**Announcements**

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| * District Executive - Welcome to the new George Mason District Executive Liz Kohler! Her contact information will be provided at Roundtable. * Friends of Scouting - Please schedule your unit's FOS presentation with [John Kilduff](mailto:johnkilduff42@gmail.com) * Council Virtual Roundtable - January 17, 2023, at 7:30pm, the NCAC will have a virtual Roundtable. The topic for the evening is "Scouting is Outing" - information about Day Camps, Summer Camps, and Fishing Programs. Zoom info: [here.](https://click.icptrack.com/icp/relay.php?r=30354341&msgid=294586&act=85C6&c=1518147&pid=1662727&destination=https%3A%2F%2Fncacbsa-org.zoom.us%2Fj%2F89026351032%23success&cf=14346&v=60369471358922014ef403a11e33d7ccfe4c43d879a9eb6f3f214d7ffed12e3d) * Fund Raising - Learn more about the Right-Response First Aid Kits! Zoom call on 01/23/2023 - register [here.](https://click.icptrack.com/icp/relay.php?r=30354341&msgid=294586&act=85C6&c=1518147&pid=1662727&destination=https%3A%2F%2Fwww.ncacbsa.org%2Ffirst-aid-kits%2F&cf=14346&v=26e9aa717f25996b5f74c08afbe00faca44fcc8377ad56d1f6b3a6ed551a7293) * University of Scouting - February 25, 2023, in Alexandria, VA. Registration opens on January 8, 2023 [here](https://click.icptrack.com/icp/relay.php?r=30354341&msgid=294586&act=85C6&c=1518147&pid=1662727&destination=https%3A%2F%2Fscoutingevent.com%2F082-UoS2023&cf=14346&v=3dd4b1a61aab56c08c313827fac3cf055c933fbb99827921c8f2612862ded4e1). |

**Roundtable Minutes**

**January 12, 2023**

* **Council Update:**
* **Unit Charter Renewal –** 39 of 40 units have submitted their rosters and 35 have posted. Once your unit posts, please review:
  + Scoutbook (missing and should have dropped)
  + [https://my.scouting.org](https://my.scouting.org/)
    - Roster (any missing; names misspelled; update any contact information needed)
    - Key-3 Delegates and COR Delegate
    - Unit PIN information
  + Email lists

Note: Online registration should work within 24 hours. If not, check PIN.

* **Non-Unit Charter Renewal (MBC)**
  + Scoutbook – Check MBC list
  + **Council Virtual Roundtable** - January 17, 2023, at 7:30pm, the NCAC will have a virtual Roundtable. The topic for the evening is "Scouting is Outing" - information about Day Camps, Summer Camps, and Fishing Programs. Zoom info: [here](https://click.icptrack.com/icp/relay.php?r=30354341&msgid=294586&act=85C6&c=1518147&pid=1662727&destination=https%3A%2F%2Fncacbsa-org.zoom.us%2Fj%2F89026351032%23success&cf=14346&v=60369471358922014ef403a11e33d7ccfe4c43d879a9eb6f3f214d7ffed12e3d).
* **Fund Raising** - Learn more about the Right-Response First Aid Kits! Zoom call on 01/23/2023 - register [here](https://click.icptrack.com/icp/relay.php?r=30354341&msgid=294586&act=85C6&c=1518147&pid=1662727&destination=https%3A%2F%2Fwww.ncacbsa.org%2Ffirst-aid-kits%2F&cf=14346&v=26e9aa717f25996b5f74c08afbe00faca44fcc8377ad56d1f6b3a6ed551a7293).
* **Scoutbook**
* Updates to Scoutbook – Scoutbook uses the my.scouting.org database. Within 24 hours of a change to my.scouting.org, the changes should be visible in Scoutbook.
* Common issue – Units will add an adult or youth to Scoutbook before the adult/youth has been added to their roster. This can result in two copies of their Scoutbook and/or one copy still online after they leave the unit.
* Removing an adult leader – Enter an end date for their position. You can delete the adult’s unit account, but this can impact them if they are tracking their own Scout or have other positions (e.g., MBC).
* Scoutbook Forum - <https://discussions.scouting.org/>
* Scoutbook Demo Environment - <https://scoutbookpp.scouting.org/>
* **Award Presentation**
  + Commissioner Arrowhead Award: Matthew J. Burns

**Big Rock: What the District Can Do for You!** /John K

* George Mason District Organization

Diagram

Description automatically generated with medium confidence

* Program Committee
* Activities
* Advancement
* Camping
* Civic Services
* Training
* Activities – Things to do! Making Scouting Fun
* Cub Scouts
* Pi Day
* Hike-o-ree
* District Pinewood Derby
* Jamboree on the Internet (JOTI)/Jamboree on the Air (JOTA)/Jamboree on the Trail (JOTT)
* Scouts BSA
* Pi Day
* Hike-o-ree
* Spring and Fall Camporee
* Jamboree on the Internet (JOTI)/Jamboree on the Air (JOTA)/Jamboree on the Trail (JOTT)
* Advancement – Moving Along the Scouting Trail
* Merit Badge Counselor approval and listings
* Merit Badge Day
* Life to Eagle Seminars
* Eagle Class Recognition Dinner
* Camping – Where to go/What to do?
* Promoting Cub Day and Summer Camps (Snyder and other district’s camps)
* Promoting Scouts BSA Summer Camps (Goshen, Lenhok’sin, Snyder)
* Promoting Scouts BSA High Adventure Camps (Philmont, Northern Tier, Sea Base, Summit)
* Promoting Year-Round Camping
* Listing and reviewing Camp Locations for Approval (Cub list [here](https://www.ncacbsa.org/george-mason/wp-content/uploads/sites/17/2021/11/BalooSites.pdf))
* Civic Service and Awards – to Help Other People at All Times
* Scouting for Food
* Flags In – Memorial Day and Veterans Day
* Promoting and Sharing Service Opportunities in the Region
* District Court of Honor
* Training – Preparing Adults and Youth to Lead
* Providing Training Opportunities in the District and in other Districts and Councils for:
* Cub Scout/Scouts BSA Leader Specific Training
* Basic Adult Leader Outdoor Orientation (BALOO)
* Introduction to Outdoor Leadership Skills (IOLS)
* [Wood Badge](https://www.ncacbsa.org/wood-badge/)
* National Youth Leadership Training ([NYLT](https://www.ncacbsa.org/national-youth-leadership-training/)) and National Advanced Youth Leadership Experience ([NYALE](https://www.scouting.org/programs/scouts-bsa/troop-resources/nayle/))
* Membership – Making Scouting Available
* Helping Form New Units Where Needed – for example, we have female Troops in Oakton/Vienna but not Falls Church
* Helping Existing Units Grow – provide training, Facebook Geofencing, & BeaScout.Org referrals
* Supplying Materials for Membership Drives – flyers, banners, chotchke
* Marketing and Communications – Telling our Story
* [Bi-Monthly District Newsletter](https://www.ncacbsa.org/george-mason/upcoming-events/district-events-listing/district-newsletters/)
* [District Facebook Page](https://www.facebook.com/Official-George-Mason-District-NCAC-BSA-1355377407914986/)
* [District Section on NCAC Web Site](https://www.ncacbsa.org/george-mason/)
* Roundtable live, by Zoom, minutes sent to all and on [Roundtable site](https://www.ncacbsa.org/george-mason/district-resources/roundtable/)
* Membership – Making Scouting Available
* Helping Form New Units Where Needed – for example, we have female Troops in Oakton/Vienna but not Falls Church
* Helping Existing Units Grow – provide training, Facebook Geofencing, & BeaScout.Org referrals
* Supplying Materials for Membership Drives – flyers, banners, chotchke
* Nominating Committee – Developing District Leadership
* Recruiting District Level Volunteers
* Present Annual Slate of Members and Officers for Elections
* Need more volunteers! Popcorn Kernel, Finance Chair, Communications & Marketing Chair
* Last Words
* The District exists to serve units
* The District attempts to deliver in response to needs (Tell us what you want)
* The District is You! We need your help. If something we covered interest you, let us know.
* Talk to your Unit Commissioner. They know stuff and what they don’t know they can find out.

**Mental Health and Youth Suicide Prevention**

* Recognizing scouting youth mental health struggles and the prevention of suicide is important for all scout leaders and parents. Many resources exist to educate and support leaders and youth:
* **Fairfax County Mental Health First Aid (Adult and Youth Versions)**
* Introduces to risk factors and warning signs of mental health problems,
* Builds understanding of the importance of early intervention, and
* Most importantly, teaches how to help someone who is in crisis or experiencing a mental health or substance use challenge.
* <https://www.fairfaxcounty.gov/community-services-board/training/mental-health-first-aid>
* **BSA Safety Moments – Youth Suicide Prevention**
* Youth suicidal behavior is a problem that you may encounter in Scouting or with friends of Scouting youth, but it is often preventable. In order to save the life of a youth at risk, it is important to have a plan in place beforehand, know local professional resources, understand the severity of the problem, look for the signs in the youth you lead, understand major risk factors, and know how you can help.
* <https://www.scouting.org/health-and-safety/safety-moments/youth-suicide-prevention/>
* **2023 University of Scouting Class (02/25/23 – Period 6)**

GSC141 Caring for Our Scout’s Mental Health: Join us to learn about practical and easy-to-implement mental health care strategies! This pandemic has placed renewed focus on youth mental health. But these issues are not new! Data from the NIH and CDC tells us that 46.6% of 12th graders have used illicit drugs, 18.8% have seriously considered (and 8.9% have attempted) suicide, while 10% of high schoolers have been the victims of sexual assault. No one Scouter can solve these statistics, but we each can be prepared to confront a serious mental health issue, and help our Scouts navigate key resources. You just might save a life!

* **Other Resources:**
* Call or text 988 – Suicide and Crisis Lifeline - connect with mental health professionals.
* [National Suicide Prevention Lifeline](https://suicidepreventionlifeline.org/); telephone: 1-800-273-8255
* [Centers for Disease Control and Prevention](https://www.cdc.gov/)
* [American Foundation for Suicide Prevention](https://afsp.org/)
* [American Association of Suicidology](https://www.suicidology.org/)

**George Mason Program**

* **Current GM Calendar /John D**
* February 4, 2023 – District Life To Eagle Seminar
* February 25, 2023 – University of Scouting
* March 4, 2023 – Merit Badge Day at Fairfax Presbyterian Church
* March 25, 2023 – Pinewood Derby at Fairfax Presbyterian Church
* April 13, 2023 - District COH (before April Roundtable)
* May 5-7, 2023 – Spring Camporee Theme: Canoeing at Antietam
* May 13-20, 2023 – Jamboree on the Trail
* May 13, 2023 – District Hike-O-Ree
* May 25, 2023 – Elks Youth Recognition Dinner for 2021 GM Eagles
* May 29, 2023 – Flags In
* **STEM /Andrew M**
* Chess Tournaments
* Cubs – 4 February 2023 - <https://scoutingevent.com/082-chess>
* SBSA – 11 February 2023 - <https://scoutingevent.com/082-ChessClassic>
* DC STEM Trek- Showcases 24 government agencies, private organizations and monuments related to the tenets upon which STEM is based. Shoulder patches are available!
* Two options 10.57 miles or 4.75 miles
* <https://www.ncacbsa.org/wp-content/uploads/2022/09/DC-STEM-Trek-2.pdf>
* **Advancement /Matt B**
* Changes to Scout rank requirements effective January 1, 2023.
* All Scouts must complete all 2023 requirements for any rank earned after January 1, 2023. Most significant change involves Outdoor Code and Leave No Trace
* New merit badge requirements also took effect on January 1, 2023.
* Impacts involved 30 merit badges – most significant impacts on Archery, Cooking, Cycling, Hiking and Snow Sports
* For a comprehensive description of changes in a single place, please see <http://usscouts.org/advance/changes/advchanges23.asp>
* Scouts that started rank in 2022 can complete with older requirements. If just starting this year, must use new requirements.
* **District Life-to-Eagle Seminar (Virtual) /Matt B**
* Saturday, February 4, 2023; 1pm – 4pm
* Register at:[<https://scoutingevent.com/082-64518>](https://scoutingevent.com/082-64518)**;** closes 02/03/23; 45 signed up so far.
* Who should attend:
* Life Scouts or advanced Star Scouts who want to pursue the Eagle Rank
* Eagle advisors, coaches or unit leaders that haven’t attended a seminar in two years
* Parents of Scouts working on Eagle or other adults interested in Scouting
* Questions – contact Matt Burns at 703-938-9550
* **2023 George Mason District Pinewood Derby /Pat B**
  + Race Day is March 25, 2023
  + All Packs wanting to participate in the 2023 Pinewood Derby MUST hold their Pack Pinewood Derbies by March 9, 2023.
  + One unit winner from each age bracket (Lions, Tigers, Wolves, etc.) regardless of gender.
  + Pack winners must register (and pay) on Council website. $15.00 per entry. No money collected at door on day of race. Must register by 3/16/23.
  + Register coming soon on Black Pug.
  + Race will be held at Fairfax Presbyterian in Fairfax.
  + For questions, contact Pat Berney.
* **District Merit Badge Event /John D**
* March 4th, 2023, at Fairfax Presbyterian Church in Fairfax: [**https://site.corsizio.com/a/5bf2f8e8e6dfc6f1ca7cbd64**](https://site.corsizio.com/a/5bf2f8e8e6dfc6f1ca7cbd64)
* Need Unit Merit Badge Day Coordinator names and contact details by November 30 to John Drisco at [gmasonmeritbadgeday@gmail.com](mailto:gmasonmeritbadgeday@gmail.com)
* Merit Badges being offered: American Heritage, Citizenship of the Community, Citizenship of the Nation, Citizenship of the World, Communications, Disabilities Awareness, Emergency Preparedness, Engineering, Family Life, Fire Safety, Genealogy, Geology, Journalism, and Personal Management
* Note: The “pre-work” is not the same as a “prerequisite.”  The “pre-work” consists of tasks/activities that the Scout is advised to do in advance of the Merit Badge Day.  A Scout can still participate in the Merit Badge Day class if he hasn’t completed the pre-work but failure to complete the pre-work may mean the Scout leaves the Merit Badge Day with a partial badge.  A prerequisite is something that must be done to qualify to take the class.  The only prerequisite we are aware of for the George Mason Merit Badge Day is that the Scout must be a registered member of the Boy Scouts in a participating unit.
* **District Court of Honor /Matt B**
* To recognize adults who served/are serving at the unit level.
* Two awards:
* Unit Commissioner’s Unit Scouter Award – 1 per unit
* Unit Appreciation Award – Maximum 8 per unit.
* Please provide a sentence or two describing the individual’s service.
* Submit Unit Commissioner’s Unit Scouter Award to Unit Commissioner.
* Unit Appreciate Award to [gm.adultrecognition@gmail.com](mailto:gm.adultrecognition@gmail.com)
* Must have all submissions by no later than March 22, 2023.
* Will confer awards at District COH/April Roundtable.
* **Spring Camporee /Timothy L**
  + George Mason Spring Camporee – May 5-7, 2023 – For Scouts and Cubs
  + Theme: Canoeing at Antietam – Cost is $30 – all equipment provided.
  + Come join us as we step back into history and explore the Antietam Battlefield by canoe or foot. The battle of Antietam was a result of the Confederate Army’s attempt to invade the north and win control of the Civil War.
  + First 75 Scouts (no Cubs) can canoe. Limit is based on canoe and adult availability.
  + Scouts that canoe MUST have a swim test before arriving at Camporee. Units must bring documentation showing date Scout passed swim test.
  + Other Scouts, adults and Webelos can hike the battlefield and participate in other on-land activities.
  + Each unit needs to volunteer at least one adult to help with staffing the activities on Saturday.
  + To register, go to <https://scoutingevent.com/082-66660>.
  + Note: Fall Camporee will be at Camp Rock Enon (off 81 in western VA)
* **George Mason Hike-O-Ree**
  + 3rd Annual GM Hike-O-Ree
  + Open to all (Cubs, Scouts BSA and Venturing Scouts), families and friends.
  + Can hike at ANY time between May 12 and May 21.
  + Registration – Coming soon. Patches available.
  + Any age, any place, and any appropriate grouping – just keep track of how far you hiked.
  + Register on Council website (registration opening in early 2023).
  + Challenge – District Scouts, Scouters and families hike 2,023 miles.
  + Total the miles for each unit and notify Matt Burns at Burnsmj509@gmail.com. We’ll see how big a total we reach.
* **Jamboree on the Trail**
* May 13, 2023
* An international event - Inaugural hike was in 1998.
* The only requirement is to get out and hike. Scouts of all ages can hike.
* Register by March 31 to be certain of getting patches by May 13.
* Register at: <https://jamboreeonthetrail.org/registration/>
* **2023 Elks Youth Recognition Dinner /Matt B**
* For youth that earned Eagle in 2022 (i.e. their Eagle Board of Review was held in the 2022 calendar year) and their Scoutmasters.
* Thursday, May 25, 2023
* Elks Lodge 2188, 8421 Arlington Blvd., Fairfax, VA.
* Will need unit leader help in contacting Scouts and obtaining an RSVP.
* Scoutmaster are invited at no cost to them.
* **Flags In /Rus P**
* May 29, 2023, at 10:00am – Pizza at noon!
* National Memorial Park, 7482 Lee Highway, Falls Church
* All Scouts and family’s welcome!
* Class A uniform
* For more information contact Russell Pittman at ruspittman@gmail.com
* **Merit Badges**
* Every merit badge counselor needs to be on the District Charter. The time for action is NOW!
* The online Merit Badge Counselor [registration](https://my.scouting.org/VES/OnlineReg/1.0.0/?tu=UF-MB-082gm23) works for all Scouters who do not already hold another District position.
* New Merit Badge Counselors must complete online merit badge counselor training, in addition to YPT. Existing merit badge counselors have until **12/31/22** to complete training.
* Be sure the counselor uses his/her legal name – no nicknames.
* Merit Badge Counselors, or the unit Dean/Leader, also need to scan and send Margee the Merit Badge application form listing the badges the counselor is applying to teach and providing a justification of his/her qualifications.
* Youth Protection Training is the essential first step. Don’t hit “send” on the application without it!
* Contact Margee if you have questions at [GM.MB.Dean@hotmail.com](about:blank).
* **Training (**<https://www.ncacbsa.org/george-mason/training>**) /Roy D**
* ***Basic Adult Leader Outdoor Orientation (BALOO; C32)***

- 03/03/23 – 03/04/23 – Stafford, VA

- 04/15/23 – 04/16/23 – Camp Snyder, Haymarket, VA (Reg. Opens 01/16)

* ***Back Country Outdoor Leadership Skills (BCOLS) -*** 03/04/23 – Huntingtown, MD
* **Introduction to Outdoor Leadership Skills (IOLS)**
  + 05/12/23 – 05/13/23 – Huntingtown, MD
  + 06/17/23 – 06/18/23 – Gunston Hall, Lorton, MD
* **National Youth Leadership Training (NYLT; S78)**

- 01/20/23 - 01/23/23 & 01/27/23 - 01/29/23 - Camp Snyder, Haymarket, VA (Waitlist)

- 06/18/23 – 06/23/23 – Session 23-2 – Camp Snyder, Haymarket, VA (registration open)

- 06/25/23 – 06/30/23 – Session 23-3 – Camp Snyder, Haymarket, VA (registration open)

- 07/23/23 – 07/28/23 – Session 23-4 – Camp Snyder, Haymarket, VA (registration open)

- 07/23/23 – 07/28/23 – Session 23-5 – Camp Snyder, Haymarket, VA (registration open)

* **University of Scouting -** 02/25/23 – Alexandria, VA (registration open)
* **Wilderness First Aid (N02)**

- 01/28/23 – Camp Snyder, Haymarket, VA

- 02/25/23 – Camp Snyder, Haymarket, VA

* **Wood Badge (A90)**

- 03/31/23 – 04/02/23 & 04/22/23 – 04/23/23 (registration open)

- 05/05/23 – 05/07/23 & 06/03/23 – 06/04/23 (registration open)

- Fall Wood Badge (registration will open Feb 1, 2023)

* **Scholarships**
* Deadlines Approaching!!!
* BSA Scholarship page - <https://www.scouting.org/awards/scholarships/>
* National Eagle Scout Association – Deadline January 31, 2023, [Scholarships - The National Eagle Scout Association (nesa.org)](https://nesa.org/for-eagle-scouts/scholarships/)
* American Legion Eagle Scout of the Year – Deadline is February 15, 2023 – Apply to local Legion Post. Open to Scouts in units sponsored by an American Legion Post or who have a parent or grandparent that is a member of the Legion. Applications at: <https://www.legion.org/scouting/nominate>
* **Glenn A. and Melinda W. Adams Award**
* Recognizes a noteworthy Eagle Scout Service Project.
* Deadline is February 17, 2023
* Anyone can make a nomination. [ADAMS-NATIONAL-EAGLE-SCOUT-SERVICE-PROJECT-OF-THE-YEAR-NOMINATION-FORM.pdf (nesa.org)](http://nesa.org/wp-content/uploads/2018/09/ADAMS-NATIONAL-EAGLE-SCOUT-SERVICE-PROJECT-OF-THE-YEAR-NOMINATION-FORM.pdf)
* Scout must sign application to document their “consent.”
* Also needs an electronic copy of the project workbook.
* Some nominations include video.
* Winners can receive:
* $500 at the Council level.
* $500 at the Regional (Northeast) level.
* $2,500 for National winner.
* **GM High Adventure**
* **NCAC High Adventure Committee (HAC) updates and announcements:** [**https://www.ncacbsa.org/high-adventure/**](https://www.ncacbsa.org/high-adventure/)
* **High Adventure Bases**

- Northern Tier

- Winter 2022-2023 and summer 2023 – first come/first serve

- 2024 reservations should open January 2023

- Philmont - Lottery open 10/1/22 – 12/1/22

- Seabase

- Some 2022 & 2023 availability https://www.bsaseabase.org/scouts/register/

- 2024 Reservations should open January 2023

* **Training**

- Northern Tier Classroom Training (email: [BSA2XS@gmail.com](about:blank))

04/01/23 – VFW, Occoquan, VA

04/22/23 - Virtual

- Philmont (email: [wcdubi@gmail.com](about:blank))

01/08/23 – Advisors & Crew Leader Training

03/12/23 & 03/18/23 – Philmont Advisor Hikes

03/25/23 – Skills Training (Zoom)

04/01/23 – Skills Training (In-Person, TBD)

* **Shooting Sports /Brian S**
* Requests for Shooting Events – Lead Time!
* Notice needed for SSC: 50+ scouts - 6mos; Less than 50 scouts - 3mos
* Shooting on private land:
* Requirements
* Permissions/protocols
* Shooting Sports [web page](https://www.scouting.org/outdoor-programs/shooting-sports/)
* Shooting Sports Instructor Classes:
* [Rifle/Shotgun](https://www.ncacbsa.org/george-mason/district-resources/merit-badges/rifle-shotgun-training/)
* [Archery](https://www.ncacbsa.org/george-mason/district-resources/merit-badges/archery-training/) (Virtual classes available)
* Contact for finishing Shooting Sports MB Partials [brian.summers@verizon.net](mailto:brian.summers@verizon.net)
* **Order of the Arrow / Brandon G & Mary N**
  + Banquet (01/07/23) - Many more awards could have been given. Unit of Excellence is available for units that have active OA members.
  + Ordeal – Patriot, George Mason & Old Dominion Joint Spring Ordeal is April 28-30, 2023, at Camp Snyder (6100 Antioch Rd, Haymarket, VA, 20169) - <https://wipit470.org/ordeal.html>
  + Goshen Order of the Arrow Trail Crew (June 18-July 1) – info [here](https://wipit470.org/goat.html).
  + Elections – Troop 13 will be conducting GMD elections. Forms and guides are available at <https://wipit470.org/unit-elections.html>. Youth election forms must be filled out and printed before the election or the election will need to be rescheduled. If your unit does not have anyone eligible for elections, please let Mary Neuse ([mary@humbleprogrammer.net](mailto:mary@humbleprogrammer.net)) know.
* **General Announcements**
* Troop 1539 Join Scouting Night - Tuesday, January 31 starting at 7:30pm, on the second floor of the Vienna Community Center. In addition to a chuck box demonstration, troop tent setup, and knot-tying, we will have displays of our recent activities and exciting videos of our summer 2022 adventures. We will also go over some of the requirements needed for the AOL Scouting Adventure.
* Troop 1978B Duct Tape Night - At the St Mark activity center in Vienna, VA on Tuesday, January 17th starting at 7:30pm. AOL and Webelo are welcome to attend. Scouts will be working in patrols to work through a challenge that has to be accomplished using Duct Tape.
* Troop 152 Open House - On January 18 at 7:30pm at the Vienna Presbyterian Church. Inviting all Webelos Dens. Activities planned.
* Wilderness First Aid – [Campaign Pay It Forward](https://campaignpayitforward.com/) is having a $30 discount on classed in February – June.
* 75th Anniversary of Wood Badge – 2023 is the 75th anniversary of the Wood Badge in the United States. Wood Badge is the Boy Scouts of America’s ultimate leadership training designed to meet the advanced leadership needs of Scouters in all aspects of the BSA, whether unit, district, or council level – from assistant den leaders to Scoutmasters, from Cubmasters to Venturing Advisors, from committee members to commissioners. It is a fun, energetic and inspiring course guaranteed to infuse your unit with fun and meaning – all designed to fulfill the mission of the BSA, and ensure our youth is getting everything they are promised from the program. It was introduced by Baden-Powell at the Mortimer L. Schiff Scout Reservation, Mendham, NJ. Listen to the April 2017 [Cub Cast](https://podcast.scouting.org/cubcast/page/4/) podcast about Wood Badge.
* 2023 Journey to Excellence – 2023 forms are now available [here](https://www.scouting.org/awards/journey-to-excellence/unit/).
* **District Chair Minute /John K**
* Fund Raising – RightResponse First Aid Kits
  + Sales run from Feb 1 – May 31
  + Online and in-person
  + Monthly Commission checks of 25% for online and 30% for in-person sales
  + Three online Zoom orientation meetings
  + Kits shipped to NCAC for Unit pick-up
  + [Brochure](https://public.3.basecamp.com/p/awjpvdJcqE99JJDjqmNz4QNA) and [Registration](https://public.3.basecamp.com/p/AvQpG5EELAFuZESpH83Yx8Gw) forms available at link provided or from District Executive.
  + Friends of Scouting – Materials are in. Magnets (to all that donate), Shoulder patches ($240), and hats ($600).
* **District Commissioner Minute / Rus P**
* [Safety Moments](https://www.scouting.org/health-and-safety/safety-moments/) – Many great Safety Moment one-pagers and videos on the NCAC web site. They include topics such as: winter camping, hyperthermia, and Youth Suicide Prevention.
* 2022 Journey to Excellence – If your unit has not submitted their 2022 Scorecard, there is still time to send it to Rus Pittman. If your unit has scored Gold, Silver or Bronze, unit patches are available at the Scout Shops (Bethesda and Springfield) or [online](https://www.scoutshop.org/nsearch/?q=journey+to+excellence+2022). No final determination on streamers for units.
* Thank you – Thanks for all each of you did to get the Charter Renewal paperwork submitted. We did much better this year. I appreciate your responsiveness and effort.
* We want to help – Please let us know how your Unit Commissioners can assist.
* ***Minutes and slides -*** *Available on the* [*GMD web site*](https://www.ncacbsa.org/george-mason/district-resources/roundtable/) *(District Resources, Roundtable). Password is “GMDRT”*
  + ***Next meeting*** *– February 9, 2023, Thoreau MS, Vienna, VA at 7*:30pm