

What medications are on the Beers Criteria list?

There are close to 100 medications or medication classes on the Beers Criteria list. The following table isn't a comprehensive list of all of the medications listed. Rather, it gives an example of a drug in each category and the reason why it's harmful.

Beers Criteria Category	Drug or Drug Class Example	Concern
Analgesics	Meperidine	Neurotoxicity, delirium .
Antibiotics	Ciprofloxacin with warfarin	Increased bleeding.
Antiseizure medications	Carbamazepine	Syndrome of inappropriate antidiuretic hormone secretion (SIADH).
Antidepressants	Duloxetine	Nausea , diarrhea .
Antigout	Colchicine	Bone marrow toxicity.
Antihistamines	Brompheniramine	Confusion, cognitive impairment , delirium.
Antihypertensives	Alpha-blockers	Hypotension .
Antiplatelets or anticoagulants	Edoxaban	Renal impairment .
Antipsychotics	Any antipsychotics	Stroke , cognitive decline, delirium.
Anxiolytics	Benzodiazepines	Impaired metabolism , cognitive impairment, unsteady gait .
Cardiac medications	Disopyramide	Heart failure .
Central nervous system agents	Dimenhydrinate	Confusion, cognitive impairment, delirium.
Diabetes medications	Chlorpropamide	Hypoglycemia .
Gastrointestinal medications	H2-blocker for delirium	Worsening delirium.
Hormones	Estrogen	Breast cancer , endometrial cancer .
Hypnotics	Barbiturates	Dependence, overdose .
Musculoskeletal agents	Muscle relaxers	Confusion, dry mouth , constipation .
NSAIDs	Aspirin (more than 325 mg/day)	Ulcer , gastrointestinal bleeding or perforation .
Respiratory medications	Atropine	Confusion, cognitive impairment, delirium.
Urinary medications	Desmopressin	Low sodium in blood (hyponatremia).
Vasodilators	Ergoloid mesylates	Lack of intended results.