

2024-25 INTERCOLLEGIATE Singles Short Program Requirements – This chart reflects the rules in place for the 2024-25 season, which begins March 5, 2024. These charts are only for use at the 2024-2025 Intercollegiate Competition Series. **All deviations from the standard rules are in red.** IJS references may be ignored if the event is judged under the 6.0 system.



<p>JUVENILE and OPEN JUVENILE GIRLS/BOYS 2:10 max.</p>	<p>Single or Double Axel</p>	<p>Single or Double Jump May not repeat Axel jump or jumps used in the combination</p>	<p>Jump Combination Single/Double or Double/Double May not repeat Axel jump or solo jump performed</p>	<p>Spin Only one position No change of foot May start with a fly Min. 5 revs.</p>	<p>Spin Combination With only 1 change of foot Min. 2 different basic positions. Must have all 3 basic positions to receive full value. No flying entry Min. 5 revs. each foot Min. 2 revs in pos.</p>	<p><u>Leveled Step Sequence</u> <u>Fully utilize the ice surface</u> <u>Max Level 1</u></p>
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<p>INTERMEDIATE WOMEN/MEN 2:10 max.</p>	<p>Single or Double Axel</p>	<p>Double or Triple Jump May not repeat double Axel or either jump in combo</p>	<p>Jump Combination Single/Double, Double/Double, Single/Triple, Double/Triple or Triple/triple May not repeat Axel jump or solo jump performed</p>	<p>Camel Spin Women and Men: With only 1 change of foot No change of position No flying entry Min 4 revs on each foot</p>	<p>Spin Combination With only 1 change of foot Min. 2 different basic positions. Must have all 3 basic positions to receive full value. No flying entry Min. 5 revs. each foot Min. 2 revs in pos.</p>	<p><u>Leveled Step Sequence</u> Fully utilizing the ice surface Max Level 2</p>
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<p>NOVICE WOMEN 2:30 max.</p>	<p>Single or Double Axel</p>	<p>Double or Triple Jump May not repeat double Axel or either jump in combo</p>	<p>Jump Combination Double/Double, Double/Triple or Triple/Triple May not repeat double Axel or solo jump performed</p>	<p>Layback/Sideways Leaning, Sit or Camel Spin No change of foot No flying entry Min. 6 revs.</p>	<p>Spin Combination With only 1 change of foot Min. 2 different basic positions. Must have all 3 basic positions to receive full value. No flying entry Min. 5 revs. each foot Min. 2 revs in pos.</p>	<p><u>Leveled Step Sequence</u> Fully utilizing the ice surface</p>
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<p>NOVICE MEN 2:30 max.</p>	<p>Single or Double Axel</p>	<p>Double or Triple Jump May not repeat double Axel or either jump in combo</p>	<p>Jump Combination Double/Double, Double/Triple or Triple/Triple May not repeat Double Axel or solo jump performed</p>	<p>Camel Spin With only 1 change of foot No change of position No flying entry Min. 5 revs. each foot</p>	<p>Spin Combination With only 1 change of foot Min. 2 different basic positions. Must have all 3 basic positions to receive full value. No flying entry Min. 5 revs. each foot Min. 2 revs in pos.</p>	<p><u>Leveled Step Sequence</u> Fully utilizing the ice surface</p>
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This chart outlines the required elements in each program. Definitions of elements and the element categories used in this chart are included in the current version of the U.S. Figure Skating Rulebook.

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REQUIREMENTS FOR NONQUALIFYING AND QUALIFYING COMPETITIONS

<p>JUNIOR WOMEN 2:40 +/- 10 sec</p> <p>2nd half bonus: 1:20</p>	<p>Single or Double Axel</p>	<p>Double or Triple Flip</p>	<p>Jump Combination</p> <p>Double/Double, Double/Triple or Triple/Triple</p> <p>May not repeat Double Axel or solo jump performed</p>	<p>Flying Camel Spin</p> <p>Flying pos. may be different than landing pos. Min. 8 revs.</p>	<p>Layback/ Sideways Leaning or Sit Spin without change of foot</p> <p>No flying entry Min. 8 revs.</p>	<p>Spin Combination</p> <p>With only 1 change of foot Min. 2 different basic positions. Must have all 3 basic positions to receive full value. No flying entry Min. 6 revs. each foot Min. 2 revs in pos.</p>	<p>Leveled Step Sequence</p> <p>Fully utilizing the ice surface</p>
<p>JUNIOR MEN 2:40 +/- 10 sec</p> <p>2nd half bonus: 1:20</p>	<p>Single, Double or Triple Axel</p>	<p>Double or Triple Flip</p>	<p>Jump Combination</p> <p>Double/Double, Double/Triple or Triple/Triple</p> <p>May not repeat Axel jump or solo jump performed</p>	<p>Flying Camel Spin</p> <p>Flying pos. may be different than landing pos. Min. 8 revs.</p>	<p>Sit Spin</p> <p>With only 1 change of foot</p> <p>No flying entry Min. 6 revs. each foot</p>	<p>Spin Combination</p> <p>With only 1 change of foot Min. 2 different basic positions. Must have all 3 basic positions to receive full value. No flying entry Min. 6 revs. each foot Min. 2 revs in pos.</p>	<p>Leveled Step Sequence</p> <p>Fully utilizing the ice surface</p>
<p>SENIOR WOMEN 2:40 +/- 10 sec</p> <p>2nd half bonus: 1:20</p>	<p>Single, Double or Triple Axel</p>	<p>Any Double or Triple Jump</p> <p>May not repeat Triple Axel or either jump in combo</p>	<p>Jump Combination</p> <p>Double/Double, Double/Triple or Triple/Triple</p> <p>May not repeat Axel jump or solo jump performed</p>	<p>Flying Spin</p> <p>Landing position different than spin in 1 position Min. 8 revs.</p>	<p>Layback/ Sideways Leaning, Sit or Camel Spin without change of foot</p> <p>No flying entry Min. 8 revs.</p>	<p>Spin Combination</p> <p>With only 1 change of foot Min. 2 different basic positions. Must have all 3 basic positions to receive full value. No flying entry Min. 6 revs. each foot Min. 2 revs in pos.</p>	<p>Leveled Step Sequence</p> <p>Fully utilizing the ice surface</p>
<p>SENIOR MEN 2:40 +/- 10 sec</p> <p>2nd half bonus: 1:20</p>	<p>Single, Double or Triple Axel</p>	<p>Any Double, Triple or Quadruple Jump</p> <p>May not repeat Triple Axel or either jump in combo</p>	<p>Jump Combination</p> <p>Double/Double, Double/Triple, Triple/Triple, Quad/Double, or Quad/Triple</p> <p>May not repeat Axel jump or solo jump performed</p>	<p>Flying Spin</p> <p>Landing position different than spin in 1 position Min. 8 revs.</p>	<p>Sit or Camel Spin</p> <p>With only 1 change of foot No flying entry Min. 6 revs. each foot</p>	<p>Spin Combination</p> <p>With only 1 change of foot Min. 2 different basic positions. Must have all 3 basic positions to receive full value. No flying entry Min. 6 revs. each foot Min. 2 revs in pos.</p>	<p>Leveled Step Sequence</p> <p>Fully utilizing the ice surface</p>

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