



**It is a Head Scratcher...**

**Why Don't We Have a Behavioral Health Primary Care...**

Medical System	Behavioral Health System
Primary	???????
Specialty/Secondary	Specialty/Secondary
Hospital/Tertiary	Hospital/Tertiary



# ***New Behavioral Health Continuum of Care: Spear & Net Fishers***

Primary Care Behavioral Health Clinician



*No not that one...we can support his needs... see that one...she really needs to be seen weekly for 3-6 months. Give us a call if you need our help or when treatment is complete.*



This is Kinda Like a Primary Care Behavioral Health Clinician Facilitating Care with a Traditional Mental Health Therapist Colleague



**Interprofessional Primary Care Institute**  
*Strengthening Each Other*

Specialty Mental Health & Substance Use Care	Primary Care Behavioral Health Care
Generally 45-60 minutes   Sometimes shorter - sometimes longer	Generally 15-30 minutes   Sometimes shorter - sometimes longer
Often 60-min visit blocks   Often no same-day scheduling	Often 30-min visit blocks   50% of schedule is for same-day scheduling
Visits can be non-directive or directive	Visits are generally directive, focused & action-oriented
Open & close to care	Open door to care   No close
Care by a clinician from a profession working independently	Care by an interprofessional team working interdependently
Specialist   Comprehensive support within a profession	Generalist   Comprehensive whole person support by a team
Most focused on psychological & sociocultural health	Focused on physical health in addition to psychological and sociocultural health
Care is episodic   Frequent visits for a few months to a couple years	Care is episodic   Frequent visits at times for a month or two   Infrequent over years   Access to care today for life