



Welcome Community Health Teams

Please type Your Name and Name of Organization in the chat

*May 4th, 2023
8:00 am – 9:30 am*



Agenda



Data Submission Reminder

Q2: April 15th, 2023

Q3: July 15th, 2023

Q4: October 15th, 2023

Data Presentation: *Edyth Dwyer, CTC-RI*

Practice Updates

Threats to Healthy Aging: Behavioral Health Challenges

Provided by Tonya Glantz, RIC



Data Overview

January – March 2023



EBCAP CHT (n=21)

- *95% of patients English speaking*
- *Three Hispanic/Latino patients*
- *Panel was 10% Native American, 14% Black/African American, 62% white*
- *Panel was 33% male and 68% female; 5% other*
- *Average Age: 54 Years*

SCH CHT (n=21)

- *All English Speaking*
- *No Hispanic/Latino patients*
- *All patients ID'ed as white*
- *Panel was 67% male, 33% female*
- *Average Age: 60 Years*

Diabetes Summary (SCH & EBCAP CHTs)

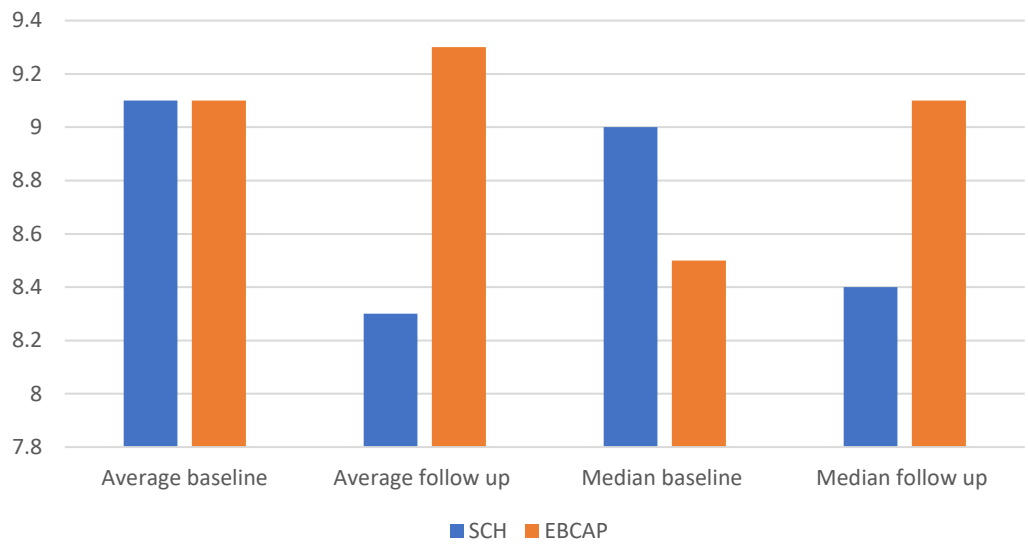
of patients in baseline group

Total	SCH CHT	EBCAP CHT
39	21	18

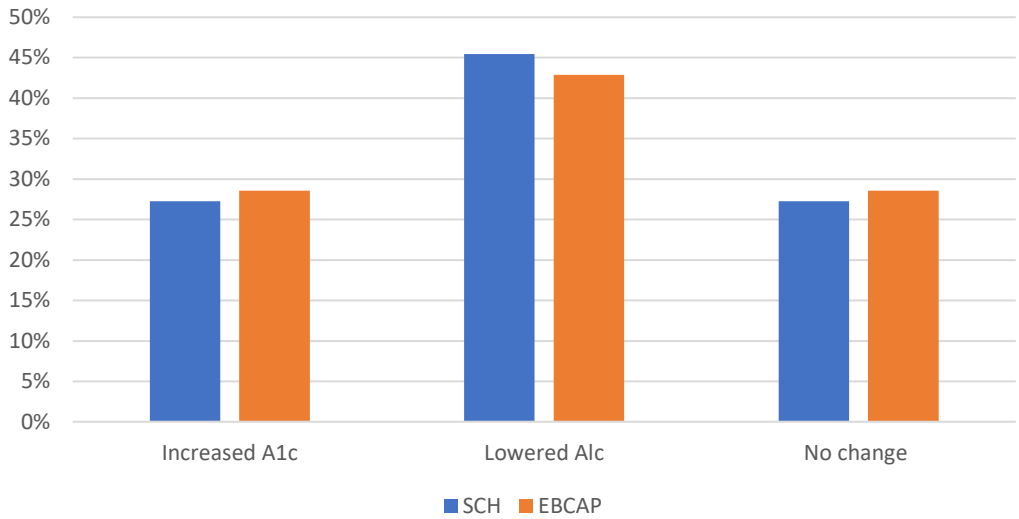
of patients in follow up group

Total	SCH CHT	EBCAP CHT
28	11	17

Average/Median A1c Readings at Baseline and Follow up



% patients with lowered/increased A1c from baseline to follow up



Blood Pressure Summary (SCH & EBCAP CHTs)



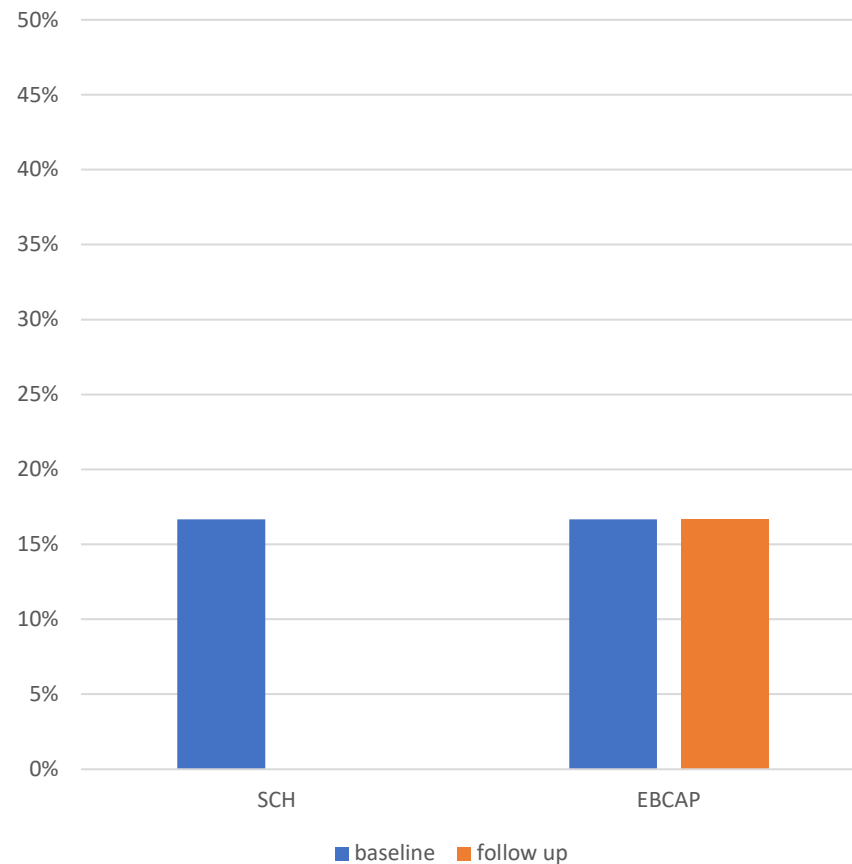
of patients in **baseline group**

Total	SCH CHT	EBCAP CHT
12	6	6

of patients in **follow up group**

Total	SCH CHT	EBCAP CHT
21	1	20

% patients with BP over 140/90, Baseline vs. Follow-up



Statin Therapy for the Prevention & Treatment of CVD Summary (SCH & EBCAP CHTs)



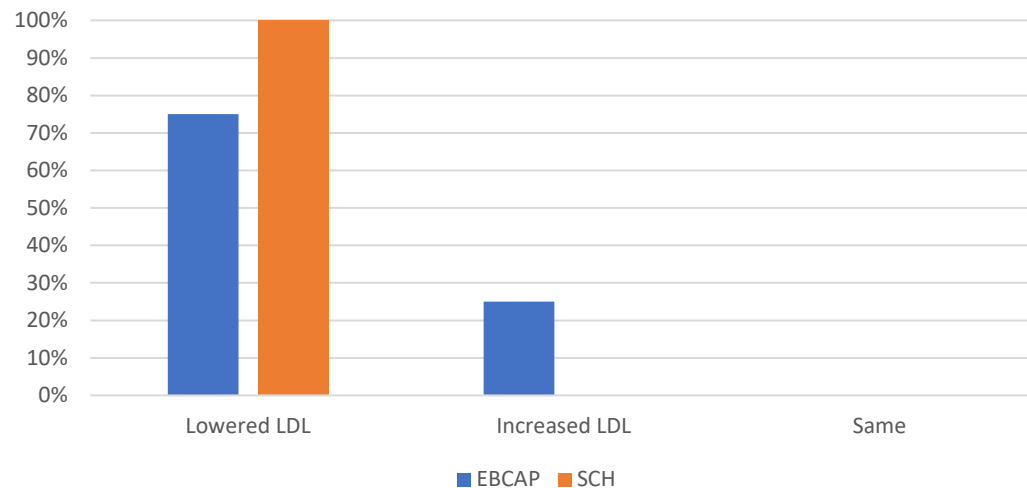
of patients in **baseline group**

Total	SCH CHT	EBCAP CHT
29	9	20

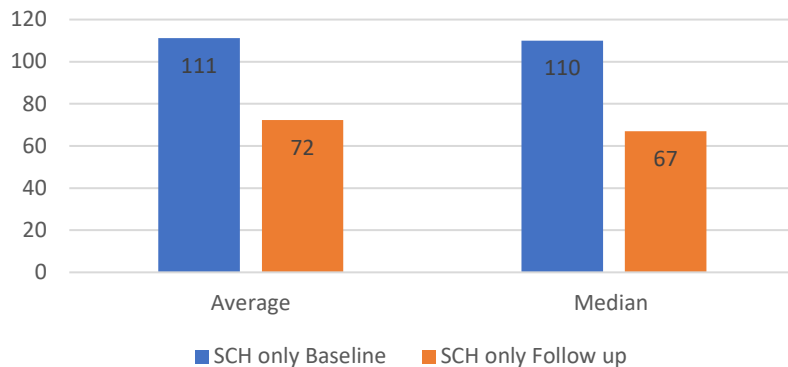
of patients in **follow up group**

Total	SCH CHT	EBCAP CHT
7	3	4

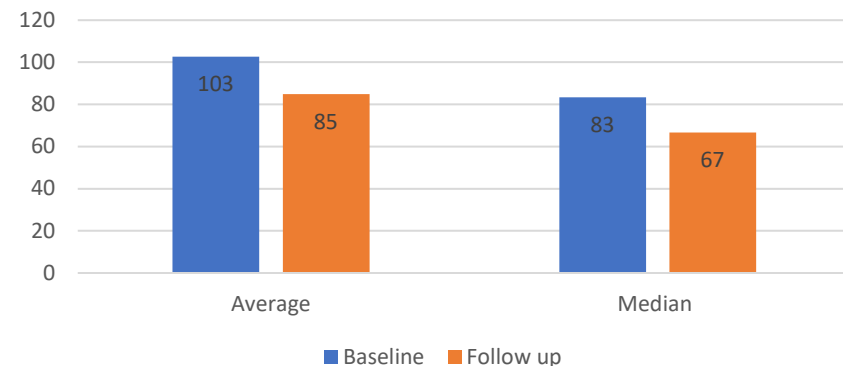
% Patients with lowered LDL at follow up visit



SCH Only: Avg/Median LDL at Baseline and Follow up



EBCAP Only: Avg/Median LDL at Baseline and Follow up



EBCAP CHT Clinical Data Summary

Baseline

Diabetes (HgbA1c)

18 Patients

- Average Reading: 9.2
- Age Range: 30 – 68 years old

Blood Pressure

- 6 patients
- Readings:
 - Systolic: 146.2
 - Diastolic: 82.2
- Age Range: 45-63

High Risk Cardiovascular

- 20 patients, 16 prescribed statin
- Age range: 30-68

Follow Up

Diabetes (HgbA1c)

- 17 patients
- Average Reading: 9.3

Blood Pressure

- 20 patients with follow up
- Readings:
 - Systolic: 134.6
 - Diastolic: 77

High Risk Cardiovascular

- 4 patients, 16 prescribed statin

SCH CHT Clinical Data Summary



Baseline

Diabetes (HgbA1c)

21 Patients

- Average Reading: 9.1
- Age Range: 35 – 72 years old

Blood Pressure

- 9 patients
- Readings:
 - Systolic: 142.2
 - Diastolic: 79.2
- Age Range: 40-72

High Risk Cardiovascular

- 9 patients, 5 prescribed statin
- Age Range: 40-72 years old

Follow Up

Diabetes (HgbA1c)

- 11 patients
- Average Reading: 8.3

Blood Pressure

- 3 patients with baseline and follow up
- Readings:
 - Systolic: 132
 - Diastolic: 80

High Risk Cardiovascular

- 3 patients, 5 prescribed statin

EBCAP CHT Data Summary



Patients who used the app:

Used app: 13 patients

Did not use app: 8 patients

Is patient interested in increasing activity (obtaining gym membership, participating in at home activities, etc.)?

- 100%, 21 patients

Has patient obtained a gym membership or increased activity?

- 67%, 14 patients

Patients who received nutrition-education related education:

Received education: 18 patients

Did not receive education: 3 patients

Cooking Class:

Attended class: 2 patients

Did not attend class: 17 patients

Food Is Medicine survey results:

- 75% of participants have diabetes, 15% do not
- 70% of the participants have high blood pressure
- 87% of participants have arthritis (an inflammatory disease)
 - “Overall, there seems to be a gap in knowledge regarding the role food plays in blood sugar control and how this impacts overall health.”



Practice Updates



CHT Name: South County Hospital



Successes since we last met:

Barriers since we last met:

CHT Name: EBCAP



Successes since we last met:

Barriers since we last met:



Threats to Healthy Aging: Behavioral Health Challenges

*Provided by Dr. Tonya Glantz, Rhode Island College Interim
Executive Director of the Institute for Education in Healthcare*

