

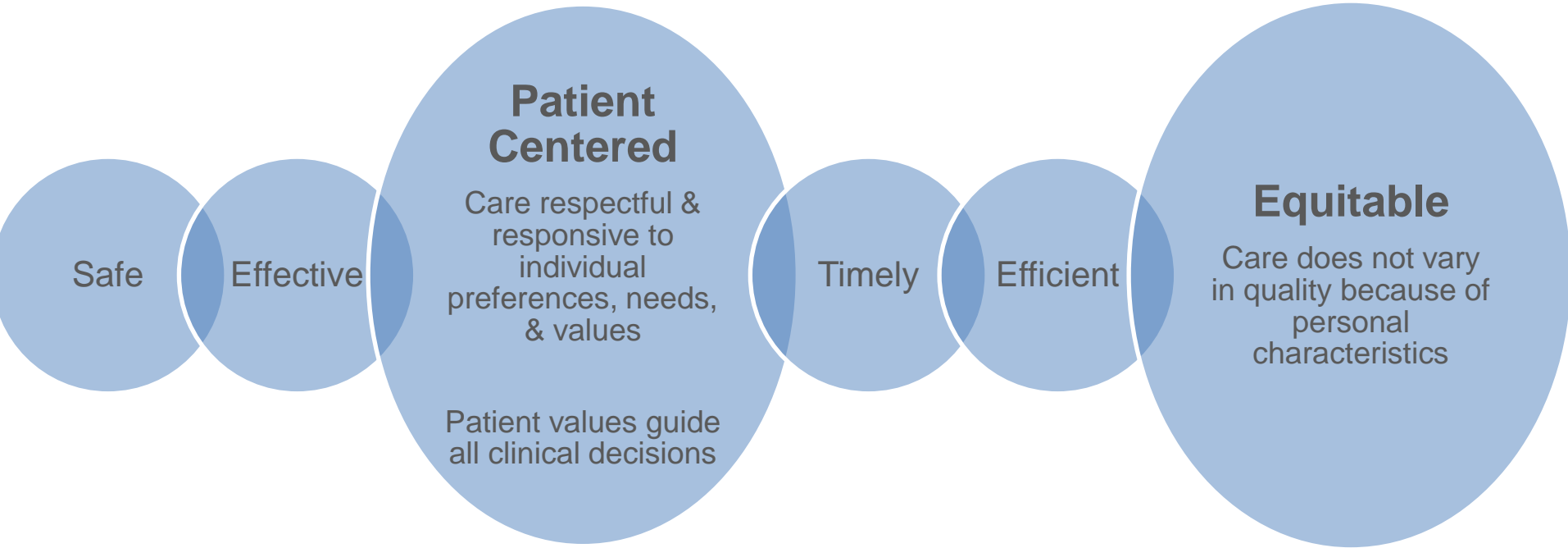
# Shared Decision Making Leveraging TeamBirth

Dr. Mark Tomlinson, Regional Medical Director, Obstetric Services  
Laurel Durham, RN, Senior Director Women and Children's Services  
Providence Health & Services, Oregon  
2023 Oregon Perinatal Collaborative Annual Summit

The test of a first-rate intelligence is the ability to hold two opposed ideas in mind at the same time and still retain the ability to function.

F Scott Fitzgerald

# Aims for 21<sup>st</sup> Century Health Care System

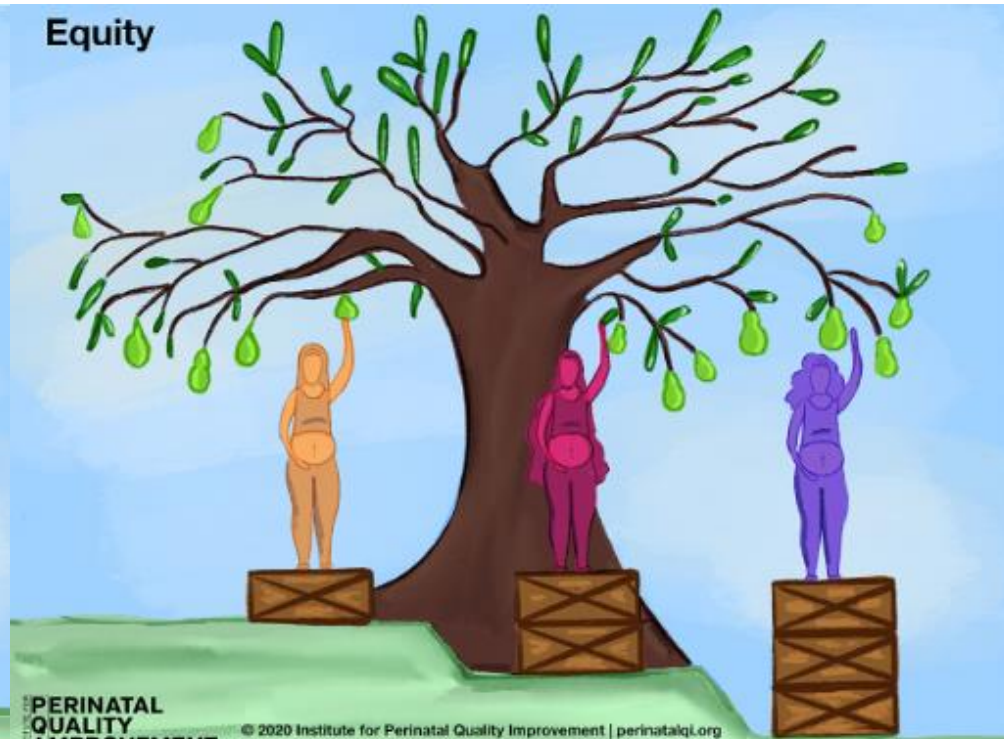


# Patient Centered and Equitable: Shared Decision Making

Equality



Equity

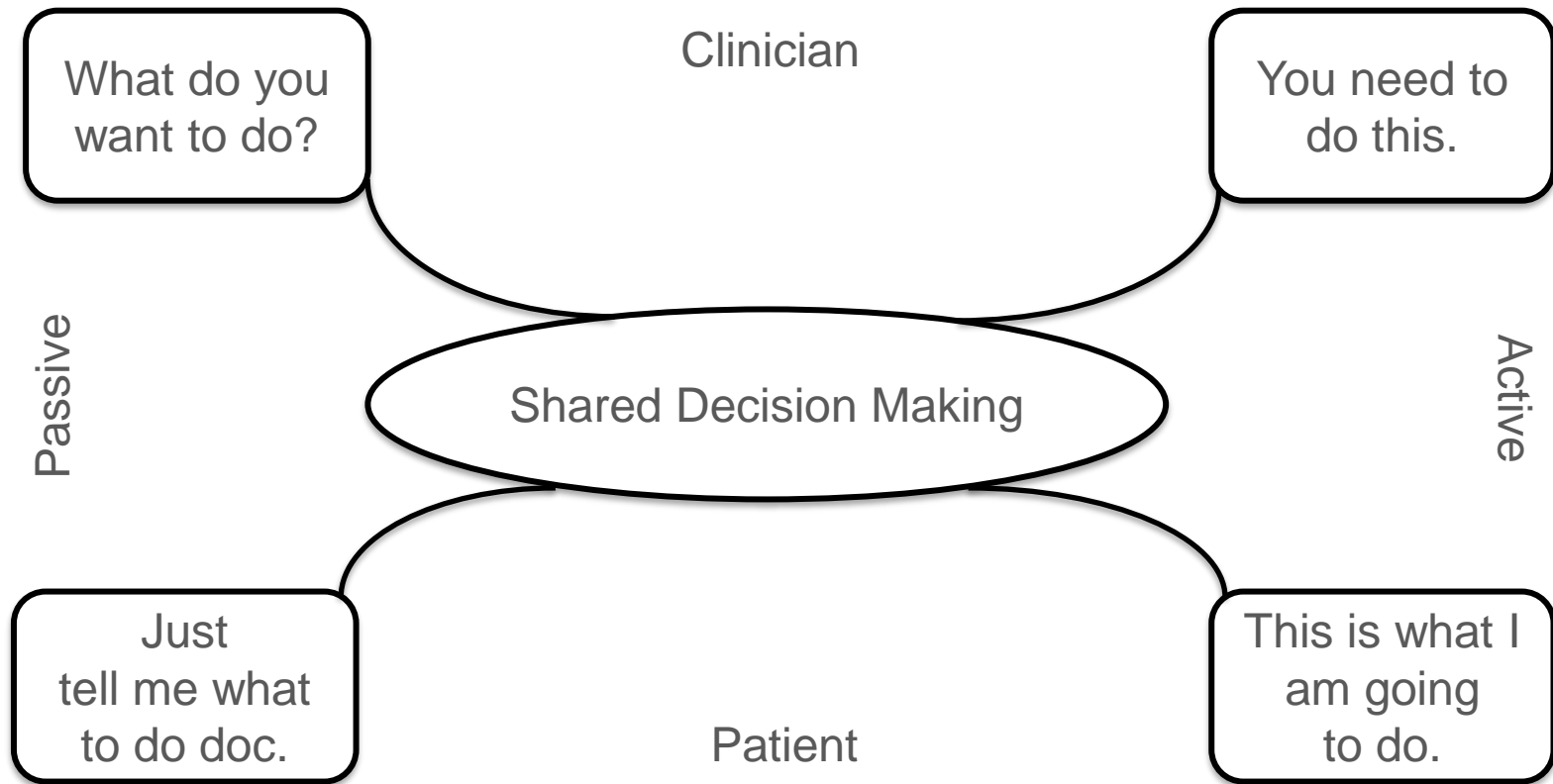


# Shared Decision Making

- Information necessary and relevant to decision making is provided
- Assist patients in identifying best course of action for them
- Patient centered and individualized
- Discussion of risks and benefits in context of patient's values and priorities
- Information must be able to understand information presented and be able to ask questions
- Patients have right to decline recommended course of action
- A signed document is only a part of the process

ACOG Committee Opinion #819, 2021

# Patient – Clinician Interactions Following Counseling



# The Voice of the Patient: National/ Literature

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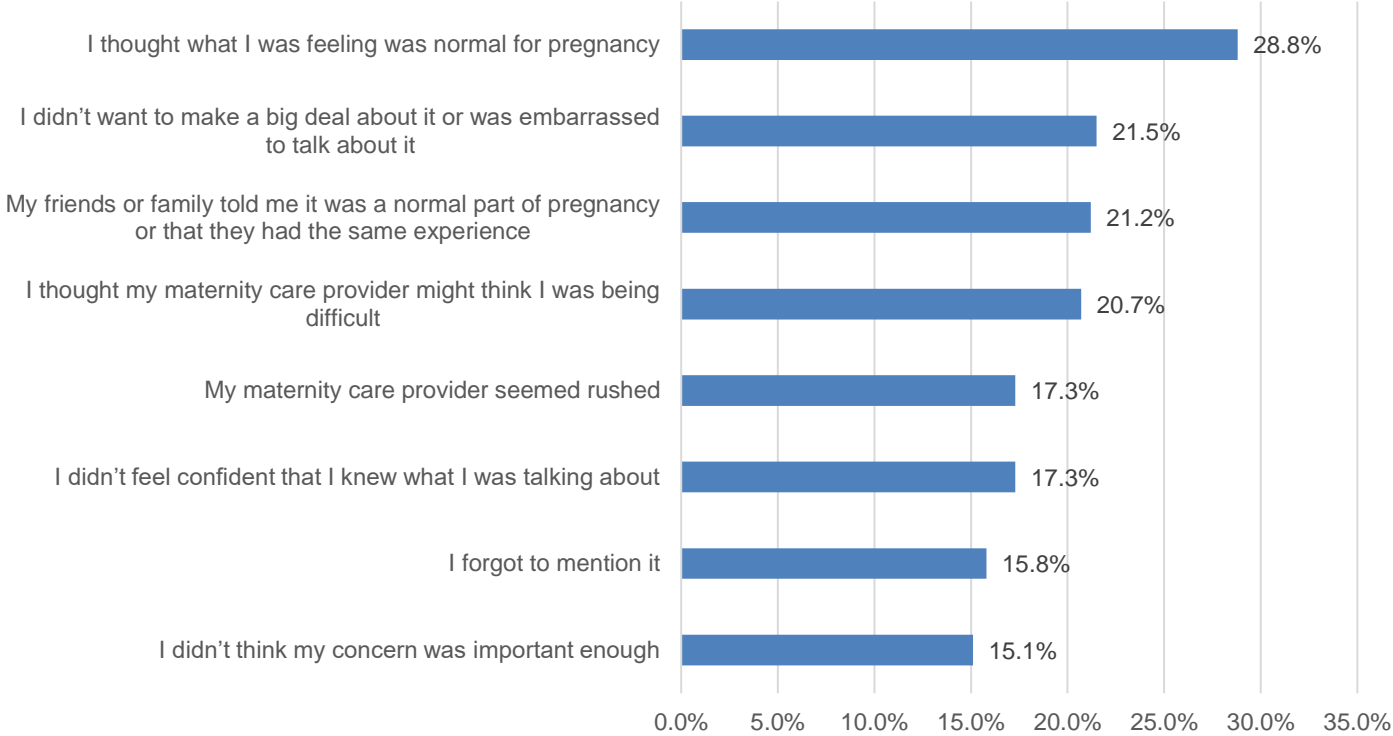
Survey Question	(n≈ 2402)
Somewhat or very satisfied with pregnancy care*	90.5%
Mistreated during pregnancy*	20.4%
<b>Held back asking questions during pregnancy*</b>	44.7%
Childbirth is a natural process and should not be interfered with unless necessary^	74% agreed
Felt pressure to be induced^	11-31%

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\*Maternal Care Experiences, CDC 8/22/23

^Listening to Mothers in CA Survey 2018

# Reasons for Holding Back From Asking Questions\*



\*Only reasons >15% presented







# What are we hearing locally?



## Doulas:

- Patients don't understand why they are being induced
- Patients don't always want to be induced
- Patients feel pressured
- Body language/ tone matters

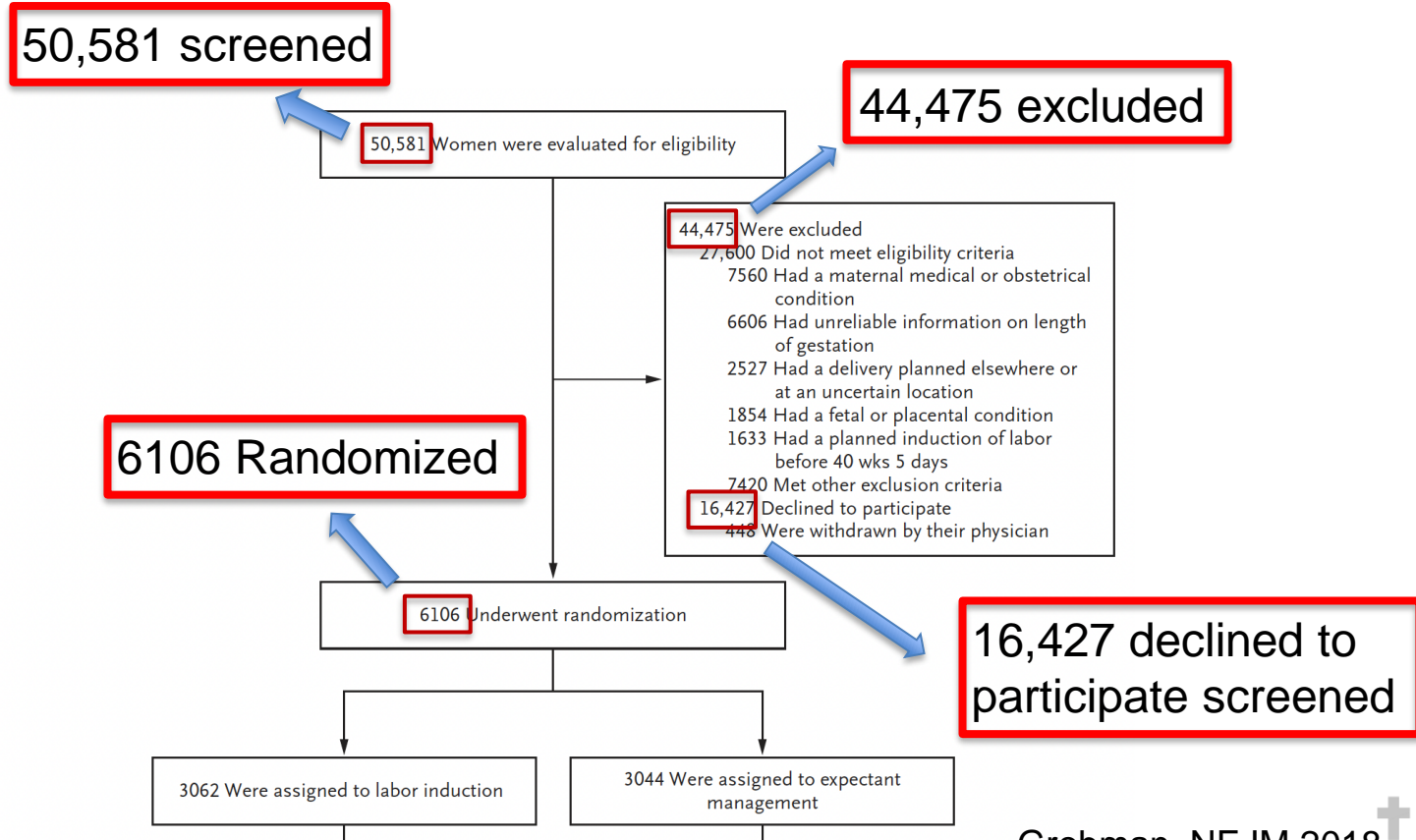
## Patients:

"I went in for an induction and the nurse asked what my plan was. A plan was never discussed with me ahead of time."

## Providers

- I am following professional guidelines
- I always explain what we are going to do and why

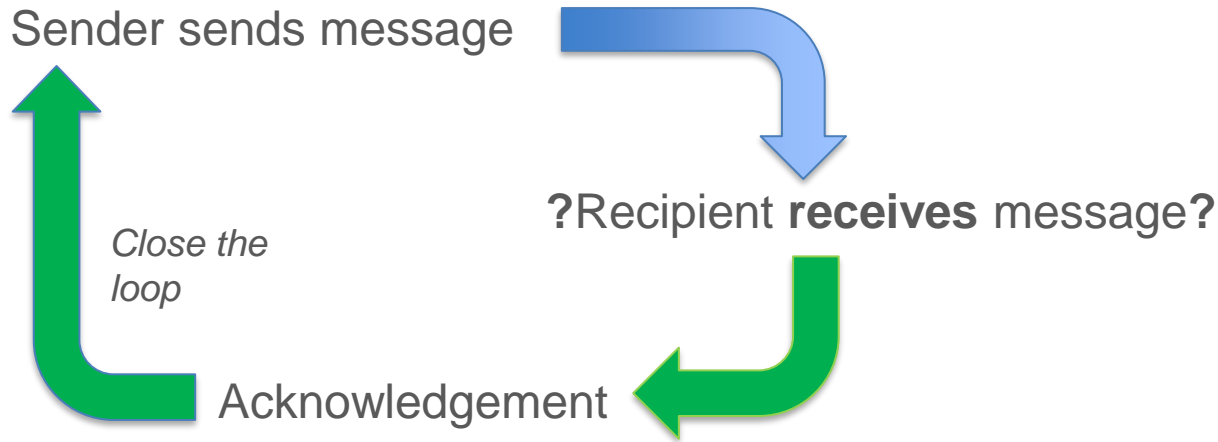
# Elective Induction May Not be for Everyone!

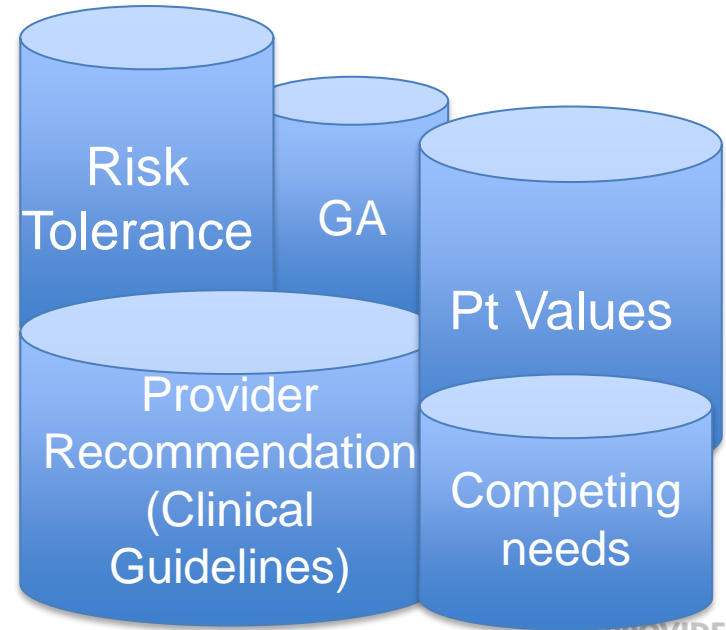


# Communication is more than just talking!

- “The **successful** conveying or sharing of ideas and feelings”

Oxford Dictionary





# Leveraging tools/ structure for shared decision making: TeamBirth



Uses structured communication to enhance teamwork among people giving birth and those caring for them



Is anchored in dignity and respect for women and birthing people and recognition of the expertise they bring to birthing experience



Two key design principles

- Simplification of shared decision making
- Promotion of effective communication and teamwork

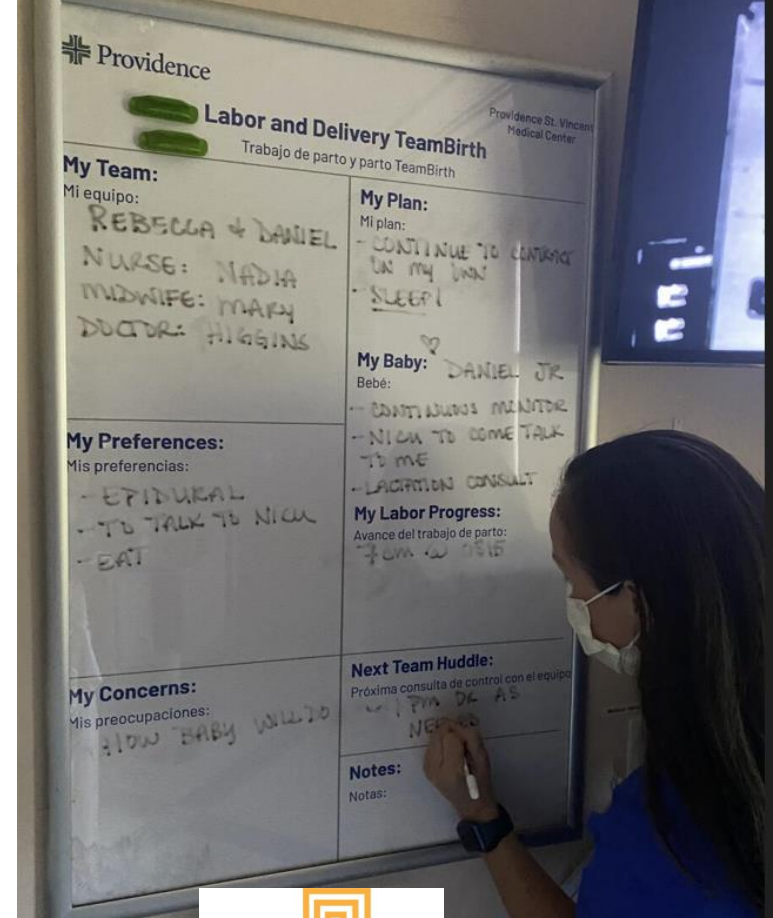


Key Tools

- TeamBirth huddles (birthing person, delivering provider, RN at minimum)
- Shared decision-making tools (L&D planning board, admission discussion guide, etc)

# TeamBirth Behaviors/ Key Tools

- Promoting team
- Eliciting preferences/ experiences
- Clearly differentiating between care plans/ status
- Setting clear expectations

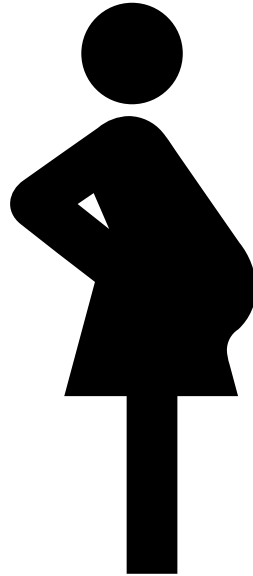


# What do our patients think?

## MADM Survey Examples:

During my labor and delivery in the hospital, my clinical team

- Asked me how involved in decision making I wanted to be.
- Told me there were different options for my maternity care.
- Explained advantages/disadvantages of the options.



The entire team was fantastic. Everyone was super knowledgeable, took time to explain everything and seemed to genuinely care about finding the best solution for our situation.

My care team was fantastic! They explained everything and answered all my questions in ways I could understand!

*Rare negative comments related to lack of universal utilization*

# Implementation challenges

- Hard to address something that we think we already do well
- Need:
  - Strong provider and nurse champions
  - Leadership support for champions
- This is a culture shift, not a checklist
  - Frequent nurturing and reinforcement required!





## Gratitude and Kudos to TeamBirth Champions

- **Ariadne Labs:** Amber Weiseth, Misha Severson, Alea Challenger
- **Regional Providence Leads:** Kara Johnson, Laurel Durham
- **Regional:** Mark Tomlinson, Melissa Han
- **Providence St. Vincent:** Kim Arnold, Sarah Thompson, Anna Bleier, Jenny Laskowski
- **Providence Portland:** Jenni Deas, Lora Horn, Brendan Carroll
- **Providence Hood River:** Tammi Wimmer, Katy Edwards
- **Providence Medford:** Julie Hunter, Dez O'Brien, Nichole Eichhorn, Kendra Bloomfield
- **Providence Newberg:** Bev Martino, Deb Novack, Sarah Vallejos, Carolyn Siegele
- **Providence Seaside:** Jeanna Hale, Jacoba Anderson, Lauralynn Williams, Dominique Greco
- **Providence Willamette Falls:** Kellie Canchola, Kerri Dawson, Lynnea Paul

**Are there any questions?**

Thank you!

