**Gardening Learning Collaborative**

**Learning Session 2: Benefits of Gardening with Young Children Agenda**

The agenda below is based on the “Sections” included in Learning Session 2: Benefits of Gardening with Young Children. The purpose of this Learning Session is to share the many benefits of gardening in ECE programs. Gardening has the potential to impact the children being served by ECE programs, their families, ECE program staff, and the broader community.

Objectives for this Learning Session are to:

* Discuss the benefits of gardening in ECE settings, including benefits for children, ECE programs and staff, families, and the community.
* Review strategies for identifying goals and creating action plans related to gardening in ECE programs.

|  |  |
| --- | --- |
| **Training Component/Content** | **Estimated Time (60 minutes)** |
| Welcome and Introductions* Agenda
* Group Norms
* Icebreaker
* Learning Objectives
* Gardening Learning Collaborative Structure
 | 10 minutes |
| Gardening Benefits | 15 minutes |
| Physical Activity Break | 5 minutes |
| Gardening Benefits Continued* Benefits for the ECE Program
* Supports CACFP Best Practices
* Benefits for Staff
* Benefits for Families
* Benefits for the Community
 | 10 minutes |
| Action Period 1* Identifying Goals and Planning for Change
* Action Period Tasks
* Your Self-assessment Results
* Brainstorm the Possibilities: What practices do you want to work on?
 | 15 minutes |
| Resources and Next Steps* Resources
* Action Period Tasks
* Key Dates
* Questions
* Coach Information
 | 5 minutes |