



BREAD

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THIS JOURNAL BELONGS TO:

Introduction

Have you ever seen a homemade quilt? A quilt is a special kind of blanket with a picture on it, made up of small scraps of fabric sewn together. Each scrap of fabric might look funny and totally different from the others. I bet if you saw them in a pile you'd think, no way these go together! But when the scraps are sewn together in the right way, they create a big, beautiful, colorful blanket. Sometimes a quilt's fabric is arranged to look like a house, or a dog, or stars. All those little pieces come together to make one big, amazing picture.

The Bible is just like a quilt—it's one big story, made up of a bunch of little stories. When you put the stories together, they all point to the big picture: a story about Jesus.

We are on a lifelong adventure to be with Jesus, become like Jesus, and do what Jesus did. How exciting is that? One of the best ways to start that adventure is to learn more about who Jesus is by reading the Bible.

Let's think about our giant quilt again. A quilt's fabric scraps have all kinds of patterns and feels to them—maybe one is a fuzzy flannel, another a soft bit of an old baby shirt, or a scrap from a pillowcase. The Bible's books are all different too: some are history stories about kings, some are adventures, like God's people escaping Egypt. Some books are letters, like the one Paul sent the Romans. And some books, like Psalms, are full of poems and songs.

In this book, you'll find stories from the New Testament that talk about Jesus' life on earth and the lives of His followers. There are also Psalms, which are more like poems or songs. Jesus loved the Psalms and used them a lot in His teaching.

Each week, you'll discover the next patch of quilt. And at the end of the year, you'll have a better view of the beautiful big picture of God revealed through scripture.

How to Use

For each week of the year, this book has a passage of scripture (or square from the quilt) for you to read then reflect on, and space for you to draw or write your thoughts and feelings about what you read.

We picked passages for each week in a particular way to match what your grown up is reading in their BREAD devotional. These passages come together to form the big beautiful story of God through the life of Jesus—just like the fabric scraps come together to make the picture on a quilt.

So, why is this book called BREAD? The letters in the word BREAD guide and help us learn how to read the Bible. Each week, give these steps a try:

BE STILL: Sit somewhere quiet. Let your body calm down and take a few deep breaths. Pray and ask the Holy Spirit to guide you as you read the scripture.

READ: Read through the passage for the week. Read it a second time, but more slowly. Notice what stands out to you.

EXPLORE: Think about the things that stood out to you in the passage of scripture. Are there any emotions or experiences you can relate to? Maybe write or draw pictures about what you read and what you noticed.

ACTION: Next, write or draw anything you feel that God might want you to do or remember, based on what you read.

DECIDE: End by saying or writing a prayer to God. You can tell Him how you've decided to live because of what you read today.

JAN 1 - 7

Matthew 1:18-25

An Angel Appears to Joseph

Write

Draw

JAN 8 - 14

Our Father

Matthew 6:5-15

Write

Draw

JAN 15-21

The Lord is my rock

Psalm 18:1-3

Write

Draw

JAN 22-28

Matthew 15:32-38

Jesus Feeds Four Thousand

Write

Draw

JAN 29- FEB 4

Matthew 22:34-40

The Greatest Commandment

Write

Draw

FEB 5 - 11

The Earth is Full

Psalm 33:4-5

Write

Draw

FEB 12 - 18

Matthew 27:45-56

Jesus Died on the Cross

Write

Draw

FEB 19 - 25

Mark 2: 1-12

Jesus Heals a Paralyzed Man

Write

Draw

FEB 26- MAR

Psalm 55:22

Cast your cares on Jesus

Write

Draw

MAR 5 - 11

Jesus Blesses Little Children

Mark 10:13-16

Write

Draw

MAR 12 - 18

Mark 14: 3-9

A Woman Anoints Jesus with Perfume

Write

Draw

MAR 19 - 25

Our God is Great

Psalm 77:13-19

Write

Draw

MAR 26 -

Jesus Eats with Sinners

Luke 5:31-32

Write

Draw

APRIL 2 - 8

A Tree and it's Fruit

Luke 6:43-45

Write

Draw

APRIL 9 - 14

Psalm 91:1-2

I Trust God

Write

Draw

APRIL 15 - 21

Luke 18:15-17

The Little Children and Jesus

Write

Draw

APRIL 22 - 28

Luke 21:1-4

The Widow's Offering

Write

Draw

APRIL 29 - MAY 5

Psalm 113

Who is like the Lord?

Write

Draw

MAY 6 - 12

Eternal Life

John 3:16

Write

Draw

MAY 13 - 19

Jesus Feeds the Five Thousand

John 6

Write

Draw

MAY 20 - 26

Your Word is a Lamp

Psalm 119:105

Write

Draw

MAY 27 -

John 13: 1-17

Jesus Washes His Disciples Feet

Write

Draw

JUNE 3-9

Jesus the Way to the Father

John 14: 5-14

Write

Draw

JUNE 10 - 16

Psalm 130: 1-6

Hear my Voice

Write

Draw

JUNE 17 - 23

The Apostles Heal Many

Acts 5: 12-16

Write

Draw

JUNE 24 - 30

Psalm 145

I will Praise Your Name Forever

Write

Draw

JULY 1 - 7

Acts 12: 6-16

Peter's Miraculous Escape From

Write

Draw

JULY 8 - 14

Psalm 8

How Majestic is Your Name

Write

Draw

JULY 15 - 21

The Gospel of Grace

Acts 20:24

Write

Draw

JULY 22 - 27

The Lord is my Shepherd

Psalm 23

Write

Draw

JULY 28 - AUG

Romans 5: 1-5

Endurance, Character, and Hope

Write

Draw

AUG 11 - 17

Trust in Him

Psalm 37:5-6

Write

Draw

AUG 18 - 24

The Mind of Christ

1 Corinthians 2:16

Write

Draw

AUG 25 -

Psalm 55:22

Cast your burden on the Lord

Write

Draw

SEPT 2-8

1 Corinthians 12:12-

Unity and Diversity in the Body

Write

Draw

SEPT 9-15

2 Corinthians 5:17-

Be Reconciled to God

Write

Draw

SEPT 16-22

Psalm 71:1-4

God My Refuge

Write

Draw

SEPT 23-29

Galatians 4:26-29

Children of God

Write

Draw

SEPT 30 -

The Armor of God

Ephesians 6

Write

Draw

OCT 7 - 13

The Lord Reigns

Psalm 93

Write

Draw

OCT 14-20

Gratitude Prayer

1 Thessalonians

Write

Draw

OCT 21-27

Set an Example

1 Timothy 4:11-12

Write

Draw

OCT 28- NOV

Psalm 108:1-5

I Will Sing

Write

Draw

NOV 4-10

Jesus the Great High Priest

Hebrews 4:14-16

Write

Draw

NOV 11-17

Persevere in Faith

Hebrews 10:10-25

Write

Draw

NOV 18-24

Psalm 119:73-80

You Made Me

Write

Draw

NOV 25 - DEC

1 Peter 1:13-16

Be Holy

Write

Draw

Write

Draw

DEC 9-15

I am Blessed

Psalm 128

Write

Draw

DEC 16-22

The Throne

Revelation 7:9-12

Write

Draw

Praise God

Write

Draw

