

High Adventure Program Summaries as of May 5, 2023

The following are summaries of the high adventure programs most closely monitored by the National Capital Area Council (NCAC) High Adventure Committee (HAC) and other high adventure opportunities offered by NCAC. Scholarships are available for deserving youth. To obtain additional information on these programs or to provide updated information, contact Dave Green, Chain Bridge District HA Representative at dkgreenva@hotmail.com or check the NCAC High Adventure website at <http://www.ncacbsa.org/council-committees/outdoor-adventuring/high-adventure/>. A current copy of this document is available at <https://public.3.basecamp.com/p/VPfpUf1xuaUG9UkHHgondoQE>. The HAC maintains the NCAC HAC HA Sourcebook on its website with information on many other HA opportunities across the US and around the world and maintains a vacancies list for crews to post notices looking for scouts and scouters to join a high adventure crew or for individuals looking for a high adventure crew to join. Send an e-mail to ragollhofer@acm.org if you have or are looking for a vacancy.

Lenhok'sin High Adventure - Sponsored by NCAC and located at the Goshen Scout Reservation in Goshen, VA. Must be 13 or older by September 1 of the year of participation. A 5-day backpacking trek with optional outpost programs of Aquatics (stand up paddle board/kayak) Caving, COPE High Elements, Foxfire, Mountain Man, Search & Rescue, and Wood's Edge (archery/survivalist skills) or a 5-day James River Canoe Trek. No guide is provided for backpacking treks, but high adventure camping techniques are reviewed. Backpacking crew size is from 6 to 12 including at least 2 adults. The cost for 2023 is \$485 per youth and free for the first two adults (\$265 for each additional adult) plus travel. A \$485 crew deposit is required with an application. For more information, contact Dan Leichtling at lenhoksin@gotogoshen.org and see <https://www.gotogoshen.org/camps-programs/lenhoksin-high-adventure/>. http://www.boyscouts-ncac.org/pages/184_lenhok_sin_high_adventure.cfm Unit-based crew space for the 2023 summer season is still available at <https://scoutingevent.com/082-62195>. For a provisional 7/2-8/23 NCAC backpacking trek, see <https://scoutingevent.com/082-65212> and for a provisional 2024 NCAC James River canoeing trek, contact Mark Wray at redshoestwo@juno.com or 703-395-6061.

Northern Tier High Adventure Bases - Sponsored by National BSA and located at Ely, MN; Atikokan, Ontario; and Bissett, Manitoba. Must be 14 or older OR 13 and have completed the 8th grade by date of arrival AND weigh between 100 and 295 pounds. NCAC recommends 10 or 11-night treks of wilderness canoeing and portaging. A guide is provided, and the crew size is normally 6 youth and 2 adults. The 2024 fee for a 10-night 8-person Ely crew is \$1265 per person plus extras and travel. Summer treks after August 6 are discounted 25%. Okpik (Winter) programs at Ely include cross-country skiing, snowshoeing, and dog sledding. 10% of the crew fee is required for a deposit within 3 weeks of application. For more information, see <http://www.ntier.org> or call (218) 365-4811 or contact Craig Reichow at BSA2XS@gmail.com or 703-851-2210. Unit-based crew space for the 2023 and 2024 summer season may still be available. Registration for 2025 canoe and 2025-26 Okpik treks opens January 2024. Provisional spaces are available on NCAC's 7/23-8/3/24 Northern Tier wilderness canoeing contingent estimated at \$2200 including transportation. See <http://www.ncacbsa.org/council-committees/outdoor-adventuring/high-adventure/> for applications and current status of this contingent.

Philmont Scout Ranch - Sponsored by National BSA and located in the Rocky Mountains of northeastern NM. Must be 14 or older OR 13 and completed 8th grade by date of arrival. Itineraries consist of 7, 9 or 12 days of backpacking with optional programs in mountain biking, rock climbing, horseback riding, archeology, black powder rifle, blacksmithing, burro packing, logging events, environmental awareness, fishing, geology, gold panning, homesteading, native American, and rifle and shotgun shooting. A guide is provided for the first 3 days and the required crew size is from 8 to 12 including at least 2 adults. The cost for the 2023 summer expedition season is \$1150 (7 days) to \$1490 (12 days) per person plus travel. Alternate programs in horseback riding, conservation, trail crew, and winter camping are available. For more information, see <http://www.philmontscoutranch.org/> and contact Pete Stark at pete@pmstark.com or 703-203-4100. Limited unit-crew space for 2023 and 2024 may still be available. An on-line lottery by Philmont for 2025 unit-crew treks will be conducted from October to December 2023. Provisional and unit crew space is available on NCAC's 7/13-27/24 Philmont contingent estimated at \$2695 including transportation, white water rafting, and Pike's Peak Railway. See <http://www.ncacbsa.org/council-committees/outdoor-adventuring/high-adventure/> for applications and current status of this contingent.

Summit - Sponsored by National BSA and located in the New River Gorge region of southern WV. Must be 13 on the day of arrival for the Summit Experience consisting of a 7-day program with experiences at each of the 9 high adventure venues – BMX, skateboarding, mountain biking, laser shot, shooting sports, archery, climbing/rappelling, canopy tours, zip lining, and whitewater rafting. Must be 14 by date of participation for more advanced Bikepacking, New River, Polaris ATV, Pack n’ Paddle, and Marksman Experiences. A guide is provided for a crew of 8 to 24 on the New River, of 7 to 12 on the bikes, and of 8 to 12 on the ATVs including at least 2 adults. The cost for 2024 is \$1025 to \$1260 depending on program plus travel. For more information, see <https://www.summitbsa.org/programs/national-high-adventure-base/high-adventure-overview/> and contact George Gadbois at george.gadbois@siemens.com or 301-770-5386. Summit has provisional opportunities for individuals. Unit-based crew space for the 2023 summer season may still be available.

Florida Sea Base - Sponsored by National BSA and located on Matecumbe Key 75 miles south of Miami, FL. Must be 13 or older by date of arrival for scuba, out island, Bahamas, and St. Thomas programs and 12 by date of arrival for Florida sailing and multi-adventure programs. Seven-day programs including Coral Reef Sailing, STEM Eco-Sailing, Marine STEM, Keys Adventure, Bahamas Adventure, Bahamas Tall Ship, Out Island Adventure, Scuba Adventure, Scuba Certification, Scuba Live Aboard, Florida Fishing, St. Thomas Sailing, and St. Thomas STEM Eco Sailing. A guide is provided, and the maximum crew size is 8 to 20 depending on the program including at least 2 adults. The cost for the 2023 spring, summer, fall, and winter is \$1150 to \$1600 per person depending on program and number of participants plus travel. For more information, see <http://www.bsaseabase.org> and contact Dana Abrahamsen at dabrahamsen@ftc.gov or 703-280-9782. Unit-based crew space for 2023 and 2024 may still be available. Registration for 2025 opens January 2024. There is a wait list for NCAC’s 7/29-8/3/24 St. Thomas STEM ECO Sailing Adventure estimated at \$1995 including transportation. See <http://www.ncacbsa.org/council-committees/outdoor-adventuring/high-adventure/> for applications and current status of this contingent.

V3 Hike-o-ree - Sponsored by NCAC and located at the Northern Virginia 4-H Educational Center, Front Royal, VA. Must be 13 or older. A three-day program, 10/27-29/23, includes a Friday night opening program, Saturday 10-mile hike ranging from moderate to super strenuous, Saturday night high adventure rally, and Sunday morning service project. Maximum crew size is 12 including at least 2 adults. Crews are required to use high adventure camping techniques. Experienced advisors are available for inexperienced crews. The 2023 cost is \$30 per person. For more information, see <https://scoutingevent.com/082-66558> and contact Joe Flaig at jwflaig@aol.com or 703-250-9791 and.

Adirondack High Adventure Area – Six BSA councils sponsor HA trek programs in the Adirondack State Park in upstate NY. See <https://public.3.basecamp.com/p/hLgsVbk7Suju6cuDzQQJaEn4> for more details on these programs. For the Seneca Waterways Council program, see <https://senecawaterways.org/massawepie-adirondack-treks/>. Participants must be 13 or older by January 1 of the year of participation. Three and 6-day itineraries including backpacking or canoeing or a combination of the two, originate at Massawepie Scout Reservation in the park. A guide is provided, and the maximum crew size is 8 including the guide and at least 1 adult. The cost for a 2023 6-day summer itinerary is \$575 per person. A \$300 crew deposit is required with an application. Massawepie has provisional opportunities for individuals. For more information, contact Scott Hoge at scott.hoge@gmail.com or 703-965-6487. Unit-based crew space for the 2023 summer season is still available at <https://scoutingevent.com/397-2023trek>.

Maine High Adventure Area - Sponsored by Katahdin Area Council and located at Matagamon High Adventure Base at the north entrance to Baxter State Park in northern ME. Must be 13 or older by September 1 of the year of participation. Minimum 6-day itineraries are flexible and may include wilderness or developed campsites, whitewater or flatwater canoeing, hiking, floatplane sightseeing, or any combination of these. A guide is provided, and the required crew size is from 8 to 12 including the guide and at least 1 adult. The cost is \$124 per person per night for the 2024 summer season. A \$600 crew deposit is required with an application. For more information, see <http://mainehighadventure.org> or contact David Nelsen danelson@alum.rpi.edu or 301-997-5065. Maine has provisional opportunities for individuals. Unit-based crew space for the 2023 summer season is still available.