



2025 Eastern Sectional High School Final

Friday, April 4, 2025 – Sunday, April 6, 2025

**Hosted by the Champlain Valley Skating Club
Gordon H. Paquette Ice Arena (aka Leddy Park Arena)
216 Leddy Park Road, Burlington, VT 05408**

Sanction #:

SECTIONAL HIGH SCHOOL FINALS:

U.S. Figure Skating's High School Programs Subcommittee is excited to facilitate the 2nd year of the Eastern Sectional High School Finals in conjunction with the Champlain Valley Skating Club. This competition will be following the event guidelines outlined in the [2024-2025 High School Skating Handbook](#).

I. COMPETITION OVERVIEW

The 2025 Eastern Sectional High School Final will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the [current rulebook](#), and current Compete USA handbook, and the most recent version of the [High School Skating Handbook](#), as well as any pertinent updates that have been posted on the U.S. Figure Skating [website](#).

ELIGIBILITY & TEAM FORMATION

Athletes must be eligible members in good standing of U.S. Figure Skating or Learn to Skate USA® and may be members of the figure skating club of their choice or be individual members of U.S. Figure Skating.

All skaters participating in this competition must be part of a U.S. Figure Skating high school figure skating team. Teams must be currently registered with U.S. Figure Skating for the 2024-2025 competitive season.

All skaters must be enrolled as a full-time student as defined by the institution that they attend, grades 9-12, as per state guidelines. This includes both traditional and homeschooled students.

A minimum of two (2) skaters are required to form a team. Team members may include skaters of any gender. Skaters do not have to be at the same test level.

Athletes may compete either for the high school they are attending, or as a high school collaborative, defined as follows:

- Athletes from a single school, representing that school, OR
- Athletes representing two or more area high schools combining to form a team.

Teams are not required to send all team members to compete at this event. Teams may send as many athletes as they wish to compete and represent the team.

NOTE: Competitors may not represent more than ONE high school skating team at one time.

HIGH SCHOOL SKATING TEAM MEMBERSHIP

All High School Skating Teams participating in high school competitions must register with U.S. Figure Skating on the Members Only website. This will include creating a team roster to include all skaters on your team and paying the annual team dues of \$50.

All teams must have at least one Team Manager who is 18 years or older, must have a current U.S. Figure Skating membership and be fully compliant. Team coaches are not required in order to form a team. However, if a team chooses to have a team coach, this person may also serve as the team manager.

For detailed instructions on how to create your team, please refer to the [Steps to Register/Renew Your High School Team](#).

II. ELIGIBILITY

TEAM ELIGIBILITY

All teams must be eligible, registered teams, as defined in Section 1 of this announcement. Each team may enter a maximum of 30 starts per competition and each skater may enter up to 6 events. Not all skaters on the team's roster must be assigned to an event. Unassigned skaters may be used for substitutions.

Skaters may compete in up to one short program, one free skate, one pattern dance, one free dance, one individual Showcase event, one duet *or* one trio event, and one Team Maneuvers event. Athletes are not permitted to enter multiple levels of the same event at this competition (example: A skater cannot enter both Preliminary Pattern Dance and Pre-Bronze Pattern Dance).

TEST LEVEL ELIGIBILITY

Singles: Excel and Well-Balanced Events:

- Skaters must meet at least the minimum singles test requirements for the event's level. A skater's singles test level may be higher than the minimum requirement.
 - o Skate Up: skaters may skate up one level higher than their minimum test requirement allows.
- Skaters may not register for an event level lower than allowed by their competitive floor. An athlete's competitive floor is set by one of the following scenarios:
 - o If an athlete has a paid EMS series application for the NQS series, the event level registered for in the most recent NQS will become the lowest level they may compete at in any U.S. Figure Skating sanctioned event.
 - o If an athlete has a paid EMS series application for the Excel Series, the event level registered for in the most recent Excel series will become the lowest level they may compete in any Excel event. For Well-Balanced and Specialty events the skater will be permitted to register at one level lower than the "floor" set by their excel series entry.

- o If an athlete has never had a paid EMS series application in the NQS or Excel series, the athlete may select their level based on their goals and technical skills as long as the minimum test requirements are met.
- Skaters are not permitted to enter an Excel free skate and a Well-Balanced free skate event at the same competition (example: Juvenile Girls Free Skate and Juvenile Girls Excel Free Skate). However, they are permitted to enter an Excel and a Well-Balanced event of different types such as a short program (if stand-alone event option), specialty or showcase events (example: Intermediate Women Short Program and Intermediate Women Excel Free Skate).
- For more details about establishing event levels, refer to the information sheet [HERE](#) or email events@usfigureskating.org.

All other singles and partner events (such as Showcase and Solo Dance):

- Skaters must meet the minimum test requirements for the events level, but not exceed the maximum permissible test requirement.

Team Maneuver Events:

- Athletes may compete at their test level or any higher level, as described in the team maneuver event requirements.

EVENTS OFFERED:

Program requirements for the events listed below can be found here: [usfigureskating.org – Skate – Compete – Program Requirements](https://usfigureskating.org/Skate-Compete-Program-Requirements)

- **Compete USA Program Requirements:** learntoskateusa.com/competeusa

SINGLES	JUDGING	1 st Event Price	Additional Event Price
Well Balanced Short Program (Juvenile-Senior)	6.0	\$130	\$50
Well Balanced Free Skate (Junior and Senior)	6.0	\$130	\$50
Excel Free Skate (Pre-Preliminary – Senior)	6.0	\$130	\$50
COMPETE USA EVENTS		1 st Event Price	Additional Event Price
Aspire 1-4 Program w/ Music	6.0	\$130	\$50
SHOWCASE	JUDGING	1 st Event Price	Additional Event Price
Emotional Performance (Preliminary – Senior)	CJS	\$130	\$50
Character Performance (Preliminary – Senior)	CJS	\$130	\$50
Duet or Trio (Preliminary – Senior)	CJS	\$130	
Adaptive Individual Showcase	CJS	\$130	\$50
SOLO DANCE	JUDGING	1 st Event Price	Additional Event Price
Solo Pattern Dance (Preliminary-International)	6.0	\$130	\$50

Solo Free Dance (Juvenile-Senior)	6.0	\$130	\$50
ADAPTIVE	JUDGING	1st Event Price	Additional Event Price
Adaptive Skating (Levels 2-12)	6.0	\$130	\$50
HIGH SCHOOL TEAM MANEUVERS	JUDGING	1st Event Price	Additional Event Price
Beginner Team Maneuvers	6.0	\$150	
Low Team Maneuvers	6.0	\$150	
Intermediate Team Maneuvers	6.0	\$150	
High Team Maneuvers	6.0	\$150	

Solo Pattern Dance:

We will follow the [Solo Pattern Dance Rotation](#) for non-qualifying competitions. We will provide the standard pattern dance music for the pattern dance events. Only free dance music will need to be uploaded to EntryEeze.

The dances for each level are as follows:

Preliminary: Dutch Waltz and Rhythm Blues – 3 patterns

Pre-Bronze: Fiesta Tango – 3 Patterns

Swing Dance – 2 patterns skating the follow steps

Bronze: Ten Fox – 3 patterns skating the follow steps

Hickory Hoedown – 3 patterns skating the follow steps

Pre-Silver: Foxtrot – 3 patterns skating the follow steps

Fourteen Step – 4 patterns skating the follow steps

Silver: Rocker Foxtrot – 2 sequences. Sequence 1 follow steps. Sequence 2 lead steps (P. 16)

American Waltz – 2 sequences skating the follow steps

Pre Gold: Paso Doble – 3 sequences. Pattern 1 follow steps. Pattern 2 lead steps. Pattern 3 follow steps. (Page 17)

Starlight Waltz: 2 sequences. Pattern 1 follow steps. Pattern 2 lead steps. (P. 20)

Gold: Westminster Waltz – 2 sequences. Pattern 1 follow steps. Pattern 2 lead steps (Page 21)

Quickstep – 2 patterns

Reference the 2025 Solo Dance Series Handbook Appendix A Pattern Dance Reference Material
This document can be found in the USFS Website under Rules/Resources.

OUR COMMUNITY:

U.S. Figure Skating is dedicated to fostering a culture of belonging and community that is welcoming for all individuals. We are committed to championing diversity, equity and inclusion and understand its value in combating discrimination and challenging inequalities necessary to develop champions both on and off the ice. We are actively working toward developing equitable practices and policies that foster safety and empower all individuals to authentically pursue their unique path in all areas of our sport. We stand firmly on the belief that our members are the most important asset to our organization and that our differences are meaningful and strengthen our sport. We believe that skating is for everyone.

NON-DISCRIMINATION:

U.S. Figure Skating commits in policy, principle and practice to sustain a non-discriminatory approach on and off the ice for all members. We strive to provide equal opportunity for all despite their varied backgrounds, experiences and identities, and want all members to feel valued and respected at every level of organization. U.S. Figure Skating's SkateSafe® Program receives, investigates and addresses allegations of discrimination or harassment throughout its membership and the organization. Please refer to the [SkateSafe® Program Handbook](#) for further definition of harassment, discrimination and abuse.

By attending this event, all participants are willingly committing to upholding U.S. Figure Skating's Code of Ethics (*GR 1.01*) and Code of Conduct (*GR 1.02*), as detailed within the [U.S. Figure Skating Rulebook](#).

To report a concern of discrimination or harassment to U.S. Figure Skating, please visit www.USFigureSkating.org/SkateSafe or email SkateSafe@USFigureSkating.org.

COMPLIANCE:

COACHES

Coaches assigned on Members Only must complete all applicable compliance requirements. Details regarding Coach compliance requirements can be found [HERE](#).

MANDATORY ATHLETES

Teams that are composed of both Minor Athletes and Adult Participants (skaters over the age of 18) are required to complete an extra step for compliance. Athletes age 18+ as of the competition start date who will be competing on a team with at least one Minor Athlete must complete SafeSport™ Training. *

Minor athletes who turn 18 mid-season are encouraged to seek parental consent to take the online SafeSport™ Training early to avoid any disruptions in their ability to participate as the training is required upon turning 18. The athlete will not be compliant until they have completed the training and their Members Only portal reflects completion. Please email skatesafe@usfigureskating.org for instructions or questions regarding parental consent.

All skaters on the team roster are required to complete the mandatory waivers, medical registry, and emergency contact information.

TEAM SERVICE PERSONNEL

Teams are permitted a maximum of two team service personnel. Team service personnel must have a current U.S. Figure Skating membership, a green lighted background check and completed SafeSport™ Training. All compliance requirements must be met at the time of

check-in to access the competition, no exceptions. Team service personnel is defined as those indicated as a team manager and/or team service personnel planning to attend the competition with the team.

III. REGISTRATION INFORMATION

ENTRYEEZE COMPETITION REGISTRATION - Coming soon! Estimated opening: December 15, 2025

Entries will be accepted via EntryEeze (<http://www.entryeeze.com>), etc. with credit card only. Each transaction includes a \$10 USFSA admin fee and a 3% credit card fee.

Registration Deadline: February 16, 2025, at 11:59 PM ET.

Late registrations will be accepted only if space is available and at the discretion of the competition chair and chief referee. Late registration deadline: February 18, 2025, at 11:59 ET + \$35 Late Fee.

1. Go to <http://www.entryeeze.com>.
2. Log in with your existing EntryEeze username and password or create a new account.
3. Click on the U.S. Flag under "Active Competitions."
4. Click on the Champlain Valley Skating Club logo or search by state/date.
5. If you need assistance completing your registration, contact HSESVT2024@gmail.com.

REGISTRATION EARLY CLOSING: Please note that the LOC reserves the right to close registration early due to ice availability.

MUSIC SUBMISSION/UPLOAD:

ENTRYEEZE COMPETITION PORTAL MUSIC SUBMISSION:

DEADLINE: March 25, 2025

Competitors participating in events with music are required to upload their music to EntryEeze no later than March 25, 2025, by 11:59 PM ET. After this date, skaters will be locked out of this feature and subject to a \$20 late fee. The late fee will automatically be added to each skater's cart who doesn't meet this requirement by the deadline. Late fees will not be removed under any circumstances and must be paid prior to receiving the skater credential onsite.

All music must meet the following criteria. If you have questions about what format you have, please contact your coach, and get a new version of your music that meets the criteria listed below.

MUSIC CRITERIA:

- File Format: MP3
- Bit Rate: 192 kbps or higher and Sample Rate: 44,100 kHz

- o This will be verified by the music chair, and they may request you upload a corrected file.
- Leaders and trailers (the silence or "dead space" before and after the actual start and end of the program music) may not exceed two (2) seconds. We prefer that there be NO leaders or trailers at all. Excessive leaders and trailers may disrupt the playing of the music during competition.

ENTRYEEZE MUSIC UPLOAD INSTRUCTIONS:

Once online registration has been completed, skaters can now manage their music and PPC uploads as well as manage their practice ice, view competition schedule and update coach information.

1. Go to <http://www.entryeeze.com>. Click on the Skater "Start here..." button, select "Vermont" for state and "2025 Eastern High School Final" for the competition.
2. Select "Skaters & Parents" button and enter your USFS or LTS USA membership number. Click "Next..." Enter your PIN number. Click "Next..."
3. Music: Select the "My Music" option under the "Competition" tab.
4. Remember to "logout" or "sign out."

Competitors must also have available a backup copy of their competition music on a cell phone and it must be immediately available rinkside whenever the skater competes. If the phone does not have the standard round headset connector, an appropriate adapter, such as an Apple Lightning connector or Samsung USB-C adapter is required to be attached. The phone should be presented to the music person with the file ready to play, phone in airplane mode and volume turned to maximum.

If you need assistance after reviewing the music criteria and upload instructions above, email hsevt2024@gmail.com.

For events with skater-selected music, music must be uploaded in EntryEeze. For deadlines and more instructions, please see the relevant sections below in this announcement

REFUND POLICY

Entry fees will not be refunded after the entry deadline unless no competition exists or the event is canceled. There will be no refunds for medical withdrawals, unless requested prior to the entry deadline.

LIABILITY:

U.S. Figure Skating, Learn to Skate USA®, Champlain Valley Skating Club, and Gordon H. Paquette Ice Arena accepts no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

IV. COMPETITION DETAILS

FACILITIES:

Gordon H. Paquette Ice Arena
216 Leddy Park Road, Burlington, VT 05408
<https://enjoyburlington.com/place/leddy-arena/>

ACCESSIBILITY:

Leddy Arena is a two-level building with only stairs between levels. There are accessible bathrooms on both upper and lower levels of the rink, but the upper level bathrooms are accessed through the lounge used for officials' hospitality. There is a sign about the bathroom by the main rink door. Anyone who needs accessible facilities on the upper level can access them through the lounge.

Handicapped parking is available by the main path to Leddy Arena in the large parking lot; there are also two handicapped spaces on the left side of the building, accessible by driving all the way around the building (using the small driveway that is at right in the main parking lot). From the handicapped spaces in the Leddy main lot, there is stair-free access to the top level of Leddy. From the spaces that are around the side of the building, there is stair-free access to the lower level.

NHL Surface (200' x 85' with rounded corners). Locker rooms will be available and the snack bar will be available during the weekend (hours TBD with proceeds benefiting the Champlain Valley Skating Club).

LOCKER ROOMS AND CHANGING AREAS

GENERAL LOCKER ROOMS:

Locker rooms and changing areas at U.S. Figure Skating competitive events are for athletes only, will be labeled with regard to specific use and where identified will be gender specific. Please review the Locker Room and Changing Area Policy and the SkateSafe Handbook (both found on the U.S. Figure Skating SkateSafe page). All Locker Rooms/Changing Areas will be monitored. If any concerns arise, immediately contact the Locker Room Monitor. If there are concerns regarding this policy, an athlete should change prior to arriving at the competition. The use of any recording and photographic devices inside a Locker Room/Changing Area is strictly prohibited. Any violation of the Locker Room policy should be reported to U.S. Figure Skating.

U.S. Figure Skating Travel Policy:

All travel must strictly adhere to Two-Deep Leadership requirements. An Adult Participant cannot transport a Minor Athlete one-on-one and Two-Deep Leadership requirements must be adhered to at all times during In-Program travel, by transporting at least two minors or a second Adult Participant. An Adult Participant cannot share a hotel room or other sleeping arrangement with a Minor Athlete(s). Full details of the SkateSafe® Travel Policy and any exceptions can be found starting on page 12 of the [SkateSafe® Handbook](#).

OFFICIAL WEBSITE & UPDATES:

All competition information available prior to the start of the competition will be posted on the competition EntryEeze page:

1. Go to <http://www.entryeeze.com>.
2. Log in with your existing EntryEeze username and password or create a new account.
3. Click on the U.S. Flag under "Active Competitions."
4. Click on the Champlain Valley Skating Club logo or search by state/date.
5. If you need assistance completing your registration, contact HSESVT2024@gmail.com.

It is the responsibility of each competitor, parent and coach to check the competition EntryEeze page frequently for any schedule changes and/or additional information pertaining to the competition.

On the day(s) of competition, notices and announcements may be posted around the rink and/or communicated verbally by the competition chair(s), announcer, referee, or registration desk volunteers.

It is the responsibility of each competitor, parent and coach to check the website frequently for any schedule changes and/or additional information pertaining to the competition.

Results will be accessible online via a live results link from U.S. Figure Skating (6.0).

SCHEDULE

Competitors may be scheduled on any day or time during the announced dates of the competition. We aim to start the competition on Saturday, April 5, but if the number of entries warrant starting earlier, some events may be held on the evening of Friday, April 4. The competition and practice ice schedule will be available after the close of entries. All participants will be notified via email once available.

It is each participating team's responsibility to review the competition schedule for accuracy within 72 hours of receipt and notify the competition chair of any errors.

PRACTICE ICE:

Practice ice will be available for purchase through EntryEeze after the schedule is published and until Thursday, April 3rd at 11:59 PM ET (or until full) at \$20/session. There are no refunds for missed practice ice. If there is space available, practice ice may be purchased during the competition at the Registration Desk for \$25/session. Practice ice sessions are 20 minutes long. No music will be played during these sessions.

ENTRYEEZE PRACTICE ICE INSTRUCTIONS:

1. Go to <http://www.entryeeze.com>. Click on the Skater "Start here..." button, select "Vermont" for state and "2025 Eastern High School Sectionals" for the competition.
2. Select "Skaters & Parents" button and enter your USFS or LTS USA membership number. Click "Next..." Enter your PIN number. Click "Next..."

3. Practice ice: Select an option under “Practice Ice” tab.

4. Remember to “logout” or “sign out.”

ONSITE CHECK-IN:

Check-in will open 30 minutes prior to the first practice ice session or event of each competition day in the snack bar area downstairs. Signage will direct skaters and coaches where to go to check in.

If you are participating in a role requiring compliance, please be sure to [download or print your compliance card](#) to verify your compliance status on-site, if requested. If you believe your compliance card does not accurately reflect your compliance status, please contact skatesafe@usfigureskating.org at least 2 business days prior to the competition for assistance.

AWARDS:

Medals will be awarded to places 1st through 3rd in each event.

Team trophies will be awarded to places 1st through 3rd overall. Points are awarded to all skaters who compete. Points will be calculated using the scoring system outlined in the 2024-25 High School Skating Handbook.

TEAM POINTS:

Points are awarded to all skaters who compete. Junior and Senior Well-Balanced Free Skate events and International Pattern Dance earn two additional points per placement. Points earned by skaters will be added toward each team’s point total.

# of Skaters	12	11	10	9	8	7	6	5	4	3	2	1
1 st	12	12	12	12	12	12	12	10	8	6	6	6
2 nd	11	10	10	10	10	10	10	8	6	4	4	
3 rd	10	9	8	8	8	8	8	6	4	2		
4 th	9	8	7	6	6	6	6	4	2			
5 th	8	7	6	5	4	4	4	2				
6 th	7	6	5	4	3	2	2					
7 th	6	5	4	3	2	1						
8 th	5	4	3	2	1							
9 th	4	3	2	1								
10 th	3	2	1									
11 th	2	1										
12 th	1											

Team points will be calculated to determine the overall placements of each team participating in the competition.

Ties:

In the case of a tie, skaters will share available points. For example, competitors tied for 1st place in a group of ten will each earn 11 points (12 points for first plus the 10 points for second).

Withdrawals:

The number of athletes in an event will be based on competitors who actually skate at the competition.

LENGTH OF COMPETITION

If the number of entries exceeds the available ice time for the competition, the LOC chair, in conjunction with the chief referee and with approval from the national vice chair for High School Programs on the Program Development Committee and the chair of the Program Development will choose one or more of the following methods to reduce the length of the competition. The choice may be in any order:

- Eliminate the optional dance in the solo dance event.
- Reduce the number of starts per team.
- Eliminate ladies' events with only one entry. (Men's events will not be eliminated.)

GROUP SIZE

No group will consist of more than 12 skaters. If more than 12 skaters are entered into one level, the skaters will be split as evenly as possible into as many groups as necessary to keep each group no larger than 12 skaters.

Competitors' Party/Team Spirit:

If the schedule allows, there will be a possibility of a competitors' party and more information will be posted when it comes available.

We are also looking for team spirit and would like to see banners from each team. We will be giving out prizes to those teams with the most team spirit. More criteria will be provided on the competition EntryEeze page.

GRADUATING SENIORS:

We will be acknowledging our graduating seniors. When you register on Entryeze, please be sure to indicate if you are a graduating senior.

VOLUNTEER INFO:

We welcome volunteers! Please contact HSESVT2024@gmail.com for more information about volunteer positions available.

VOLUNTEER COMPLIANCE:

Reminder: Compliant positions at all U.S. Figure Skating events include LOC leadership, locker room monitors and emergency medical providers .

PHOTO:

Photo and video vendors to be confirmed and more information will be coming.

ADDITIONAL INFORMATION:

Official hotel accommodations:

A block of rooms has been booked for skaters and coaches at several different hotels in the area.

Best Western Plus Windjammer Inn and Conference Center, 1076 Williston Road, South Burlington, VT 05403 (approximately 5 miles / 15 minutes from the rink). \$109 per night.

Please use the link below for the group rate:

[BW 2025 High School Sectional Room Block](#)

or call 802-863-1125 and ask for 2024 Sectional High School Final Rate.

Hampton Inn Colchester, 42 Lower Mountain View Dr. Colchester, VT 05446, (approximately 6 miles / 15 minutes from the rink). \$129 per night.

Please use the link below for the group rate:

[HI 2025 High School Sectional Room Block](#)

DoubleTree by Hilton, 870 Williston, Road, South Burlington, VT 05403 (approximately 5 miles/15 minutes from the rink). \$179 per night.

Please use the link below for the group rate (valid through March 13th):

[DT 2025 High School Sectional Room Block](#)

Airports:

Patrick Leahy Burlington International Airport, South Burlington, VT (approximately 20 minutes from the rink). Complimentary, 24-hour shuttle service is available to Best West Western and the DoubleTree.

Plattsburgh International Airport, Plattsburgh, NY (approximately 1.25 hours from rink)

Vendor & Sponsorship opportunities:

We welcome and would greatly appreciate any vendors and sponsors. Please contact HSESVT2024@gmail.com with any interest.

CONTACT INFORMATION:

Competition website: Find our competition on EntryEeze

For questions, please contact the following individuals:

Competition Chair:	Lisa Young Johnny Mendez	HSESVT2024@gmail.com
---------------------------	-----------------------------	--

	Nick Bond	
Chief Referee:	Sarahjayne Howland	HSESVT2024@gmail.com
Dance Referee:	Linda Bacon	HSESVT2024@gmail.com
Practice Ice Chair:	Nick Bond	HSESVT2024@gmail.com