



First Responder



For more slides and support materials - Use this Google Classroom

Code: hxip5wq

Still need Bobcat?? Start with this Google Classroom: 6odhkcw

Complete Requirement 1 and at least five others:

1. Explain what first aid is. Tell what you should do after an accident.
2. Show what to do for hurry cases of first aid: Serious bleeding, heart attack or sudden cardiac arrest, stopped breathing, stroke, poisoning
3. Show how to help a choking victim.
4. Show how to treat for shock.
5. Demonstrate how to treat at least five of the following: A. Cuts and scratches, B. Burns and scalds, C. Sunburn, D. Blisters on the hand or foot, E. Tick bites, F. Bites and stings of other insects, G. Venomous snakebites, H. Nosebleed, I. Frostbite
6. Put together a simple home first-aid kit. Explain what you included and how to use each item correctly.
7. Create and practice an emergency readiness plan for your home or den meeting place.
8. Visit with a first responder or health care professional.

Resources and Ideas: The Webelos Book is a great resource for this adventure.

1. Bullet #3 talks about what to do to get help in an emergency:
<https://learn.eartheasy.com/articles/teaching-my-child-first-aid-6-essentials/>
2. These cards can help with reviewing the hurry cases:
<https://cubscoutideas.com/wp-content/uploads/2019/04/hurry-case-first-aid-cards.pdf>
3. Scouts should be able to show hand placement for the Heimlich Maneuver and Back Blows, but should not apply actual pressure to another person.
4. Treating for shock can greatly help injury victims recover:
<https://youtu.be/XKYuxQ1PTwY>
5. Demonstrate means have the Scouts get hands on with First Aid equipment and supplies. You can even use markers to draw simulated wounds. Role-playing in outdoor areas can add some realism too.
6. Having a First Aid Kit at home is important - It's equally important to know how to use the supplies in the kit:
<https://www.redcross.org/get-help/how-to-prepare-for-emergencies/anatomy-of-a-first-aid-kit.html>
7. There are some ideas and a template for an Family Emergency Plan here:
<https://www.ready.gov/plan>
8. A video or phone visit with a nurse advice line or personal doctor can fulfill this requirement. If a den parent is a medical professional - They could host a discussion as well.

