

# Idaho Perinatal Quality Collaborative News

The **Maternal and Child Health Program** of the Idaho **Department of Health and Welfare** and **Comagine Health** have partnered to establish Idaho's Perinatal Quality Collaborative (IDPQC). IDPQC brings together clinical providers, public health leaders, payers and community-based organizations to improve outcomes for pregnant people and babies.



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## May 2024



## May Is Preeclampsia Awareness Month

Preeclampsia is a serious pregnancy complication, and rates are on the rise in the U.S. It is important to be aware of the symptoms of preeclampsia: severe headache, swelling in the hands and face, visual issues, nausea and vomiting, stomach or abdomen pain, sudden weight gain and/or shortness of breath.

Preeclampsia can occur in any pregnancy and up to six weeks postpartum (<http://www.stillatrisk.org>). Learn more at [preeclampsia.org](http://preeclampsia.org).

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**Is she overjoyed  
and overwhelmed?**

Encourage her to call  
**1-833-TLC-MAMA.**

  
Idaho  
**maternal &  
child health**

Promotion of the hotline is recommended by the Idaho  
Maternal Mortality Review Committee

## May is Maternal Mental Health Month

The [National Maternal Mental Health Hotline](#) provides 24/7, free, confidential support, resources and referrals to any pregnant and postpartum mothers facing mental health challenges and their loved ones. The service is available via phone and text in English and Spanish.

You can help promote the hotline by ordering free Maternal Mental Health Hotline magnets (English and Spanish) and notebooks to distribute to maternal health providers and new and expecting mothers. Please contact [idahomch@dhw.idaho.gov](mailto:idahomch@dhw.idaho.gov) to place your order. Limited quantities available.

Additionally, OASH Office on Women's Health has a new postpartum depression campaign toolkit if organizations are interested: [Talking PPD: Campaign Toolkit | Office on Women's Health \(womenshealth.gov\)](#).

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## Improving Joy in Work: an Institute for Healthcare Improvement (IHI) Framework

Health care professionals face mounting pressures, leading to burnout and high staff turnover rates. Burnout and a lack of joy not only impact individual staff engagement and satisfaction, but also patient experience, quality of care, patient safety and organizational performance.

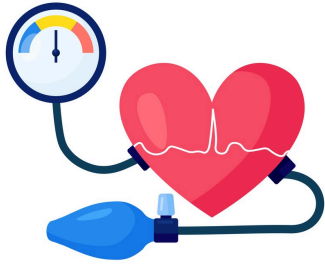
IHI has produced a white paper that outlines a systemwide approach to improving joy in health care work by analyzing efforts in other sectors and applying the IHI framework.

Key topics include:

- The importance of joy in work (the “why”).
- Four steps leaders can take to improve joy in work (the “how”).
- The IHI Framework for Improving Joy in Work: nine critical components of a system for ensuring a joyful, engaged workforce (the “what”).
- Key change ideas for improving joy in work, along with examples from organizations that helped test them.
- Measurement and assessment tools for gauging efforts to improve joy in work.

Download the free white paper here: [IHI Framework for Improving Joy in Work](#).

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## Webinar: Addressing Hypertension Complications in the Postpartum Period

A recording of the Alliance for Innovation on Maternal Health's (AIM) Technical Assistance Presentation Webinar entitled **Addressing Hypertension Complications in the Postpartum Period: Lessons from Implementation Science** with Dr. Kelly Gibson and Dr. Elliott Main is available on the AIM Vimeo Channel [here](#).

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## Webinar: Reducing Perinatal Inequities through Black Feminism and Radical Imagination

Join Dr. Lauren Arrington as she delves into the shortcomings of traditional racial equity quality improvement initiatives. This interactive webinar will explore the benefits of applying a Black Feminist and Radical Imagination lens to perinatal care. Participants will reflect on a perinatal health inequity they want to address and develop a “possibility question” and one change idea to apply to their work as community organizers, birth workers, advocates, educators or researchers.

[Register here](#)

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## Previous Newsletters

Due to a syncing error, some contacts may not have received the April IDPQC Newsletter. If you didn't receive the April edition, or would like to read it again, you can find a link on the [News and Events section of the IDPQC website](#).

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## Follow Us

Follow the IDPQC Activity Summary Basecamp Page to learn more about the development process of the PQC [here](#). For more information about the IDPQC, visit [idahopqc.org](http://idahopqc.org).



*This project was supported by CFDA 93.994 from the Health Resources and Services Administration. Its contents are solely the responsibility of the authors and do not necessarily represent the official views of the Idaho Department of Health and Welfare or the Health Resources and Services Administration.*

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