropriate.

The choreographer will help select convenient rehearsal times, usually beginning in late September/early October. Rehearsal time can be split as preferred, but the recommended frequency is eight, 30-minute sessions, meeting every other week.

At the end of each rehearsal the choreographer or the parent(s) should film the routine. It is expected the dancer(s) will arrive to the next rehearsal prepared to move on.

CHOREOGRAPHY FEE		
SOLO	DUET	TRIO
\$400	\$200 per dancer	\$134 per dancer

Costume & Accessory Fees

COSTUME FEES

The average costume cost is \$75 per costume per crew. Hip hop crew costumes can be upwards of \$150. These costumes are used for the entire season and occasionally will also be used at recital. Charges for competition costumes are due in mid-late November. Charges can also be split up into multiple payments, by request.

Unlike recital costumes, performance costumes needs to last through 5-7 competitions and performances. All costumes should be steamed and kept in a garment bag in between performances. Many costumes cannot be washed, even by hand. If any costumes require alterations by the seamstress, team dancers receive those services at no charge. Rates to repair a costume start at \$5.

Costume fees for solos/duets/trios are due the same time as group costumes. Each choreographer will work with their solos/duets/trios to select costumes, or your child may have the option to re-use a past costume for free or discounted cost.

ACCESSORY FEES

Certain accessories are required and others are optional. These items only need to be purchased once a year or less, depending on your dancer. Each crew will receive a costume requirements sheet outlining required shoes, tights, hair style, etc. **Complete the ORDER FORM on page 13.**

> **STAGE MAKE-UP:** Stage make-up is available for purchase and all dancers are REQUIRED to wear stage make-up, regardless of complexion. Training will be provided via video and in person to learn how to apply stage make-up. Each female dancer will also receive 5 pairs of false eyelashes and glue for the season. Eyelashes can be reused 2-3 times each.

> **SHOES & TIGHTS:** Jazz, ballet, half-soles, & acro paws can be purchased at the front desk, along with all shades & styles of tights.

> **EARRINGS:** Female dancers with pierced ears are required to purchase and wear specific earrings at each performance and competition.

> **TEAM WARM UPS:** Warm up jackets and/or capris are optional. Dancers should wear their team jacket and capris when traveling to competitions, as well as on stage during award ceremonies. Dancers with gymnastics warm ups can wear these for dance also.

> **UNDERGARMENTS:** Please make sure any nude undergarments work with your child's costume(s). Undergarments should never be seen by the judges or the audience. All dance tights have a liner inside which can be worn instead of underwear, as long as the costume is not white. Bras must be flesh tone with clear straps. Nipple covers are recommended if support is not necessary.

Competition Schedule & Fees

COMPETITION SCHEDULE

The team attends approximately 6 competitions per year, February through early May. Competitions will take place locally, with one competition in St. George, UT. Dancers in group routines are expected to attend each competition. Specific performance times are not released until a week before the competition, so please keep the entire weekend free. **The schedule is subject to change.**

COMPETITION FEES

Each competition has an entry fee for each dancer per routine, depending on the type of entry. Fees are due one month prior to the competition and are non-refundable. Dance competitions (*in NV*) do not have an entry fee for spectators. Solo, duet, and trio dancers do not have to compete at every competition and should let the Director know if they wish to be excluded from specific competitions.

AVERAGE COMPETITION REGISTRATION FEE		
GROUP	DUET/TRIO	SOLO
\$50/dancer/group routine	\$75/dancer	\$110/dancer

LOCATION & ARRIVAL TIME

The competition schedule will be emailed a week before each competition along with parking instructions, dressing room location, and the phone numbers of the dance teachers in charge. **Dancers are required to arrive to a competition at least one full hour before their performance time with their hair and make up completely finished.** If you would like assistance with hair/makeup, please arrange to arrive two hours early. Dance competitions often run ahead of schedule, so the teachers will update BaseCamp during the day and plan on leaving earlier than intended.

If a dancer cannot attend a performance, contact the Dance Director immediately and arrange for transportation of the costume so the understudy can fill in.

AWARDS CEREMONY

Dancers and parents are expected to show sportsmanship at all times, supporting their fellow teammates backstage or in the audience. Depending on the proximity of the awards ceremony to your child's performance time, you are encouraged to stay and support the team during the awards ceremony. Any child attending awards is required to wear the DanceCats or Gymcats warm up rather than their costume or street clothes.

Additional Information

CONVENTIONS

Some competitions include a convention (*workshop*) portion which is a great opportunity for the dancers to learn from professional teachers outside our studio. Convention costs can vary, around \$100 per dancer and they will be split into classes by age and style. A DanceCats teacher will be present throughout the entirety of any convention, parents are not usually allowed to view the classes. As we near a convention your dancer will be told what you wear and if they need to bring a packed lunch.

PHOTOGRAPHY & VIDEO RECORDING

Parents are not allowed to take photos or video of a routine while they are competing on stage or the routine could be docked points. The Director will let you know the policy before each competition and if the photos and videos are provided by the competition at no cost, if the cost to purchase is mandatory, or if the competition requires parents to purchase a la carte. Provided photos/videos will be distributed to each family via Basecamp or Google Photos.

OUTSIDE PERFORMANCES

We look for community events to perform at throughout the year and will notify you as these come up. There is likely no extra charge for participating in a special performance, unless a costume needs to be purchased.

If your child cannot participate in a special performance, please let the Dance Director know immediately. The Director and your child's crew teacher will decide if the Understudy will fill in and if the costume is needed.

Dancers are expected to treat outside performances like a competition or recital. They should arrive fully prepared with hair, makeup, costumes, tights, and shoes. Any dancer who arrives late, unprepared, or who does not perform to the best of their ability will be benched from the next performance.

PARENT VOLUNTEERING @ RECITALS

One parent per team dancer is required to assist the dance teachers at the Winter Recital and again at the Spring Recital (or dress rehearsals). Volunteer assignments will be emailed out about a month prior to the recital. If a dancer is not participating in the recital, the parent is not required to volunteer.

Understudy Contract 2023-2024

Please sign and return to the Dance Director **ONLY IF YOU ARE AN UNDERSTUDY.**

DANCER NAME:	
UNDERSTUDY FOR CREW:	DAY/TIME:

Each crew has an assigned understudy dancer who learns all parts of a routine and is prepared to perform in case a crew member cannot for any reason. If your child has been selected as an understudy, the teacher of that crew will let you know how often to attend the crew class in order for them to learn the routine. The understudy will not be charged to attend these classes.

As illness and injury are the main reasons for a crew dancer's absence, the understudy could be called in to perform without much notice. Understudies need to be available each performance weekend. The Director will include the understudies on all communication regarding performance location and times. The understudy will not have to pay a registration fee to compete when a dancer calls out last minute.

The family of the ill/injured dancer will be responsible for bringing the costume to the performance location for the understudy to wear, unless the understudy would like to purchase their own costume. The understudy is responsible for having the correct tights, hair, makeup, accessories, etc.

If a dancer knows more than a month in advance they will be unable to attend a performance, or has a long-term injury, the understudy may be asked to fill in and would be responsible for paying the registration fee. The understudy would still borrow the costume of the original dancer. These circumstances will be communicated as soon as possible so the understudy can rehearse weekly.

The understudy and parent should sign and initial below, acknowledging the requirements of an understudy and will make every reasonable effort to be available during performance weekends.

Understudies not currently on dance team should complete the bottom of this form and also review the rest of the information in this packet and contact the Director with any questions or concerns.

DANCER SIGNATURE:		DATE:	
PARENT SIGNATURE:		DATE:	

Should you have any reason or need to revoke this agreement, please contact the Dance Director immediately.

IF NOT ON DANCE TEAM, complete information below.

PARENT NAME:		PHONE:	
PARENT EMAIL:		OTHER:	

Dancer Contract 2023-2024

DANCER NAME:

I have read the 2023-2024 DanceCats Performance Team Packet. I understand and agree to the following: (please initial each section below)

COMMITMENT & RESPECT

Dancer Initial I, **the dancer**, understand the length of my performance team membership begins on the day I sign this contract until **JUNE 2024**.

Dancer Initial I, **the dancer**, will be respectful to my teachers and teammates at all times. If I am disrespectful, I understand I risk dismissal from class, performances, or the team.

ATTENDANCE & ATTIRE

Dancer Initial I, **the dancer**, understand absences negatively affect me and my team, and therefore will do everything I can to attend. If I have to miss class, I will contact my teachers and understand I risk dismissal from the team if my absences become too frequent.

Dancer Initial I, **the dancer**, understand my attendance to crew class is **MANDATORY** during the week of a performance and if I do not attend, I may not be permitted to perform that week.

Dancer Initial I, **the dancer**, will dress appropriately for class and bring a water bottle. I understand my hair should be tied back, jewelry removed, cell phone silenced, and have the correct shoes packed for each class.

PROFESSIONALISM & PREPAREDNESS

Dancer Initial I, **the dancer**, will maintain a positive attitude and exemplify positive behaviors in class and at performances. I will behave professionally as a member of this team.

Dancer Initial I, **the dancer**, will arrive prepared for each performance with the required costumes, shoes, accessories, and makeup. I will act as a role model for younger dancers on my team.

DANCER
SIGNATURE:

DATE:

Parent Contract 2023-2024

PARENT NAME: _____

I have read the 2023-2024 DanceCats Performance Team Packet and understand the commitment my child and I are making to the team. I agree to following: (please initial each section below)

TIME & FINANCIAL COMMITMENT

Parent Initial

I, **the parent**, understand the length of my child's performance team membership begins on the day I sign this contract until **JUNE 2024**.

Parent Initial

I, **the parent**, understand as a parent of a team member I will have additional time commitments for my child such as extra rehearsals, conventions, competitions, community performances, etc and will check emails regularly to ensure I am aware of all upcoming events.

Parent Initial

I, **the parent**, have read the **PRICING OVERVIEW** section of this packet and understand the costs associated with dance team membership and should I have any concerns, I will bring them to the attention of the Director.

ATTENDANCE & ATTIRE

Parent Initial

I, **the parent**, will do everything I can to make sure my child is attending all classes. I understand my account must be current at the beginning of each month, unless a special circumstance is discussed with the Director.

Parent Initial

I, **the parent**, understand my child's attendance to crew class is **MANDATORY** during the week of a performance/competition and if they do not attend, they may not be permitted to perform that week and any fees paid will not be refunded.

Parent Initial

I, **the parent**, will ensure my child dresses appropriately for class and is provided with proper dance shoes for each style in which they participate.

RESPECT

Parent Initial

I, **the parent**, will be respectful to all teachers, other dancers, and team parents at all times. I understand I am to have sportsman-like conduct at performances and competitions, regardless of placement and awards.

PARENT SIGNATURE: _____

DATE: _____

Order Form 2023-2024

DANCER NAME: _____

Please fill out this form and return to order your items for the competition season. Costs will be charged to your account when the items arrive. Fill out the size/quantity box if you intend to order that item.

DANCECATS TEAM WARM UPS	SIZE	NAME ON JACKET	PRICE
<input type="checkbox"/> TEAM JACKET <i>Name will be embroidered</i>			\$75 + tax (F) \$68 + tax (M)
<input type="checkbox"/> TEAM CAPRIS/PANTS <i>Teacher will size dancer</i>		N/A	\$25 + tax (F) \$44 + tax (M)
ACCESSORIES			QTY
<input type="checkbox"/> EARRINGS <i>Pierced female dancers only</i>			\$25.00 / pair
<input type="checkbox"/> EYELASHES/GLUE <i>Female dancers only, 5 new pairs each year</i>			\$15.00 / 5 pairs
STAGE MAKEUP	INCLUDES	SHADE	PRICE
<input type="checkbox"/> FULL KIT <i>(will last a few years)</i>	Foundation Kit, Mini Kit		\$80.00
<input type="checkbox"/> FOUNDATION BASIC KIT	Foundation, powder, concealer palette		\$40.00
<input type="checkbox"/> MINI KIT <i>Females only</i>	Blush, lipstick, eye palette		\$40.00
<input type="checkbox"/> LIPSTICK <i>Females only, new each year</i>		Stage Red	\$15.00
<input type="checkbox"/> BLUSH		Stage Red	\$12.00
<input type="checkbox"/> BRUSHES	7-piece set	N/A	\$16.00
SHOES	SIZE	COLOR	QTY
<input type="checkbox"/> JAZZ SHOES		<input type="checkbox"/> TAN <input type="checkbox"/> BLACK	\$45.00 / pair
<input type="checkbox"/> BALLET SHOES		<input type="checkbox"/> PINK	\$25.00 / pair
<input type="checkbox"/> TAP SHOES <i>(prices varies by brand)</i>		<input type="checkbox"/> BLACK	\$75.00 / pair
<input type="checkbox"/> ACRO PAWS <i>Light skin = NUDE, medium skin = SUNTAN, dark skin = COFFEE</i>		<input type="checkbox"/> NUDE <input type="checkbox"/> COFFEE <input type="checkbox"/> SUNTAN	\$15.00 / pair
<input type="checkbox"/> HALF SOLES <i>Light skin = TAN, medium/dark skin = TOAST</i>		<input type="checkbox"/> NUDE <input type="checkbox"/> TOAST	\$15.00 / pair
TIGHTS	SIZE	COLOR	QTY
<input type="checkbox"/> CONVERTIBLE <i>(hole in bottom of foot)</i> <i>Light skin = LT SUNTN, medium skin = SUNTAN, dark skin = COFFEE</i>		<input type="checkbox"/> LT SUNTN <input type="checkbox"/> PINK <input type="checkbox"/> SUNTAN <input type="checkbox"/> BLACK <input type="checkbox"/> COFFEE <input type="checkbox"/> OTHER	\$10.00 / pair
<input type="checkbox"/> FOOTLESS <i>Light skin = LT SUNTN, medium skin = SUNTAN, dark skin = TAN</i>		<input type="checkbox"/> LT SUNTN <input type="checkbox"/> TAN <input type="checkbox"/> SUNTAN	\$10.00 / pair
<input type="checkbox"/> STIRRUP <i>Light skin = LT SUNTN, medium skin = CAMEL</i>		<input type="checkbox"/> LT SUNTN <input type="checkbox"/> CAMEL	\$10.00 / pair
OTHER <i>(nude bra, fishnets, etc)</i>	SIZE	COLOR	QTY
<input type="checkbox"/>			
<input type="checkbox"/>			
TOTAL COST			\$