

# Idaho Perinatal Quality Collaborative News

The Idaho Perinatal Quality Collaborative (IDPQC) works to promote evidence-based best practices in perinatal and neonatal care, reduce disparities, and improve the overall health and well-being of families. Together, we can achieve our goal of providing equitable, compassionate, and effective care to all who need it.



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## September 2024

### Save the Date: IDPQC 2025 Annual Summit

**When:** May 30, 2024

**Where:** Boise State University, Boise, ID

Registration information coming soon!



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## September Is National Suicide Prevention Month



During the month of September, mental health advocates, prevention organizations, survivors, allies, and community members unite to promote suicide prevention awareness.

#### Resource for Patients:

- [National Maternal Mental Health Hotline:](https://www.hrsa.gov/maternal-mental-health)  
[1-833-TLC-MAMA](tel:1833TLCMAMA)

#### Resources for Health Care Professionals:

- American Foundation for Suicide Prevention:  
[Suicide Prevention in the Health Care Workforce](https://www.afsp.org/health-care-professionals)
  - American Hospital Association:  
[Suicide Prevention Guide for Health Care Professionals](https://www.aha.org/health-care-professionals)
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## Resource: Perinatal Mental Health Training Database

The [Maternal Mental Health Leadership Alliance](#) (MMHLA) recently announced the launch of its new [Perinatal Mental Health Training Database](#). The database offers over 160 trainings on various topics, allowing users to filter by topic, profession, duration, continuing education credits, and more. This centralized, searchable platform addresses the immediate need for accessible perinatal mental health training. MMHLA aims to integrate perinatal mental health education into existing curricula and training programs for all professionals supporting pregnant and postpartum individuals to enhance their knowledge of perinatal mental health conditions. Learn more about the database [on their webpage](#).

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## Opportunity: Step Up Together Drill Kits

Primary Maternity Care will be offering a free educational opportunity that equips perinatal health care providers to plan, conduct and debrief interprofessional drills for community-based perinatal emergencies that require hospital transfers. The program, "Step Up Together: Focused Action Cycle," is the gold-standard training for perinatal emergency transfers. CME and CNE credits are available with participation.

What's included in Step Up Together: Focused Action Cycle:

- Drill implementation toolkit
- Group coaching to run your own drill any time before December 10
- Community debrief with facilities that conducted the same drill

Learn more and register here: [Focused Action Cycle - Step Up Together](#)

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## Follow Us

Follow the IDPQC Activity Summary Basecamp Page to learn more about the development process of the PQC [here](#). For more information about the IDPQC, visit [idahopqc.org](http://idahopqc.org).

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