

**“Do You Want to Get Well”  
Wellness Series**

<b>DATE</b>	<b>TIME</b>	<b>Title</b>	<b>LEADER</b>
Monday, November 15, 2021	1:00PM – 3:00PM	“Resilient Response for Trying Times, focus on Mental Health and Self-Care”	EAP Program
Tuesday, November 30, 2021	1:00PM – 3:00PM	“Re-Frame, Re-Focus, Re-Tool for Resiliency”	Rev. Chris Brady, NCAC
Monday, January 10, 2022	1:00PM – 3:00PM	“Words of Peace: Pension and Future Planning for Clergy”	David Stotts
Monday, January 24, 2022	1:00PM – 3:00PM	“Sabbath: Finding, Creating, and Celebrating Rest”	Trey Harper

Link for Conference Insurance

<https://mississippi.brtapp.com/files/administry/2021+medical+benefits/2020+sbc+800.pdf>

or High Deductible Plan

<https://mississippi.brtapp.com/files/administry/2021+medical+benefits/2020+sbc+3000.pdf>