

FOOD AND FARMING EDUCATION LEARNING COLLABORATIVE KEY LEARNINGS



ECE Program: _____

Date: _____

Farm to Early Care and Education (ECE) is a set of strategies and activities that focus on providing children the opportunity to:

- Consume healthy, locally grown foods,
- Grow their own food, and
- Participate in hands-on activities that teach about nutrition and food.

What is Food and Farming Education?

- Food and Farming Education teaches children about food, where our food comes from, how it is grown, how farms and gardens work, and many different concepts about how our world works.
- These activities and lessons enhance the health and education of young children by providing experiential, hands-on learning opportunities that connect children and their families with local food and farms.

What are the benefits of Food and Farming Education activities?

- Provides many opportunities for hands-on learning and exploration.
- Promotes increased knowledge in Science, Technology, Reading, Engineering, Art, and Math (STREAM).
- Supports food and nutrition security.

How do we get started?

- Take time to gather information and resources.
- Engage families from the beginning to create space for them to lead planning efforts.
- Consider how you can connect with community partners to support your efforts.

What takeaways from this Food and Farming Education Learning Collaborative do we want to share with staff and families?

A large, solid light purple rectangular area that occupies the right side of the page, intended for users to write their takeaways from the collaborative.