

## **MAKING CONTACT:**

A Training for COVID-19 Contact Tracers



## **CORONAVIRUS DISEASE 2019 (COVID-19): QUICK FACTS**

Symptoms	<ul> <li>As many as 1 in 4 cases are asymptomatic.</li> <li>Fever, cough, shortness of breath, chills, muscle pain, headache, sore throat, new loss of taste or smell.</li> <li>Severe disease: pneumonia, respiratory failure.</li> </ul>
Incubation	<ul> <li>The incubation period for COVID-19 ranges from 2-14 days.</li> <li>Most patients begin to experience symptoms within five days of exposure.</li> </ul>
	<ul><li>Confirmed Case:</li><li>Detection of COVID-19 genetic material in a clinical specimen.</li></ul>
Case Classification	<ul> <li>Probable Case (interim until CSTE case classification is finalized):</li> <li>Clinical symptoms AND epidemiologic link with no confirmatory test result.</li> <li>Positive antigen/antibody test with compatible clinical syndrome or epidemiologic link.</li> <li>Death certificate includes COVID-19 with no confirmatory test result.</li> </ul>
Treatment	There is no specific FDA-approved antiviral treatment recommended for COVID-19 and no vaccine available.
Duration	Incubation is 2-14 days. People are likely contagious about 2 days before symptoms start until symptoms improve. Duration (length) of infection is not known.  Asymptomatic and pre-symptomatic cases may be contagious.
Exposure	Person-to-person transmission occurs mainly through respiratory droplets from coughing, sneezing, or talking, but may also occur through close personal contact (e.g., shaking hands, touching an object or surface with the virus on it and then touching mouth, nose, or eyes before washing hands). There is concern for airborne transmission from aerosol generating procedures. Rarely, fecal contamination may cause exposure.
Laboratory Testing	Refer to your local and state health department laboratory testing procedures and testing locations. CDC guidance on collecting, handling, and testing of clinical specimens can be found <a href="here">here</a> .

Adapted from Washington State Department of Health.





