



## Examples of accepted HRS expenditures

### Background

In 2012, under a renewal to its 1115 Medicaid demonstration waiver, Oregon began the process of transforming its Medicaid delivery system by establishing coordinated care organizations (CCOs), charging them with integrating and coordinating care and requiring them to meet key quality metrics tied to financial incentives for achieving performance benchmarks. CCOs receive an integrated global payment for each member, which provides CCOs with the flexibility to offer health-related services (HRS) to improve the health of Oregon's Medicaid population. These HRS were known as flexible services, but through the [1115 Medicaid demonstration waiver](#)<sup>i</sup> for 2017–2022, OHA expanded HRS to include both flexible services and community benefit initiatives.

Health-related services (HRS) are defined as non-covered services under Oregon's Medicaid State Plan that are not otherwise administrative requirements and are intended to improve care delivery and overall member and community health and well-being. One of the purposes of HRS is to give CCOs a specific funding mechanism within their global budgets to address the social determinants of health and equity (SDOH-E) as well as the health-related social needs of their members.

For CCOs to use federal Medicaid funds to pay for HRS, they must comply with state and federal criteria. This guide provides examples of prior CCO HRS expenditures that have qualified under the requirements for HRS detailed in Oregon Administrative Rule (OAR) and Code of Federal Regulations (CFR). For a full definition of HRS, CCOs should rely primarily on the [OHA HRS Brief](#)<sup>ii</sup> and OARs [410-141-3500](#)<sup>iii</sup> and [410-141-3845](#)<sup>iv</sup>. The federal regulations ([45 CFR 158.150](#)<sup>v</sup> and [45 CFR 158.151](#)<sup>vi</sup>) should be used for supplemental CCO guidance only.

The purpose of this document is to define HRS and provide a list of CCO HRS expenditures that have been accepted by OHA. Additional guidance and technical assistance can be found on OHA's [Health-Related Services](#) webpage<sup>vii</sup>.

### Definitions

**Health-related services (HRS):** Non-covered services under Oregon's Medicaid State Plan that are not otherwise administrative requirements and are intended to improve care delivery and overall member and community health and well-being.

**Flexible services (FS):** Services delivered to an individual OHP member to address social needs and improve their health and well-being.

**Community benefit initiatives (CBI):** Community-level interventions that include — but are not limited to — OHP members and are focused on improving population health and health care quality.

## Examples of accepted HRS expenditures: flexible services and community benefit initiatives

<b>Communications</b>
• Phone minutes for mobile devices
• Cell phones for communication with providers (including telehealth access), the CCO, potential employers
• Computer or tablet for use in school and for communicating with providers (including telehealth access), the CCO, potential employers
• Shipping for a member's replacement phone to communicate with providers, the CCO, potential employers
• Software application for members to improve learning and social skills
• 24-hour nurse advice line
<b>Education</b>
• Preschool programs
• Kindergarten readiness programs
• Program that partners students involved in special education classes with general education peer helpers/mentors, and provides instruction in personal hygiene, physical activity and nutrition
• School district's trauma-informed practices training
• Adverse childhood experiences and community resilience training for community members
• Program that connects youth to employment and career pathway opportunities
• Program that provides academic help and enrichment in science and the arts
• Free books during wellness visits for children 3–6 years old
• Long-term mentoring program for children
• Resource coordination for at-risk youth in a local school district
• Debt consolidation classes and renters' financial counseling
• Diabetes education program providing culturally and linguistically appropriate resources
<b>Family resources</b>
• Stethoscope to monitor a newborn's heart condition
• Bassinets, portable cribs and baby items for infant health and safety
• Adoption fee for a family to adopt a child
• Capacity building for local organization that supports foster children and families
• Support to increase the number of trained court-appointed advocates for foster kids
• Medical liaison program to increase communication and collaboration between DHS, medical providers and foster families
• Advocacy services for children in the court system
• Educational book in Spanish and English for parents new to a disability diagnosis
• Startup funding for a nonprofit family resource center
• Evidence-based parenting education for parents engaged with DHS and the foster care system
• Social skills group and parenting training
• High school program that holds events to connect parents with school faculty and provide parenting resources
<b>Food</b>
• Grocery store gift cards or vouchers
• Blender and nutritional drinks for members recovering from medical procedures
• Support for food bank programs that teach about growing food, food production, cooking or nutrition

<ul style="list-style-type: none"> <li>• Support for food bank programs that provide kids free summer lunches</li> </ul>
<ul style="list-style-type: none"> <li>• Additional resources for a mobile food pantry, including replacing a refrigerated vehicle</li> </ul>
<ul style="list-style-type: none"> <li>• Expanding a community kitchen to serve more meals</li> </ul>
<ul style="list-style-type: none"> <li>• Support for a community-based food share gardening program that supplies locally grown produce to emergency and supplemental food pantries, meal sites and other distribution sites</li> </ul>
<ul style="list-style-type: none"> <li>• Evidence-based nutrition education and food access programs provided in public schools</li> </ul>
<ul style="list-style-type: none"> <li>• Support for a middle school program to send food home with students</li> </ul>
<b>Health information technology (HIT)</b>
<ul style="list-style-type: none"> <li>• Software for an addiction recovery organization</li> </ul>
<ul style="list-style-type: none"> <li>• HIT improvements for an organization that provides electronic data sharing</li> </ul>
<ul style="list-style-type: none"> <li>• PreManage subscriptions for local providers</li> </ul>
<ul style="list-style-type: none"> <li>• New electronic health record platforms for an addiction recovery center</li> </ul>
<ul style="list-style-type: none"> <li>• Community information exchange subscriptions and deployment to local providers, social service agencies and community-based organizations</li> </ul>
<b>Housing improvements</b>
<ul style="list-style-type: none"> <li>• Furniture (bed, mattress, couch, table, chairs)</li> </ul>
<ul style="list-style-type: none"> <li>• Appliances (refrigerator, stove)</li> </ul>
<ul style="list-style-type: none"> <li>• Weather-proofing supplies (tarps, roof-patching materials)</li> </ul>
<ul style="list-style-type: none"> <li>• Portable and window air conditioning units</li> </ul>
<ul style="list-style-type: none"> <li>• Accessibility improvements (installing wheelchair ramps, handrails)</li> </ul>
<ul style="list-style-type: none"> <li>• Pest extermination</li> </ul>
<ul style="list-style-type: none"> <li>• Mold or mildew removal</li> </ul>
<ul style="list-style-type: none"> <li>• Cleaning services to remove trash and other health hazards from members' living spaces</li> </ul>
<ul style="list-style-type: none"> <li>• In-home air quality and safety assessments, and purchase and installation of home air filtration equipment to improve health during fire season</li> </ul>
<b>Housing services and supports</b>
<ul style="list-style-type: none"> <li>• Past-due rent payments</li> </ul>
<ul style="list-style-type: none"> <li>• One month's or partial rent payments for members at risk of homelessness</li> </ul>
<ul style="list-style-type: none"> <li>• Temporary hotel/motel stay for members recovering from medical procedure or between housing</li> </ul>
<ul style="list-style-type: none"> <li>• Lease and rental deposits</li> </ul>
<ul style="list-style-type: none"> <li>• Short-term utility payment assistance</li> </ul>
<ul style="list-style-type: none"> <li>• Storage unit fees for member to store belongings while looking for housing</li> </ul>
<ul style="list-style-type: none"> <li>• Camping/shelter equipment (tent, tarp, rubber straps, sleeping bag, pillow, outdoor shower, burner fuel, cooler) for members experiencing homelessness or staying in mobile homes, trailers or vehicles</li> </ul>
<ul style="list-style-type: none"> <li>• Moving service for members relocating</li> </ul>
<ul style="list-style-type: none"> <li>• Capacity building for local homeless shelter to provide meals, shelter, hygiene resources and medical and social service referrals</li> </ul>
<ul style="list-style-type: none"> <li>• Regional housing forums engaging community members impacted by the housing crisis in a deeper conversation about housing issues and solutions</li> </ul>
<ul style="list-style-type: none"> <li>• Support for a housing program for women and their children who have been or are at risk of becoming homeless</li> </ul>
<ul style="list-style-type: none"> <li>• Short-term rental assistance programs</li> </ul>
<b>Legal supports and documentation</b>
<ul style="list-style-type: none"> <li>• Background check for members to obtain employment</li> </ul>

<ul style="list-style-type: none"> <li>• Past-due college tuition payment to allow member to obtain transcripts required for employment</li> </ul>
<ul style="list-style-type: none"> <li>• Photocopies of divorce papers, birth certificates and social security cards for members to apply for Housing and Urban Development (HUD) assistance</li> </ul>
<ul style="list-style-type: none"> <li>• Legal assistance program to help with evictions, paperwork or other legal issues</li> </ul>
<b>Mobility</b>
<ul style="list-style-type: none"> <li>• Scooter covers</li> </ul>
<ul style="list-style-type: none"> <li>• Strollers</li> </ul>
<ul style="list-style-type: none"> <li>• Mobility and walking aids</li> </ul>
<ul style="list-style-type: none"> <li>• Automated medication delivery technology</li> </ul>
<ul style="list-style-type: none"> <li>• Fall detection technology</li> </ul>
<ul style="list-style-type: none"> <li>• Bath chairs</li> </ul>
<ul style="list-style-type: none"> <li>• Portable wheelchair ramps</li> </ul>
<b>Personal items</b>
<ul style="list-style-type: none"> <li>• Pill/medication dispensers</li> </ul>
<ul style="list-style-type: none"> <li>• Weighted vest or blanket for members to reduce sensory triggers</li> </ul>
<ul style="list-style-type: none"> <li>• Wedge pillows to elevate legs and reduce swelling, treat GERD, reduce chronic pain, improve sleep comfort</li> </ul>
<ul style="list-style-type: none"> <li>• Boppy pillow to mitigate a member’s chronic pain while sitting</li> </ul>
<ul style="list-style-type: none"> <li>• Heated blanket to mitigate a member's chronic pain</li> </ul>
<ul style="list-style-type: none"> <li>• Therapy lamp/light box to treat anxiety and depression</li> </ul>
<ul style="list-style-type: none"> <li>• Chewable items to prevent members from chewing non-food items</li> </ul>
<ul style="list-style-type: none"> <li>• Self-cooling insulin storage wallets</li> </ul>
<ul style="list-style-type: none"> <li>• Pulse oximeters</li> </ul>
<ul style="list-style-type: none"> <li>• Side-lying pillow for neurologically impaired child</li> </ul>
<ul style="list-style-type: none"> <li>• Forehead and ear thermometers</li> </ul>
<ul style="list-style-type: none"> <li>• Nocturnal enuresis alarms</li> </ul>
<ul style="list-style-type: none"> <li>• Sharps containers</li> </ul>
<ul style="list-style-type: none"> <li>• Central line covers</li> </ul>
<ul style="list-style-type: none"> <li>• Lontophoresis device for a member with focal hyperhidrosis</li> </ul>
<ul style="list-style-type: none"> <li>• Toothbrush kits</li> </ul>
<ul style="list-style-type: none"> <li>• High-capacity weight scales</li> </ul>
<ul style="list-style-type: none"> <li>• Progressive highchairs</li> </ul>
<ul style="list-style-type: none"> <li>• Art supplies to help a member develop coping skills to support substance use disorder recovery</li> </ul>
<ul style="list-style-type: none"> <li>• Seat massager to treat chronic pain</li> </ul>
<ul style="list-style-type: none"> <li>• Guitar for a member with Down syndrome to gain confidence and relieve stress</li> </ul>
<ul style="list-style-type: none"> <li>• Chest binder</li> </ul>
<ul style="list-style-type: none"> <li>• Wool socks</li> </ul>
<ul style="list-style-type: none"> <li>• Medical ID bracelets</li> </ul>
<ul style="list-style-type: none"> <li>• Shoes, basic clothing, winter coats</li> </ul>
<ul style="list-style-type: none"> <li>• Sun protective clothing to reduce skin exposure</li> </ul>
<b>Physical activity</b>
<ul style="list-style-type: none"> <li>• Gym memberships</li> </ul>
<ul style="list-style-type: none"> <li>• Pool passes</li> </ul>

<ul style="list-style-type: none"> <li>• Group exercise classes</li> </ul>
<ul style="list-style-type: none"> <li>• Athletic apparel (athletic shoes, swimsuit, shorts, lifting gloves)</li> </ul>
<ul style="list-style-type: none"> <li>• Activity tracking watch/bracelet</li> </ul>
<ul style="list-style-type: none"> <li>• Health and wellness program focused on nutrition, fitness and stress reduction</li> </ul>
<ul style="list-style-type: none"> <li>• Classes for weight loss, nutrition, cooking and exercise</li> </ul>
<ul style="list-style-type: none"> <li>• Fishing license for a member to increase activity and improve anxiety</li> </ul>
<ul style="list-style-type: none"> <li>• Home exercise equipment including treadmill, trampoline, scale, bicycle and helmet</li> </ul>
<b>Prevention</b>
<ul style="list-style-type: none"> <li>• Smoke monitoring stations at schools to help determine when it is safe to engage in outdoor activities</li> </ul>
<ul style="list-style-type: none"> <li>• Voucher system for expectant and new mothers to encourage completing doctor visits (obstetrics/pediatric) and attending community sponsored classes (WIC/parenting)</li> </ul>
<ul style="list-style-type: none"> <li>• Publication on suicide awareness and prevention for community-wide distribution</li> </ul>
<ul style="list-style-type: none"> <li>• Gift cards for completing first primary care visits, adolescent well-care visits, colorectal cancer screenings</li> </ul>
<ul style="list-style-type: none"> <li>• Awards and incentives for patients as they complete diabetes prevention and treatment programming</li> </ul>
<ul style="list-style-type: none"> <li>• Program to promote childhood immunization prior to entry in kindergarten</li> </ul>
<b>Substance misuse and addictions</b>
<ul style="list-style-type: none"> <li>• Peer-led 12 Step + 5 program for members with mental illness and SUD</li> </ul>
<ul style="list-style-type: none"> <li>• Online pain management therapy</li> </ul>
<ul style="list-style-type: none"> <li>• Alternative services to manage patients being tapered from chronic opioids (for example, mindfulness, cognitive behavioral therapy, pain education, movement and nutrition)</li> </ul>
<ul style="list-style-type: none"> <li>• Communications project to raise provider and community awareness, increase use of naloxone, and reduce the amount of unused prescription medications in the community</li> </ul>
<ul style="list-style-type: none"> <li>• County narcotics team to provide drug prevention trainings and educational opportunities to county agencies and individuals, including law enforcement personnel, schools, landlords and the general public</li> </ul>
<ul style="list-style-type: none"> <li>• Recovery café model for adults struggling with drug and alcohol addiction</li> </ul>
<ul style="list-style-type: none"> <li>• Needle exchange programs, including: exchange used needles, safe injection supplies, wound care supplies, safer sex supplies, risk reduction counseling, naloxone kits, fentanyl strips, referrals to medical care, HIV and STD testing and treatment, mental health, alcohol and drug treatment and medication assisted treatment</li> </ul>
<b>Transportation</b>
<ul style="list-style-type: none"> <li>• Bus/TRIMET passes, HOP cards, taxi rides</li> </ul>
<ul style="list-style-type: none"> <li>• Gas cards</li> </ul>
<ul style="list-style-type: none"> <li>• Car insurance payment, DEQ tags</li> </ul>
<ul style="list-style-type: none"> <li>• Car repairs</li> </ul>
<ul style="list-style-type: none"> <li>• Car seats</li> </ul>
<ul style="list-style-type: none"> <li>• Driver's license fees</li> </ul>
<ul style="list-style-type: none"> <li>• Bicycle, bike pump, helmet, bike lock</li> </ul>
<ul style="list-style-type: none"> <li>• Baggage fees for members traveling out of state to receive treatment</li> </ul>
<ul style="list-style-type: none"> <li>• Ride program for trips not covered under the Medicaid benefit, such as: grocery trips, health and wellness education classes, support groups, gym trips, court hearings, community forums, community advisory meetings and social services</li> </ul>
<b>Other non-covered services</b>
<ul style="list-style-type: none"> <li>• Postage for medication delivery</li> </ul>

• Care coordinator employed by a community-based organization that assists members and families with complex physical/social needs in a high-traffic primary care office
• Class for members experiencing memory difficulties
• Group horsemanship/equine therapy program for behavioral health in foster youth and disabled adults
• Vet bills, adoption fees, pet supplies, and medication for members' therapy animals
• Braces and teeth extraction to alleviate overcrowding
• Denture replacements
• Over-the-counter medicine for pain and anxiety
• Eye exams and glasses
• Treatment for damaged and breaking hair to help a member's mental health

## References:

<sup>i</sup> OHA 1115 Medicaid waiver (2017–2022): [www.oregon.gov/oha/HPA/HP-Medicaid-1115-Waiver/Pages/index.aspx](http://www.oregon.gov/oha/HPA/HP-Medicaid-1115-Waiver/Pages/index.aspx)

<sup>ii</sup> OHA HRS Brief: [www.oregon.gov/oha/HPA/dsi-tc/Documents/OHA-Health-Related-Services-Brief.pdf](http://www.oregon.gov/oha/HPA/dsi-tc/Documents/OHA-Health-Related-Services-Brief.pdf)

<sup>iii</sup> OAR 410-141-3500: <https://secure.sos.state.or.us/oard/viewSingleRule.action?ruleVrsnRsn=265499>

<sup>iv</sup> OAR 410-141-3845: <https://secure.sos.state.or.us/oard/viewSingleRule.action?ruleVrsnRsn=265554>

<sup>v</sup> 45 CFR 158.150: [www.ecfr.gov/cgi-bin/text-idx?SID=656e988fc35ee492f4fcfce234067cd1&mc=true&node=se45.1.158\\_1150&rgn=div8](http://www.ecfr.gov/cgi-bin/text-idx?SID=656e988fc35ee492f4fcfce234067cd1&mc=true&node=se45.1.158_1150&rgn=div8)

<sup>vi</sup> 45 CFR 158.151: [www.ecfr.gov/cgi-bin/text-idx?SID=656e988fc35ee492f4fcfce234067cd1&mc=true&node=se45.1.158\\_1151&rgn=div8](http://www.ecfr.gov/cgi-bin/text-idx?SID=656e988fc35ee492f4fcfce234067cd1&mc=true&node=se45.1.158_1151&rgn=div8)

<sup>vii</sup> OHA HRS website: [www.oregon.gov/oha/HPA/dsi-tc/Pages/Health-Related-Services.aspx](http://www.oregon.gov/oha/HPA/dsi-tc/Pages/Health-Related-Services.aspx)