**Local Foods, Healthy Kids Learning Collaborative**

**Learning Session 3: Preparing Local Foods and Food Safety Agenda**

The agenda below is based on the “Sections” included in Learning Session 3: Preparing Local Foods and Food Safety. The purpose of this Learning Session is to reflect on the Action Period 1 tasks, discuss considerations for preparing locally grown foods, and to share food safety resources.

Objectives for this Learning Session are to:

* Reflect on the first two Learning Sessions and progress to work through the Action Period Tasks.
* Explore the process of preparing local foods in ECE programs and food safety considerations.

|  |  |
| --- | --- |
| **Training Component/Content** | **Estimated Time (60 minutes)** |
| Welcome and Introductions   * Agenda * Group Norms * Learning Objectives | 5 minutes |
| Action Period 1 Check-In   * Action Period 1 Task Review * Your Self-Assessment Results * TA Group Discussion (Split into small group when possible) | 15 minutes |
| Preparing Local Foods and Food Safety   * From the Local Farm to the ECE Table * Inventory Your Current Resources * Review CACFP Guidelines for Local Purchasing * Storing Local Foods * Washing Produce * Sharpening Your Cooking Skills * Engaging Children in Cooking | 30 minutes |
| Physical Activity Break | 5 minutes |
| Resources and Next Steps   * Resources * Tasks to Complete * Key Dates * Questions * Coach Information | 5 minutes |