**Local Foods, Healthy Kids Learning Collaborative**

**Learning Session 3: Preparing Local Foods and Food Safety Agenda**

The agenda below is based on the “Sections” included in Learning Session 3: Preparing Local Foods and Food Safety. The purpose of this Learning Session is to reflect on the Action Period 1 tasks, discuss considerations for preparing locally grown foods, and to share food safety resources.

Objectives for this Learning Session are to:

* Reflect on the first two Learning Sessions and progress to work through the Action Period Tasks.
* Explore the process of preparing local foods in ECE programs and food safety considerations.

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| **Training Component/Content** | **Estimated Time (60 minutes)** |
| Welcome and Introductions* Agenda
* Group Norms
* Learning Objectives
 | 5 minutes |
| Action Period 1 Check-In* Action Period 1 Task Review
* Your Self-Assessment Results
* TA Group Discussion (Split into small group when possible)
 | 15 minutes |
| Preparing Local Foods and Food Safety* From the Local Farm to the ECE Table
* Inventory Your Current Resources
* Review CACFP Guidelines for Local Purchasing
* Storing Local Foods
* Washing Produce
* Sharpening Your Cooking Skills
* Engaging Children in Cooking
 | 30 minutes |
| Physical Activity Break | 5 minutes |
| Resources and Next Steps* Resources
* Tasks to Complete
* Key Dates
* Questions
* Coach Information
 | 5 minutes |