**Local Foods, Healthy Kids Learning Collaborative**

**Learning Session 5: Serving Local Foods and Family Engagement Agenda**

The agenda below is based on the “Sections” included in Learning Session 5: Serving Local Foods and Family Engagement. The purpose of this Learning Session is to check-in on progress made during Action Period 2, to provide information and resources on ways to consider incorporating local foods into the full meal time environment, and to explore opportunities for family engagement in local food activities.

Objectives for this Learning Session are to:

* Check-in on Action Period 2 progress.
* Review approaches to serving Local Foods, including Family Style Dining.
* Share Family Engagement ideas

|  |  |
| --- | --- |
| **Training Component/Content** | **Estimated Time (60 minutes)** |
| Welcome and Introductions   * Agenda * Group Norms * Icebreaker * Learning Objectives | ~5 minutes |
| Action Period Check In   * Action Period 2 Task Review * TA Group Discussion (split into small groups when possible) | 10 minutes |
| Serving Local Foods   * Creating a Positive Mealtime Environment * Recommended Local Food Practices that Impact Mealtime Environments * Meal Service Approaches * Local Food Conversation Starters * Family Style Dining Resources | 15 minutes |
| Mindfulness Break | 5 minutes |
| Family Engagement   * Discussion Prompt: How have you engaged families in Farm to ECE? What has worked well? What barriers have you faced? * Why Family Engagement? * Meeting Families Where They Are * Celebrate Local Foods in Cultures and Traditions * Communicating with Families | 15 minutes |
| Reflection: What challenges are you facing with integrating local foods into your program right now? | 5 minutes |
| Action Period Reminders   * Storyboards | 3 minutes |
| Resources and Next Steps   * Resources * Next Steps * Key Dates * Questions * Coach Information | 2 minutes |