



Patuxent District Virtual Hike-o-ree
Saturday, September 26, 2020
First Step Off at 8:30 AM
\$3 per person for a patch.

Patrols, Dens and Family Groups are invited to participate in our Virtual Hike and Seek Scavenger Hunt on the local trail of your choice.

Here are the steps to participate:

1. Form a hiking group of not more than 10 people. There should be at least 2 adults in your group. Please keep family members together
2. Hikers must wear masks and follow all local and state covid guidelines. Groups should screen themselves for potential covid infections. Those running a fever, feeling ill or with recent Covid exposure should not hike and immediately return home.
3. Choose the distance you would like to hike. .
10 or more Miles - Recommended for Arrow of Lights, Scouts, Venturers
5-10 Miles - Recommended for Webelos, Arrow of Lights and Scouts
1-5 Miles— Recommended for Cub Scouts
3. Select a trail that is near you to hike. There are many miles of trails in Prince Georges and Charles Counties. A list of links is attached to this flyer.
4. Set a meeting place and step off time for your group.
5. Register your group and trail selection on our Registration Site
6. Get ready for your Hike! Look in your Scout Handbook for guidance and things you need to do to “Be Prepared!”
7. On Friday evening, before your hike, adults registered with your group will receive an email containing a Scavenger Hunt List for your hike and instructions on how to register your discoveries with our District Hike-O-Ree Staff. These lists will also be available on the Patuxent District Camporee Basecamp
8. Hit the trail on Saturday for some Scouting Fun! Remember to wear a mask, and maintain social distance guidelines. Bring water and snacks.
9. A Scout always leaves an area better than he/she found it. Do a small service project and pick up trash along the trail you are hiking.
10. Have an adult send your Scavenger Hunt Discoveries to the District Hike-O-Ree Staff along with a picture of your group on the trail.
11. Check in to the District October Round Table on October 8, 2020 to view a Montage of pictures from this event.

Register online at [**https://www.ncacbsa.org/Patuxent/**](https://www.ncacbsa.org/Patuxent/)



Looking for some trail ideas? Here are links to several sites that have online information about local parks along with trail maps. Enjoy discovering a new trail!

Trails in Prince Georges County Parks

<http://www.pgparcs.com/3168/Trails>

Trails In Charles County Parks

<https://www.charlescountyparks.com/parks/trails>

State Parks in Southern Maryland

https://dnr.maryland.gov/publiclands/Pages/southern_maryland.aspx

National Parks in Maryland

<https://www.nps.gov/state/md/index.htm>

Model Pre-Event Medical Screening Checklist

Use this checklist to assist in identifying potentially communicable diseases before event participation.

The intent of this checklist is to review with each youth and adult participant their current health status, both before departure and upon arrival at the event. Anyone entering a camp or event — including visitors, vendors, etc. — should be screened using this checklist.

Councils should customize with input from their council health supervisor and local health department.

- ☐ Yes ☐ No Have you been in contact with anyone who has COVID-19 or is otherwise sick?
- ☐ Yes ☐ No Have you or anyone you have been in close contact with traveled on a cruise ship, internationally, or to an area with a known communicable disease outbreak in the last 14 days?

If the answer is “yes” to either of these questions, the participant must stay home.

- ☐ Yes ☐ No Are you in a higher-risk category as defined by the CDC guidelines?
- If the answer is “yes” to this question, we recommend that you stay home. Should you choose to participate, you must have approval from your healthcare provider and then proceed to the symptom decision tree below.

If the above answers are “no,” proceed to this symptom decision tree.

- ☐ Shortness of breath
- ☐ New or worsening dry cough
- ☐ Fever of 100.4° or greater
- ☐ Flu-like symptoms
- ☐ Vomiting
- ☐ Diarrhea

NONE

- ☐ Cough
- ☐ Unexplained extreme fatigue or muscle aches
- ☐ Rash
- ☐ Sore throat
- ☐ Open sore

YES to any ONE symptom

YES to any TWO or more symptoms

THE PARTICIPANT MUST STAY HOME
These symptoms are associated with communicable diseases and the participant **MUST** stay home until medically cleared by their health care provider.