

EMPOWER

ENHANCE

ENGAGE

ENABLE

3rd QUARTERLY REPORT

SNEAK PEEK OF MAIN ACTIVITIES

Stakeholders' engagement Training

Trainings by the newly incorporated ad hoc Experts: Christophe Gouache and Ileana Toscano.

Integrated Action Plans

The 9 Network partners are developing their vision with the One Health approach in collaboration with their local experts and working groups.

Advocacy action: Call for Action

A Call for Action from cities to EU for One/Planetary Health Action during the 10th European Conference on Sustainable Cities & Towns

SCROLL DOWN TO DISCOVER MORE...

About the One Health 4 Cities Network

The One Health 4 Cities Network, an Action Planning Network of URBACT IV Programme, brings light on implementing the One Health approach in urban public policies, strategies, and projects.

Comprising cities with varying levels of experience in One Health and local contexts, the network fosters a collaborative environment where the nine partners come together to learn and share experiences: Benissa (ES), Elefsina (GR), Kuopio (FI), Lahti (FI), Loulé (PT), Lyon (FR), Munich (DE), Eurometropolis of Strasbourg (FR) and Suceava (RO).

The network aims to develop tools that empower decision-makers and operational teams to increase the positive impact of urban projects on the well-being and health of people, animals, and the environment. The network's lead partner is the City of Lyon.

A Network of 9 European cities

The city of **Lyon** is
lead partner of the network



Network's Cluster Themes

- **Cluster 1:** Horizontal integration of One Health into policies, strategies, and projects
- **Cluster 2:** Urban Green & Blue Spaces and Health Promotion, Urban Biodiversity
- **Cluster 3:** Lifestyle and health promotion, healthy habits (e.g. diet, exercise)

Cities as a catalyst for One Health

Cities are central actors thanks to their characteristics of action. They are a key actor of the diagnosis of the health needs and inequalities among their population. They are implementing health prevention policies on the field, they are in charge of hygiene on their territory, and lead the urban policies to organize public spaces (WHO).



Unifying Efforts for Bringing One Health in Cities

LATEST NETWORK RESOURCES



1 Call for Action from cities to EU



2 Our latest articles



3 Our previous quarterly reports



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Training on Citizens' Participation

by Christophe Gouache, One Health 4 Cities Ad-Hoc Expert
25th July 2024

Learning on participation

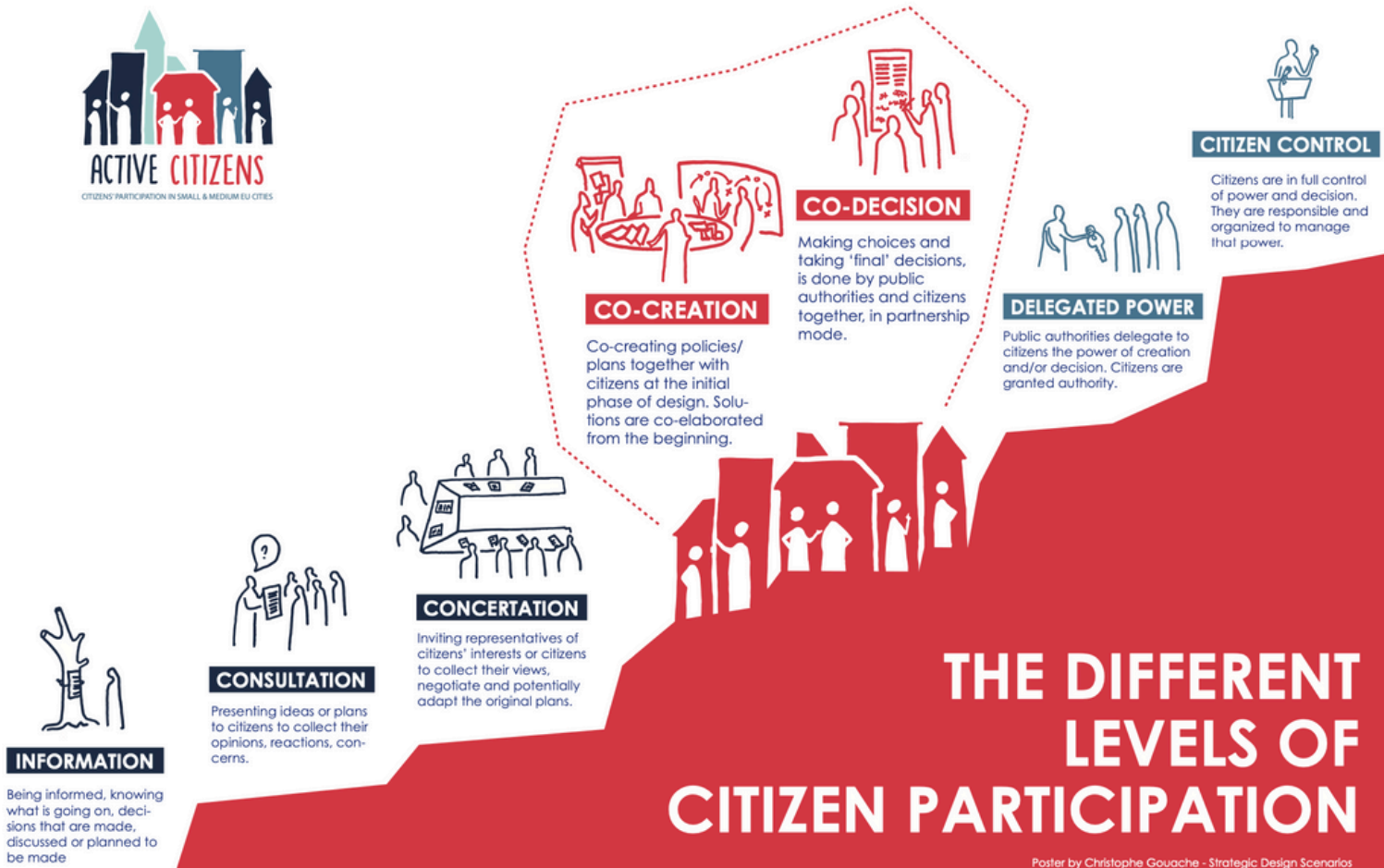
WHAT IS IT?

Citizen participation is about giving space, voice and value to people who are directly or indirectly concerned, affected or touched by a policy, a service or a project.

WHY IS IT IMPORTANT?

Engaging citizens in policy making allows governments to tap into wider sources of information, perspectives and potential solutions, and improves the quality of the decisions reached (Michels, 2010).

Different level of participation





Training on Citizens' Participation

by Christophe Gouache, One Health 4 Cities Ad-Hoc Expert
25th July 2024

Citizens' participation a new imperative for cities



USER-CITIZENS

Nothing
about us,
without us.

“Important to know that citizen participation is not in the natural DNA of public authorities but it is becoming a form of new imperative. It get harder and harder to make policies without any citizens.”

What we didn't know..

Citizens don't only care for themselves, their personal individual interest, they also **care for the common good.** And having as many parties involved as possible can bring together many different perspectives to determine the overall best decisions for the "common."



Voice all citizens

It is the responsibility of the public authority to ensure to hear and give space and voice to all citizens, and in particular that we don't often hear.

We should not be satisfied if we only get the same usual suspects...

Training on Urban Participation and Play for inclusive and healthy cities

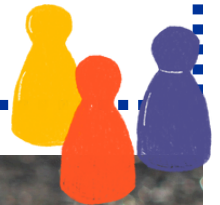
by Ileana Toscano, One Health 4 Cities Ad-Hoc Expert
25th July 2024



Learning on participation and play

WHY USE PLAY IN CITY PLANNING

- Play provides unique opportunities to address the challenges of urbanization by fostering co-creative, enjoyable public spaces.
- Through gamification, cities can promote social inclusion, healthy lifestyles, cultural exchange, and economic growth.
- Games engage stakeholders in innovative ways to shape urban development and reimagine public spaces.
- Incorporating play into city planning supports place-making, enhances health and well-being, and fosters intergenerational learning.
- Promoting play at the city level can lead to more inclusive, sustainable, and prosperous urban environments.



«PLAY IS A SERIOUS MATTER AND CAN
MAKE THE DIFFERENCE for a better urban
future of cities»

Training on Urban Participation and Play for inclusive and healthy cities

by Ileana Toscano, One Health 4 Cities Ad-Hoc Expert
25th July 2024



A personal test of play powerful



Real life: a street without PLAY, Trieste 2021

Same street, after 1 hour of play activities - a space open for PLAY, staying together, talking and enjoying



Don't try to address play,
just make the space
playful!

Presentation of the Ad-hoc Experts



Christophe Gouache is

- A product designer who **designs policies & services**
- A teacher at **Sciences Po Lille**
- A trainer, for civil servants (Directors/heads of unit) at the **French National Institute for Territorial Studies (INET)**
- A trainer, for EU managing authorities, at the
- **European Institute for Public Administration (EIPA)**
- **URBACT lead expert** of Breaking Isolation and previously of Active Citizens
- Also regularly '**researcher**' in EU research projects (such as YouthDecide2040 on the future of Democracy 2025-2029)

Christophe supports the One Health 4 Cities Network and helps the city partners to effectively use citizens engagement tools and deliver their Integrated Action Plans and Testing Actions.



Ileana Toscano is

- An **urban facilitator and architect** with 19 years of experience
- **Founder of Kallipolis**, a non-profit organisation dealing with Sustainable Urban Development and Urban Participation
- Passionate about **community planning** and **social innovation** to foster positive changes in cities, taking care that none is left behind
- Extensive experience on several international and national projects, developing sound skills in applying innovative participatory methods for **engaging with multi-level stakeholders** and supporting the learning and **experimenting processes** for urban environments at the local and transnational level
- **URBACT lead expert** of ARCHETHICS and previously of the Transfer Network, Playful Paradigm

Ileana supports the One Health 4 Cities Network and helps the city partners to effectively use citizens' engagement tools such as play and support the network on stakeholder engagement methods. More insights from her work with the network will come out soon..

More insights from their work with the network will come out soon..

Integrated Action Plans



The Integrated Action Plan (IAP) is a city-level output that defines actions to be implemented within each city to respond to specific urban challenges with the One Health approach.

The IAP will reflect the lessons learned from local stakeholders, transnational partners and the testing of actions at local level.

The network partners have already started working on their IAP and currently have refined their One Health vision in alignment with their local Urbact Groups.

Partners' renewed visions

Kuopio wants to become a capital for the good life and integrate the One Health approach into the city's vision and strategic planning.

Update the current regional planetary strategy Nature Step to Health and create the IAP as the detailed city strategy of this.

Integration of the One Health approach into the city health strategy, named "Health Guideline".

Develop natural green/blue spaces within the city taking into account the One Health approach, regulate invasive species and limit exposure to chemical pollution and improve nature connectivity.

Horizontal integration of the One Health approach into the city strategies and projects.

One Health's vision for Benissa is to build a model community to attract and retain international senior residents, contributing to the development of a robust and sustainable care economy.

Use a holistic approach to urban health with One Health to foster a healthy and inclusive community through sports, physical activity.

Development and promotion of a healthy urban environments and healthy lifestyle.

The One Health approach to reduce bio-waste through a holistic programme across the city.

Advocacy on One Health: Call for Action

NATURE, HEALTH, AND DEMOCRACY IN URBAN SPACES

ICLEI EUROPE CALL FOR ACTION



From local and regional authorities to EU Policy Makers: One/Planetary Health Approach for a Sustainable Future

The One Health 4 Cities network, in collaboration with its partners and ICLEI is urging EU institutions to accelerate and strengthen the integration of the One Health approach into their policies.

ACTIONS

- **PROMOTING ONE/PLANETARY HEALTH IN URBAN POLICIES AND STRATEGIES**
- **STRENGTHENING PUBLIC HEALTH SYSTEMS THROUGH COORDINATION AND COLLABORATION**
- **ENSURING EQUITABLE ACCESS TO NATURE FOR URBAN HEALTH AND WELL-BEING**
- **SUPPORTING SUSTAINABLE URBAN PRACTICES AND DEMOCRATIC GOVERNANCE**

Access & sign the call for action below



COMMUNICATION ACTIONS

Three main communication objectives:

1. Build awareness

Raise visibility and awareness of the One Health approach.

2. Create interest

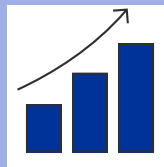
Spark interest and inspiration by sharing initiatives and success stories. Create synergies.

3. Generate change

Get decision makers to adopt the One Health approach in their policies.



14 publications



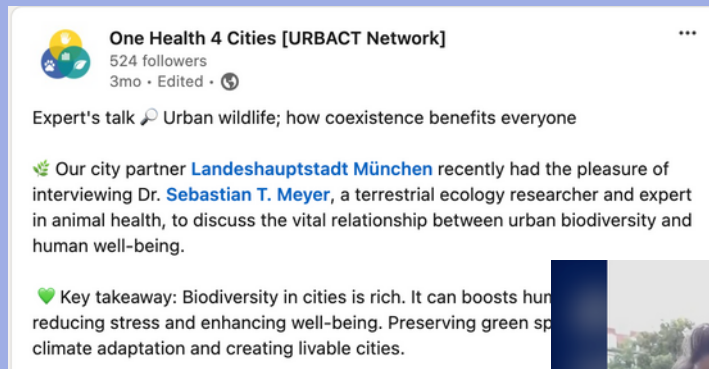
169 new followers



221 likes

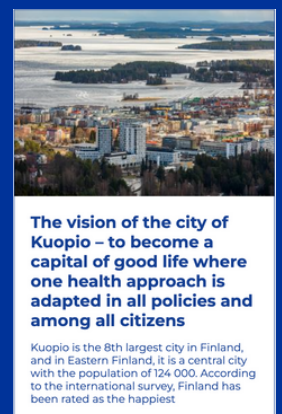


785 clics



URBACT Webpage

3 new articles



Coming up next...

- Core Meeting in Elefsina
- Cluster Meetings
 - In Lyon, Benissa and Elefsina
- First Testing Actions
- Network's mid-term reflection

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