

# AROGA® ESSENTIALS SET

WELLNESS BEGINS WITHIN®



Aroga's Essential Set, consisting of Aroga Essentials Aloe, MultiVitamin and B-Complex, provides a combination of nutrients that work in concert to promote optimal health and quality of life. Aloe supports cell-to-cell communication, optimal immune function, and general good health. Aroga's MultiVitamin helps fill in much of the nutrient gap common in today's modern diet by providing all 13 vitamins and an assortment of minerals, from the best sources in the world, that are necessary for optimal health. B-Complex provides an additional source of all eight B vitamins, which studies have shown tend to be inadequate in a large percentage of people in the US.

Aroga's Aloe contains the broad range of poly-acetylated mannans, also known as acemannan, as found in Nature. Providing acemannan in the full range of molecular weights assures that the body has the size acemannan molecule it needs for any particular job, including immune modulation, tissue damage repair, cell-to-cell communication, proper apoptosis, and others.

Vitamins are nutrients that are needed for normal cell function, growth, and development. The fat-soluble vitamins (A, D, E, and K) can be stored in the liver, muscles, and fatty tissues. Water-soluble vitamins (C and all the B vitamins) are not stored, but are cleared from the body in urine, and need to be replaced daily. Vitamins serve a myriad of purposes, from development and growth of various cells and tissues to playing roles in metabolic processes throughout the body, supporting proper immune functioning, making new DNA, and many others.

Because water-soluble vitamins are not stored in the body, B vitamin inadequacy is not at all rare. Although not considered "deficient," B vitamin "inadequacy," defined as nutrient intake less than that needed for optimal health, is common in the US.

Signs of inadequate vitamin B levels can include fatigue, poor memory, loss of appetite, constipation, weakness, susceptibility to infections, and many others.



One Time \$182.50	RV: 171 CV: 171
Monthly \$146.00	RV: 137 CV: 137

**CALL US : 800-930-0175**

Aroga, Ltd. Customer Service is available from 9AM to 5PM Central Time. If you call outside our office hours, please leave a message and our staff will help you out at first availability.



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MANUFACTURED IN  
**TEXAS**

**AROGA®**

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