

## PRAYER FOR SINS OF THE FATHERS AND RESULTING CURSES

Father God, I come before you in the name of Jesus Christ my Savior and Lord. I confess that my ancestors and I have sinned and done evil in your sight.

Thank you Father, for sending your only son Jesus, to die in my place; to pay the penalty for my sins through His shed blood and to bear the punishment for the sins and iniquities of my ancestors in His bruised and broken body on the cross. Thank you that He is my Holy Scapegoat. Thank you too, Father, that He was wounded that I may be healed.

I choose now to confess and take accountability for the sins of my father's and mother's line back to the fourth generation and to the tenth generation for sexual sins.

1. I confess all ***involvement and tampering with the occult and the hidden things of darkness*** in my father's and mother's line. I recognize that supernatural knowledge and power not coming from God is sinful.
2. I confess ***all sin, especially sins of dishonor, oppression, injustice and sexual sin*** in my father's and mother's line.
3. I confess ***the sin of anti-semitism*** in my father's and mother's line.
4. I confess all ***religious restrictions, constrictions and trying to live by the law*** in my father's and mother's line, either from a Christian denomination or church, from a different religion or from cultic involvement.
5. I confess ***the sin of robbing God by withholding tithes and offerings*** in my father's and mother's line.
6. I confess the ***sin of cursing myself or others through spoken word*** in my father's and mother's line.
7. I confess all ***mental illness*** in my father's and mother's line: anxiety, depression, phobias and obsessions, schizophrenia and manic depression...
8. I confess all ***ungodly thoughts and negative emotions*** that have had an ill effect on my father's and mother's line and on my marriage: pride, anger, arrogance, violence, fear, bitterness, resentment, and shame, ungodly domination and control, racism, hatred of women and despising of men...
9. I confess all ***hereditary illnesses and sicknesses*** in my father's and mother's line...
10. I confess all ***barrenness, miscarriages or related female problems*** in my father's and mother's line.

11. I confess the ***destruction of marriage through divorce and the breakdown of family*** in my father's and mother's line.
12. I confess the ***continuing financial insufficiency*** in my father's and mother's line.
13. I confess the ***curse of being accident-prone*** in my father's and mother's line.
14. I confess and speak out all ***untimely death*** in my father's and mother's line: abortion, death in the womb, early death, sudden and traumatic death, suicide, murder and death from war...
15. I confess the ***operation of rejection*** in my father's and mother's line in whatever form, especially that which is now affecting me, my marriage and my family.
16. I confess ***addictions*** in my father's and mother's line: alcohol, nicotine, food and all other false comforts for pain...
17. I confess the effects of ***guilt, feelings of guilt and false guilt*** in my father's and mother's line: fear and the feelings of needing to be punished or blamed
18. I confess ***where the fathers in my family line have not taught the children the ways of God***
19. I recognize and confess ***ungodly attitudes and involvement*** in my father's and mother's cultural background

Lord Jesus Christ, I believe that You are the Son of God and the only way to God; and that You died on the cross for my sins and rose again from the dead. I give up all my rebellion and all my sin, and I submit myself to You as my Lord. I confess and take accountability for my own sins in these areas and ask for Your forgiveness — especially for any sins that exposed me to a curse. Release me also from the consequences of my ancestors' sins.

By a decision of my will, I forgive all who have harmed me or wronged me — just as I want God to forgive me. In particular, I forgive...

I renounce all contact with anything occult or satanic — if I have any “contact objects,” I commit myself to destroy them. I cancel all Satan's claims against me.

Lord Jesus, I believe that on the cross You took on Yourself every curse that could ever come upon me. So I ask You now to release me from every curse over my life — in Your name, Lord Jesus Christ! By faith I now receive my release and I thank You for it.

Thank you also for the generational blessings that have come down my father's and mother's family line. I call forth and receive these blessings in my life. In Jesus' name, Amen.

*Adapted from the books “**Blessing or Curse**” by Derek Prince and “**Biblical Healing and Deliverance**” by Chester & Betsy Kylstra*