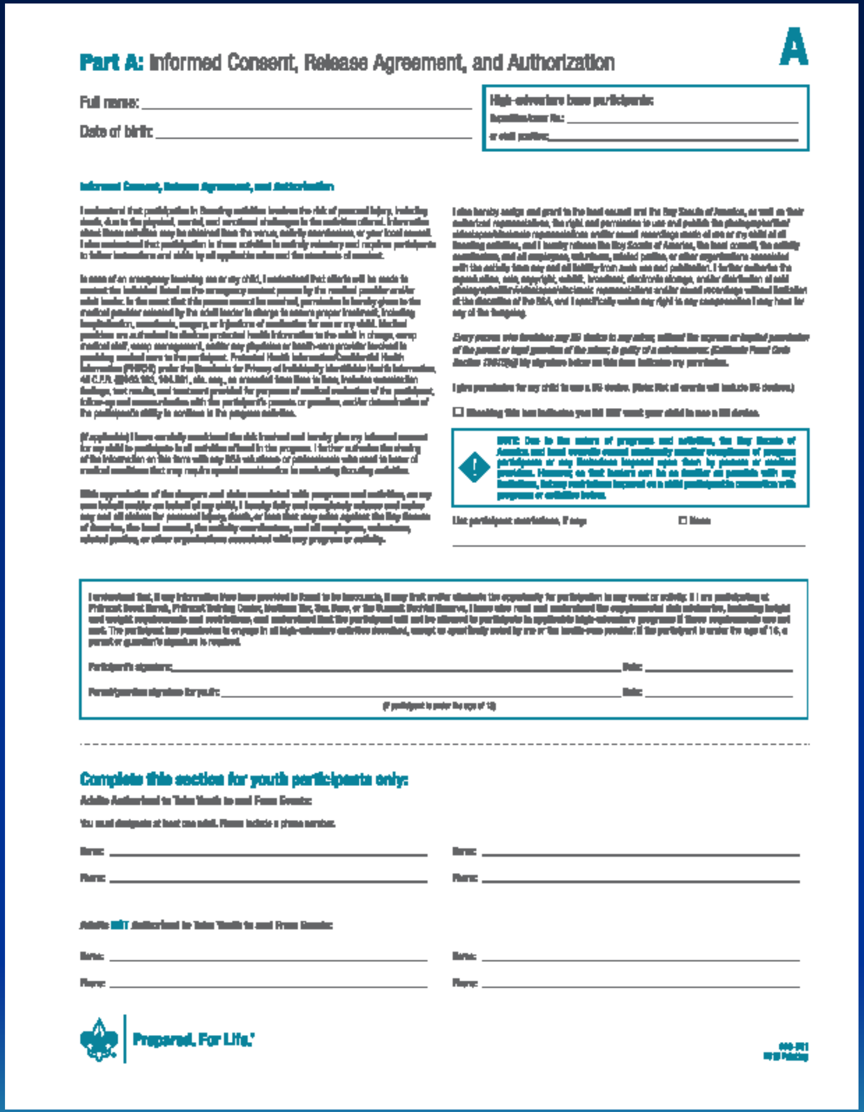
BSA Health/Medical Record
WFA Requirements
COVID Mitigation @Philmont

NCAC HAC Training Session I
November 20, 2022
John Blackwell

BSA Health & Medical Record

- Must use Current (2019) Edition for Philmont HA Base
  - https://www.philmontscoutranch.org/philmonttreks/healthform/
- 4 Parts:
  - A (Consent, 1 pg)
  - B (Health History, 2 pg)
  - C (Physical Exam, 1 pg)
  - Risk Advisory (2 pg, give to examiner)
- Must be dated w/in 12 mo of trek, signed by examiner



A

Part A: Informed Consent, Release Agreement, and Authorization

Full name: ______________________

Date of birth: ______________________

Complete this section for youth participants only:

Adults Authorized to Take Youth to and From Events:

Name: ______________________ Name: ______________________

Phone: ______________________ Phone: ______________________

Adults NOT Authorized to Take Youth to and From Events:

Name: ______________________ Name: ______________________

Phone: ______________________ Phone: ______________________

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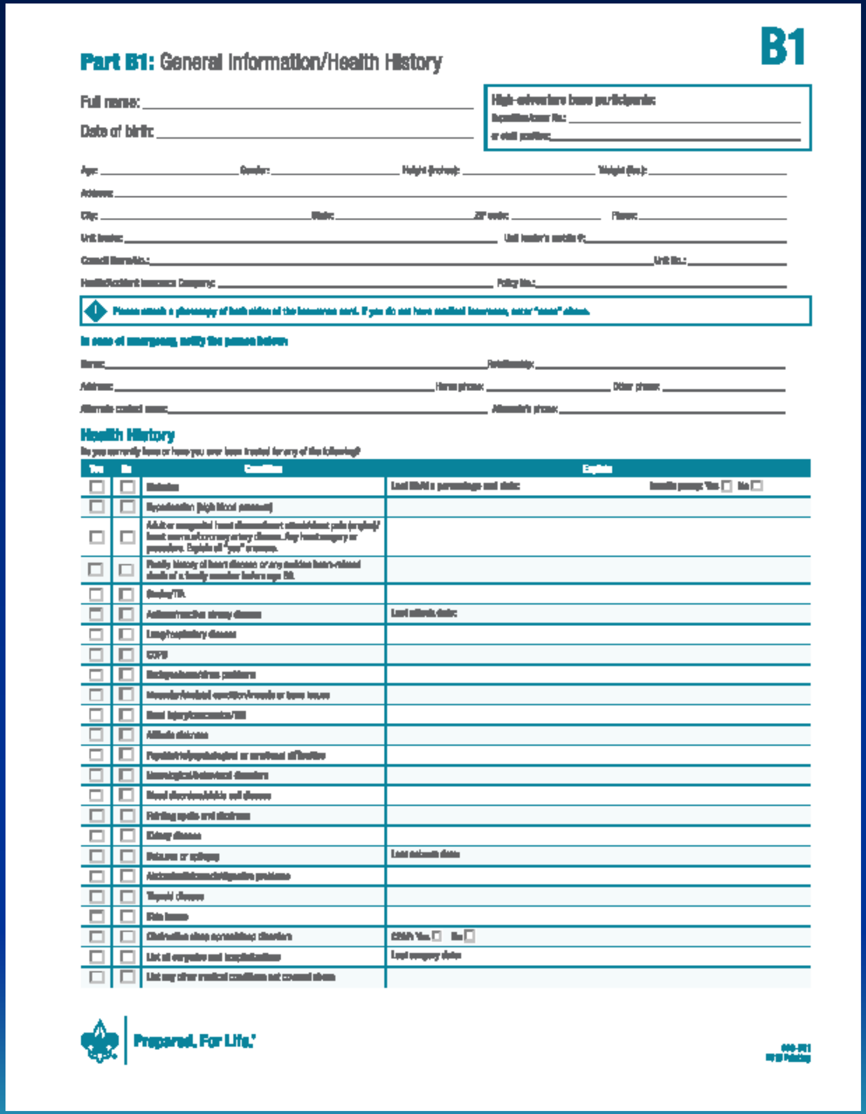

B1

Part B1: General Information/Health History

Full name: ______

Date of birth: ______

High-adventure base participants:

Health History

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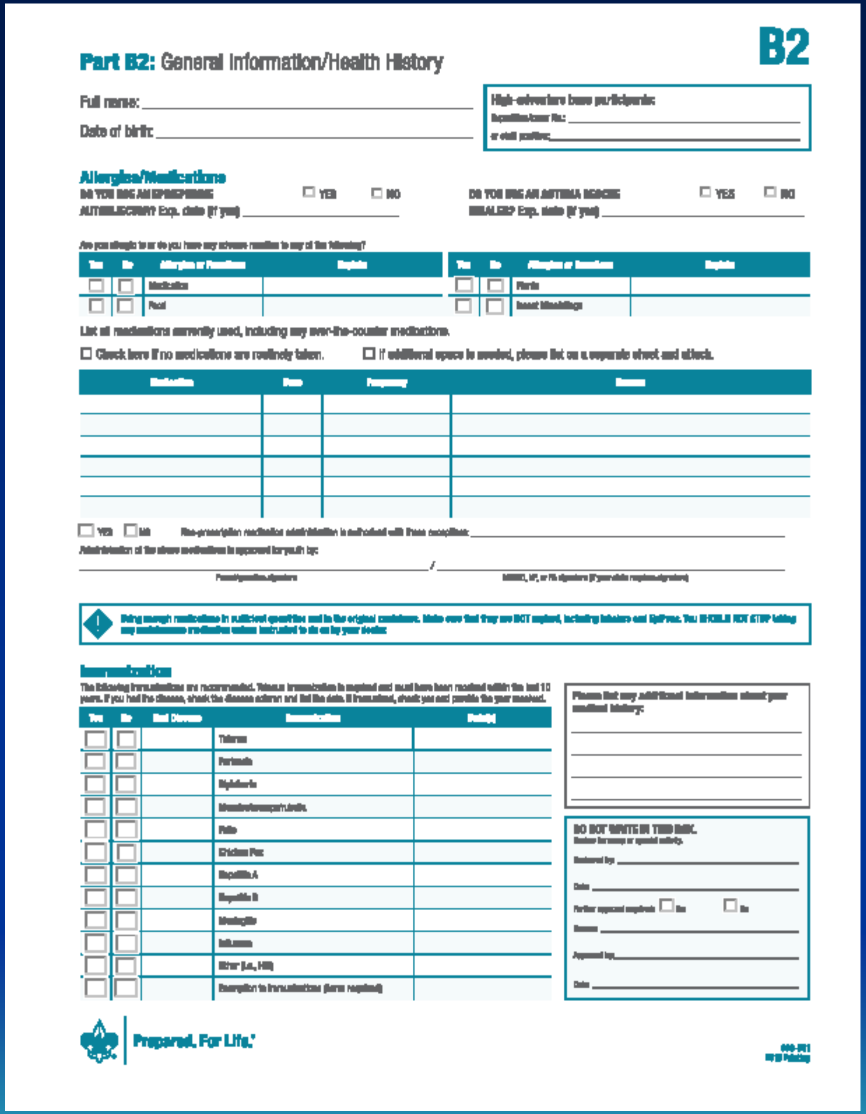

B2

Part B2: General Information/Health History

Full name: ______

Date of birth: ______

High-adventure base participants:

Allergies/Medications

List all medications currently used, including any over-the-counter medications.

☐ Check here if no medications are routinely taken. ☐ If additional space is needed, please list on a separate sheet and attach.

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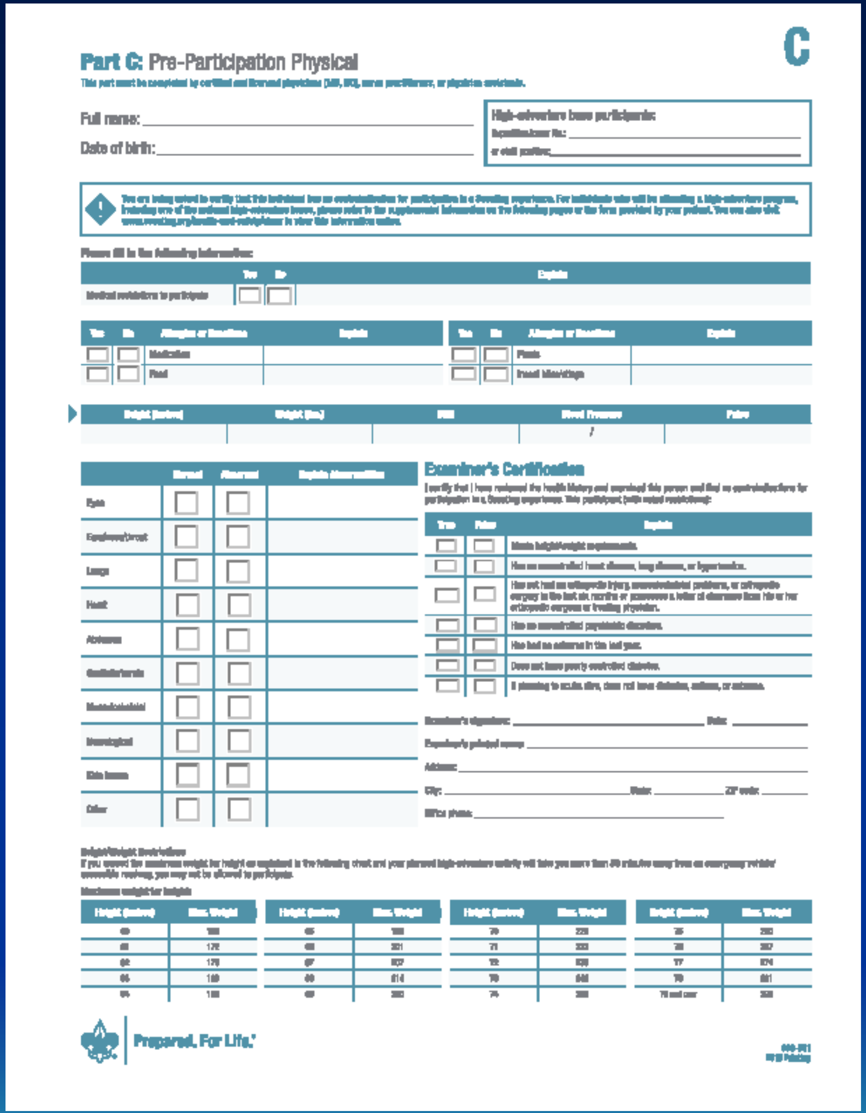
PHILMONT SCOUT RANCH
Cimarron, New Mexico



C

Part C: Pre-Participation Physical

Full name:

Date of birth:

Examiner's Certification

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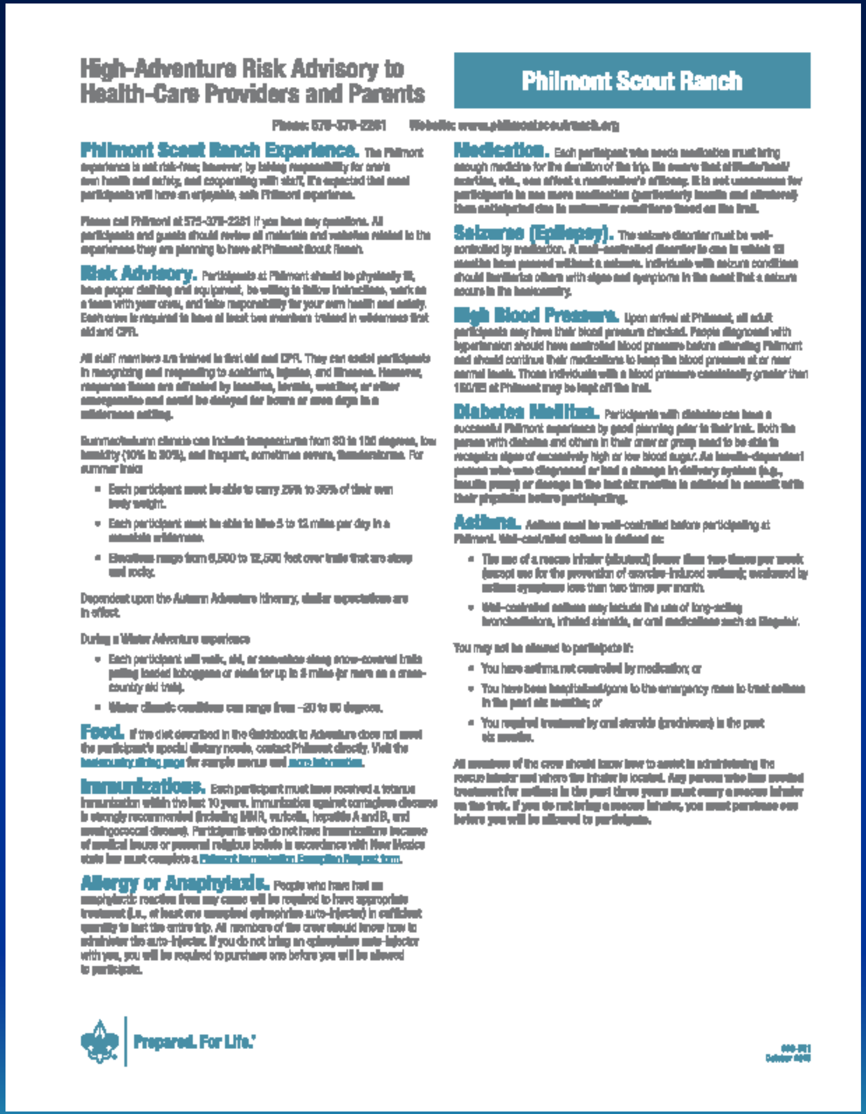

High-Adventure Risk Advisory to Health-Care Providers and Parents

Philmont Scout Ranch

Philmont Scout Ranch Experience.

Risk Advisory.

Food.

Immunizations.

Allergy or Anaphylaxis.

Medication.

Seizures (Epilepsy).

High Blood Pressure.

Diabetes Mellitus.

Asthma.

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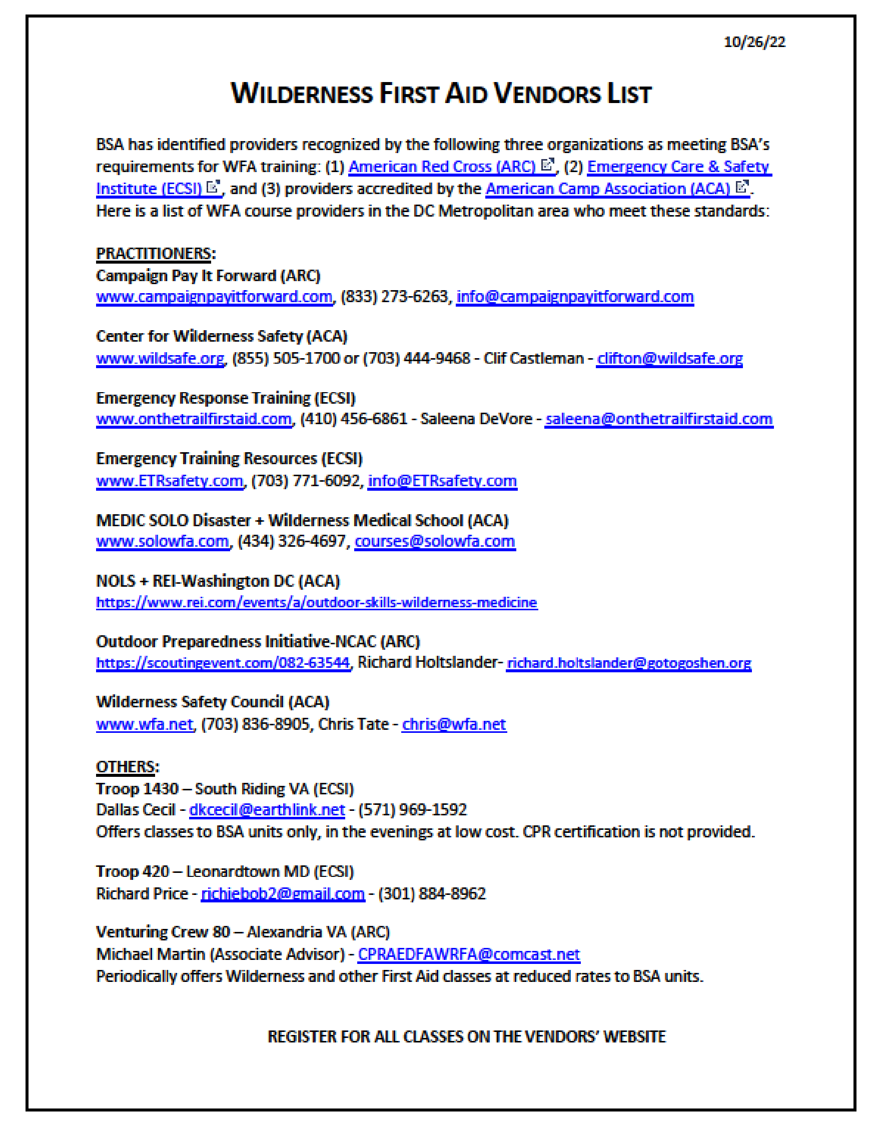
Wilderness First Aid (WFA) Requirements

- 16-hour BSA approved course (e.g., ARC, ECSI)
  - Usually run over a weekend
  - See DC Metro area providers handout
- Current CPR certification required for WFA
  - Often run in conjunction with WFA course (Fri or Sat)
  - Separate fee
- PHILMONT requires TWO (2) crew members
  - Consider one adult and one Scout
- Plenty of courses offered but do NOT wait until June!

PHILMONT
SCOUT RANCH
Cimarron, New Mexico



10/26/22

WILDERNESS FIRST AID VENDORS LIST

BSA has identified providers recognized by the following three organizations as meeting BSA's requirements for WFA training: (1) American Red Cross (ARC), (2) Emergency Care & Safety Institute (ECSI), and (3) providers accredited by the American Camp Association (ACA). Here is a list of WFA course providers in the DC Metropolitan area who meet these standards:

PRACTITIONERS:

Campaign Pay It Forward (ARC)
www.campaignpayitforward.com, (833) 273-6263, info@campaignpayitforward.com

Center for Wilderness Safety (ACA)
www.wildsafe.org, (855) 505-1700 or (703) 444-9468 - Clif Castleman - clifton@wildsafe.org

Emergency Response Training (ECSI)
www.onthetrailfirstaid.com, (410) 456-6861 - Saleena DeVore - saleena@onthetrailfirstaid.com

Emergency Training Resources (ECSI)
www.ETRsafety.com, (703) 771-6092, info@ETRsafety.com

MEDIC SOLO Disaster + Wilderness Medical School (ACA)
www.solowfa.com, (434) 326-4697, courses@solowfa.com

NOLS + REI-Washington DC (ACA)
https://www.rei.com/events/a/outdoor-skills-wilderness-medicine

Outdoor Preparedness Initiative-NCAC (ARC)
https://scoutingevent.com/082-63544, Richard Holtslander- richard.holtslander@gotogoshen.org

Wilderness Safety Council (ACA)
www.wfa.net, (703) 836-8905, Chris Tate - chris@wfa.net

OTHERS:

Troop 1430 – South Riding VA (ECSI)
Dallas Cecil - dkcecil@earthlink.net - (571) 969-1592
Offers classes to BSA units only, in the evenings at low cost. CPR certification is not provided.

Troop 420 – Leonardtown MD (ECSI)
Richard Price - richiebob2@gmail.com - (301) 884-8962

Venturing Crew 80 – Alexandria VA (ARC)
Michael Martin (Associate Advisor) - CPRAEDFAWRFA@comcast.net
Periodically offers Wilderness and other First Aid classes at reduced rates to BSA units.

REGISTER FOR ALL CLASSES ON THE VENDORS' WEBSITE

COVID Mitigation @Philmont

- **Mitigation Procedures Remain from 2022**
  - Complete Vax or Neg Test w/in 3-7 days
  - Masking, social distancing & cohort guidance
  - Contact tracing
- **3 Forms Req'd:**
  - Pre-Screening
  - Consent
  - Code of Conduct
- **Lead Advisor:** Check w/Philmont for Updates

HINTS on FORMS

- PHILMONT GATEWAY
  - Crew online “Portal” – completed by Lead Advisor
  - Enter crew roster, upload Health/Medical Record & training dates
- BRING HARD COPIES to PHILMONT
  - Health/Medical Records including copy of insurance card
  - All WFA, CPR and other training cert’s
- ALL SHOULD HAVE CURRENT H/MR FOR HIKES
  - Give to Lead Advisor NOW for review, discussion of concerns