



## 2025 Midwestern & Pacific Coast Sectional High School Final

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Hosted by the Skating Council of Illinois

Robert Crown Community Center

1801 Main Street, Evanston, Illinois

### **SECTIONAL HIGH SCHOOL FINALS:**

U.S. Figure Skating's High School Programs Subcommittee is excited to facilitate the Midwestern and Pacific Coast Sectional High School Finals in conjunction with Skating Council of Illinois. This competition will be following the event guidelines outlined in the [2024-2025 High School Skating Handbook](#).

### **I. COMPETITION OVERVIEW**

The 2025 Midwestern & Pacific Coast Sectional High School Final will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the [current rulebook](#), and current Compete USA handbook, and the most recent version of the [High School Skating Handbook](#), as well as any pertinent updates that have been posted on the U.S. Figure Skating [website](#).

### **ELIGIBILITY & TEAM FORMATION**

Athletes must be eligible members in good standing of U.S. Figure Skating or Learn to Skate USA® and may be members of the figure skating club of their choice or be individual members of U.S. Figure Skating.

All skaters participating in this competition must be part of a U.S. Figure Skating high school figure skating team. Teams must be currently registered with U.S. Figure Skating for the 2024-2025 competitive season.

All skaters must be enrolled as a full-time student as defined by the institution that they attend, grades 9-12, as per state guidelines. This includes both traditional and homeschooled students.

A minimum of two (2) skaters are required to form a team. Team members may include skaters of any gender. Skaters do not have to be at the same test level.

Athletes may compete either for the high school they are attending, or as a high school collaborative, defined as follows:

- Athletes from a single school, representing that school, OR
- Athletes representing two or more area high schools combining to form a team.

Teams are not required to send all team members to compete at this event. Teams may send as many athletes as they wish to compete and represent the team.

NOTE: Competitors may not represent more than ONE high school skating team at one time.

### **HIGH SCHOOL SKATING TEAM MEMBERSHIP**

All High School Skating Teams participating in high school competitions must register with U.S. Figure Skating on the Members Only website. This will include creating a team roster to include all skaters on your team and paying the annual team dues of \$50.

All teams must have at least one Team Manager who is 18 years or older, must have a current U.S. Figure Skating membership and be fully compliant. Team coaches are not required in order to form a team. However, if a team chooses to have a team coach, this person may also serve as the team manager.

For detailed instructions on how to create your team, please refer to the [Steps to Register/Renew Your High School Team](#).

## **II. ELIGIBILITY**

### **TEAM ELIGIBILITY**

All teams must be eligible, registered teams, as defined in Section 1 of this announcement. Each team may enter a maximum of 30 starts per competition and each skater may enter up to 6 events. Not all skaters on the team's roster must be assigned to an event. Unassigned skaters may be used for substitutions.

Skaters may compete in up to one short program, one free skate, one pattern dance, one free dance, one individual Showcase event, one duet *or* one trio event, and one Team Maneuvers event. Athletes are not permitted to enter multiple levels of the same event at this competition (example: A skater cannot enter both Preliminary Pattern Dance and Pre-Bronze Pattern Dance).

## **TEST LEVEL ELIGIBILITY**

### **Singles: Excel and Well-Balanced Events:**

- Skaters must meet at least the minimum singles test requirements for the event's level. A skater's singles test level may be higher than the minimum requirement.
  - o Skate Up: skaters may skate up one level higher than their minimum test requirement allows.
- Skaters may not register for an event level lower than allowed by their competitive floor. An athlete's competitive floor is set by one of the following scenarios:
  - o If an athlete has a paid EMS series application for the NQS series, the event level registered for in the most recent NQS will become the lowest level they may compete at in any U.S. Figure Skating sanctioned event.
  - o If an athlete has a paid EMS series application for the Excel Series, the event level registered for in the most recent Excel series will become the lowest level they may compete in any Excel event. For Well-Balanced and Specialty events the skater will be permitted to register at one level lower than the "floor" set by their excel series entry.
  - o If an athlete has never had a paid EMS series application in the NQS or Excel series, the athlete may select their level based on their goals and technical skills as long as the minimum test requirements are met.
- Skaters are not permitted to enter an Excel free skate and a Well-Balanced free skate event at the same competition (example: Juvenile Girls Free Skate and Juvenile Girls Excel Free Skate). However, they are permitted to enter an Excel and a Well-Balanced event of different types such as a short program (if stand-alone event option), specialty or showcase events (example: Intermediate Women Short Program and Intermediate Women Excel Free Skate).
- For more details about establishing event levels, refer to the information sheet [HERE](#) or email [events@usfigureskating.org](mailto:events@usfigureskating.org).

### **All other singles and partner events (such as Showcase and Solo Dance):**

- Skaters must meet the minimum test requirements for the events level, but not exceed the maximum permissible test requirement.

### **Team Maneuver Events:**

- Athletes may compete at their test level or any higher level, as described in the team maneuver event requirements.

## **EVENTS OFFERED:**

Program requirements for the events listed below can be found here: [usfigureskating.org](https://usfigureskating.org) – [Skate – Compete – Program Requirements](#)

- **Compete USA Program Requirements:** [learntoskateusa.com/competesa](https://learntoskateusa.com/competesa)

<b>SINGLES</b>	<b>JUDGING</b>	<b>1<sup>st</sup> Event Price</b>	<b>Additional Event Price</b>
Well Balanced Short Program (Juvenile-Senior)	6.0	\$130	\$50
Well Balanced Free Skate (Junior and Senior)	6.0	\$130	\$50
Excel Free Skate (Pre-Preliminary – Senior)	6.0	\$130	\$50
<b>COMPETE USA EVENTS</b>		<b>1<sup>st</sup> Event Price</b>	<b>Additional Event Price</b>
Aspire 1-4 Program w/ Music	6.0	\$130	\$50
<b>SHOWCASE</b>	<b>JUDGING</b>	<b>1<sup>st</sup> Event Price</b>	<b>Additional Event Price</b>
Emotional Performance (Preliminary – Senior)	CJS	\$130	\$50
Character Performance (Preliminary – Senior)	CJS	\$130	\$50
Duet or Trio (Preliminary – Senior)	CJS	\$130	
Adaptive Individual Showcase	CJS	\$130	\$50
<b>SOLO DANCE</b>	<b>JUDGING</b>	<b>1<sup>st</sup> Event Price</b>	<b>Additional Event Price</b>
Solo Pattern Dance (Preliminary-International)	6.0	\$130	\$50
Solo Free Dance (Juvenile-Senior)	6.0	\$130	\$50
<b>ADAPTIVE</b>	<b>JUDGING</b>	<b>1<sup>st</sup> Event Price</b>	<b>Additional Event Price</b>
Adaptive Skating (Levels 2-12)	6.0	\$130	\$50
<b>HIGH SCHOOL TEAM MANEUVERS</b>	<b>JUDGING</b>	<b>1<sup>st</sup> Event Price</b>	<b>Additional Event Price</b>
Beginner Team Maneuvers	6.0	\$150	
Low Team Maneuvers	6.0	\$150	
Intermediate Team Maneuvers	6.0	\$150	
High Team Maneuvers	6.0	\$150	

A \$10 Administrative fee will be added to each entry.

**Solo Pattern Dance:**

We will follow the [Solo Pattern Dance Rotation](#) for non-qualifying competitions. We will provide the standard pattern dance music for the pattern dance events. Only free dance music will need to be uploaded to EntryEeze.

The dances for each level are as follows:

**Preliminary:** Dutch Waltz and Rhythm Blues – 3 patterns

**Pre-Bronze:** Fiesta Tango – 3 Patterns

Swing Dance – 2 patterns skating the follow steps

**Bronze:** Ten Fox – 3 patterns skating the follow steps

Hickory Hoedown – 3 patterns skating the follow steps

**Pre-Silver:** Foxtrot – 3 patterns skating the follow steps

Fourteen Step – 4 patterns skating the follow steps

**Silver:** Rocker Foxtrot – 2 sequences. Sequence 1 follow steps. Sequence 2 lead steps (P. 16)

American Waltz – 2 sequences skating the follow steps

**Pre Gold:** Paso Doble – 3 sequences. Pattern 1 follow steps. Pattern 2 lead steps. Pattern 3 follow steps. (Page 17)

Starlight Waltz: 2 sequences. Pattern 1 follow steps. Pattern 2 lead steps. (P. 20)

**Gold:** Westminster Waltz – 2 sequences. Pattern 1 follow steps. Pattern 2 lead steps (Page 21)

Quickstep – 2 patterns

Reference the 2025 Solo Dance Series Handbook Appendix A Pattern Dance Reference Material  
This document can be found in the USFS Website under Rules/Resources.

### **OUR COMMUNITY:**

U.S. Figure Skating is dedicated to fostering a culture of belonging and community that is welcoming for all individuals. We are committed to championing diversity, equity and inclusion and understand its value in combating discrimination and challenging inequalities necessary to develop champions both on and off the ice. We are actively working toward developing equitable practices and policies that foster safety and empower all individuals to authentically pursue their unique path in all areas of our sport. We stand firmly on the belief that our members are the most important asset to our organization and that our differences are meaningful and strengthen our sport. We believe that skating is for everyone.

### **NON-DISCRIMINATION:**

U.S. Figure Skating commits in policy, principle and practice to sustain a non-discriminatory approach on and off the ice for all members. We strive to provide equal opportunity for all despite their varied backgrounds, experiences and identities, and want all members to feel valued and respected at every level of organization. U.S. Figure Skating's SkateSafe® Program receives, investigates and addresses allegations of discrimination or harassment throughout its membership and the organization. Please refer to the [SkateSafe® Program Handbook](#) for further definition of harassment, discrimination and abuse.

By attending this event, all participants are willingly committing to upholding U.S. Figure Skating's Code of Ethics (*GR 1.01*) and Code of Conduct (*GR 1.02*), as detailed within the [U.S. Figure Skating Rulebook](#).

To report a concern of discrimination or harassment to U.S. Figure Skating, please visit [www.USFigureSkating.org/SkateSafe](http://www.USFigureSkating.org/SkateSafe) or email [SkateSafe@USFigureSkating.org](mailto:SkateSafe@USFigureSkating.org).

### **COMPLIANCE: COACHES**

Coaches assigned on Members Only must complete all applicable compliance requirements. Details regarding Coach compliance requirements can be found [HERE](#).

### **COMPLIANCE: MANDATORY ATHLETES**

Teams that are composed of both Minor Athletes and Adult Participants (skaters over the age of 18) are required to complete an extra step for compliance. Athletes aged 18+ as of the competition start date who will be competing on a team with at least one Minor Athlete must complete SafeSport™ Training. \*

Minor athletes who turn 18 mid-season are encouraged to seek parental consent to take the online SafeSport™ Training early to avoid any disruptions in their ability to participate as the training is required upon turning 18. The athlete will not be compliant until they have completed the training and their Members Only portal reflects completion. Please email [skatesafe@usfigureskating.org](mailto:skatesafe@usfigureskating.org) for instructions or questions regarding parental consent.

All skaters on the team roster are required to complete the mandatory waivers, medical registry, and emergency contact information.

### **COMPLIANCE: TEAM SERVICE PERSONNEL**

Teams are permitted a maximum of two team service personnel. Team service personnel must have a current U.S. Figure Skating membership, a green lighted background check and completed SafeSport™ Training. All compliance requirements must be met at the time of check-in to access the competition, no exceptions. Team service personnel is defined as those indicated as a team manager and/or team service personnel planning to attend the competition with the team.

## **III. REGISTRATION INFORMATION**

Registration for this competition will be done on Entryeeze. - The registration deadline is Friday, February 23rd . Entries will be accepted via Entryeeze by credit card only. All late registrations are at the discretion of the LOC and a \$50 late fee will apply.

#### **To register:**

1. Go to 2024 Midwest/Pacific Coast Sectional High School Final Home ([entryeeze.com](http://entryeeze.com))
2. Select Illinois.
3. Choose Midwestern and Pacific Coast Sectional High School Competition, from the list of active competitions.

**REGISTRATION EARLY CLOSING:** Please note that the LOC reserves the right to close registration early due to ice availability.

**MUSIC SUBMISSION/UPLOAD:** All music must be submitted via Entryeze, by **Friday, March 1st** . There will be a \$20 late fee for all late music.

Competitors must also have available a backup copy of their competition music on a cell phone, and it must be immediately available rink side whenever the skater competes. If the phone does not have the standard round headset connector, an appropriate adapter, such as an Apple Lightning connector or Samsung USB-C adapter is required to be attached. The phone should be presented to the music person with the file ready to play, the phone in airplane mode and volume turned to maximum.

#### **REFUND POLICY**

Entry fees will not be refunded after the entry deadline unless no competition exists or the event is canceled. There will be no refunds for medical withdrawals.

#### **LIABILITY:**

U.S. Figure Skating, Learn to Skate USA®, Champlain Valley Skating Club, and Gordon H. Paquette Ice Arena accepts no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

### **IV. COMPETITION DETAILS**

#### **FACILITIES:**

Robert Crown Ice Center  
1802 Main Street, Evanston, IL 60202  
[www.cityofevanston.org](http://www.cityofevanston.org)

There are two (2) rinks. 85 x 200, and nine locker rooms.

#### **LOCKER ROOMS AND CHANGING AREAS**

##### **GENERAL LOCKER ROOMS:**

Locker rooms and changing areas at U.S. Figure Skating competitive events are for athletes only, will be labeled with regard to specific use and where identified will be gender specific. An exception can be made for Minor Athletes under 11 years old that will allow for one parent of the same sex to assist their child immediately prior to and after their skating event(s). Please review the Locker Room and Changing Area Policy and the SkateSafe Handbook (both found on the U.S. Figure Skating SkateSafe page). Locker Room signage can also be found on the SkateSafe® page under “Resources”.

##### **TEAM LOCKER ROOMS:**

The designated team Coach, Team Manager, one additional Team Service Personnel and athletes competing at the skating event are allowed in the Locker Rooms/Changing Area designated for their team. The Coach, Team Manager, and Team Service Personnel should remove themselves from the Locker Room while any Minor Athletes are actively changing or

undressing. All Locker Rooms/Changing Areas will be monitored. If any concerns arise, immediately contact the Locker Room Monitor. If there are concerns regarding this policy, an athlete should change prior to arriving at the competition. The use of any recording and photographic devices inside a Locker Room/Changing Area is strictly prohibited. Any violation of the Locker Room policy should be reported to U.S. Figure Skating using this reporting form.

### **US FIGURE SKATING TRAVEL POLICY:**

All travel must strictly adhere to Two-Deep Leadership requirements. An Adult Participant cannot transport a Minor Athlete one-on-one and Two-Deep Leadership requirements must be adhered to at all times during In-Program travel, by transporting at least two minors or a second Adult Participant. An Adult Participant cannot share a hotel room or other sleeping arrangement with a Minor Athlete(s). Full details of the SkateSafe® Travel Policy and any exceptions can be found starting on page 12 of the [SkateSafe® Handbook](#).

### **LENGTH OF COMPETITION**

If the number of entries exceeds the available ice time for the competition, the LOC chair, in conjunction with the chief referee and with approval from the national vice chair for High School Programs on the Program Development Committee and the chair of the Program Development will choose one or more of the following methods to reduce the length of the competition. The choice may be in any order:

- Eliminate the optional dance in the solo dance event.
- Reduce the number of starts per team.
- Eliminate ladies' events with only one entry. (Men's events will not be eliminated.)

### **GROUP SIZE**

No group will consist of more than 12 skaters. If more than 12 skaters are entered into one level, the skaters will be split as evenly as possible into as many groups as necessary to keep each group no larger than 12 skaters.

### **OFFICIAL WEBSITE & UPDATES:**

Please refer to the Skating Council of Illinois website, [www.skatingcouncilofillinois.org](http://www.skatingcouncilofillinois.org), for all updated information about the competition.

It is the responsibility of each competitor, parent and coach to check the website frequently for any schedule changes and/or additional information pertaining to the competition.

Results will be accessible online via a live results link from U.S. Figure Skating (6.0).



## **SCHEDULE**

Competitors may be scheduled on any day or time during the announced dates of the competition. The competition and practice ice schedule will be available after the close of entries. All participants will be notified via email once available.

It is each participating team's responsibility to review the competition schedule for accuracy within 72 hours of receipt and notify the competition chair of any errors.

## **PRACTICE ICE:**

Practice ice will be available for purchase through Entryeze. Practice ice sales will close on Friday, March 15th . The length of the session will be determined once the schedule is complete. All practice ice sessions are \$20 per session. Competitors and Teams can purchase practice ice and then the segments will be assigned by the LOC. No music will be played on practice ice.

## **ONSITE CHECK-IN:**

Check-in will open one (1) hour prior to the first practice ice session or event each day.

**If you are participating in a role requiring compliance, please be sure to [download or print your compliance card](#) to verify your compliance status on-site, if requested. If you believe your compliance card does not accurately reflect your compliance status, please contact [skatesafe@usfigureskating.org](mailto:skatesafe@usfigureskating.org) at least 2 business days prior to the competition for assistance.**

## **AWARDS:**

Medals will be awarded to places 1st through 3rd in each individual event. For Team Maneuver Events we will give each member of the team individual medals.

Team trophies will be awarded to places 1st through 4<sup>th</sup>. Points are awarded to all skaters who compete. Points will be calculated using the scoring system outlined in the 2024-2025 High School Skating Handbook.

**COMPETITORS PARTY:** We do not expect to have enough time in the schedule to accommodate a competitor's party.

**GRADUATING SENIORS:** We will be acknowledging our graduating seniors. When you register on Entryeze, please be sure to indicate if you are a graduating senior.

## **TEAM POINTS:**

Points are awarded to all skaters who compete. Junior and Senior Well-Balanced Free Skate events and International Pattern Dance earn two additional points per placement. Points

earned by skaters will be added toward each team's point total.

# of Skaters	12	11	10	9	8	7	6	5	4	3	2	1
1 <sup>st</sup>	12	12	12	12	12	12	12	10	8	6	6	6
2 <sup>nd</sup>	11	10	10	10	10	10	10	8	6	4	4	
3 <sup>rd</sup>	10	9	8	8	8	8	8	6	4	2		
4 <sup>th</sup>	9	8	7	6	6	6	6	4	2			
5 <sup>th</sup>	8	7	6	5	4	4	4	2				
6 <sup>th</sup>	7	6	5	4	3	2	2					
7 <sup>th</sup>	6	5	4	3	2	1						
8 <sup>th</sup>	5	4	3	2	1							
9 <sup>th</sup>	4	3	2	1								
10 <sup>th</sup>	3	2	1									
11 <sup>th</sup>	2	1										
12 <sup>th</sup>	1											

Team points will be calculated to determine the overall placements of each team participating in the competition.

Ties:

In the case of a tie, skaters will share available points. For example, competitors tied for 1st place in a group of ten will each earn 11 points (12 points for first plus the 10 points for second).

Withdrawals:

The number of athletes in an event will be based on competitors who actually skate at the competition.

**VOLUNTEER INFO:**

Please see the Skating Council of Illinois' website, [www.skatingcouncilofillinois.org](http://www.skatingcouncilofillinois.org) to access signup genius. We invite everyone to use signup genius to volunteer. Locker room monitors must be SkateSafe compliant. We also need medical volunteers for the entire competition.

**VOLUNTEER COMPLIANCE:**

Reminder: Compliant positions at all U.S. Figure Skating events include LOC leadership, locker room monitors and emergency medical providers .

**PHOTO:** Action Photos will be provided by KR Photogs. These will be a gift to the teams and competitors. Approximately 3 days following the competition, competitors will be emailed the link for the complimentary photos.

**ADDITIONAL INFORMATION:**

**Official hotel accommodations** – The official hotel is the Hilton in Skokie, Illinois. Please see our website for additional hotels we have a contract with for reduced rates.

**Airport information** – The closest airport to the Robert Crown Ice Arena is O’Hare International airport.

**Vendor Opportunities** – if you wish to be considered for a vendor for this competition please contact Deborah Swanson at [kramerswanson@att.net](mailto:kramerswanson@att.net).

**CONTACT INFORMATION:**

**Competition website, [www.skatingcouncilofillinois.org](http://www.skatingcouncilofillinois.org)**

For questions, please contact the following individuals:

Competition Chair	May Wiza	mayfsc@aol.com
Competition Co-Chair	Lanny Nelson	Lanny.nelson1942@gmail.com
Chief Referee	Dorothy Jamison	djamison@pasty.net
Vendor Chairperson	Deb Swanson	kramerswanson@att.net