SSL TRAINING PACKAGE I WCUP 2023 NORWAY

#1 "Wcup" MD

TRAINING TYPE:

MIDDLE DISTANCE

MAP:

BRØNNRØDTJERN | Mapmaker: H. Lundhaug (2022) 1/10.000° I 5 m **Scale I Contours:**

LOCATION:

59.44098, 10.78727

https://goo.gl/maps/BJV7QGz6h1tck1vS7

TRAINING INFO:

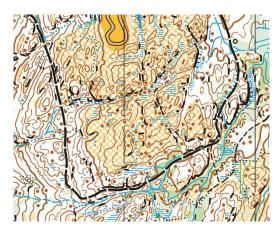
W 4,7km I 230m 7 M 5,6km I 260m ∕ **Distances:** 30x30 control flags from 16/03 to 25/04 **Controls:**

T. Gueorgiou Course:

Livelox (password: WCupNOR23)

2Drerun MEN I WOMEN

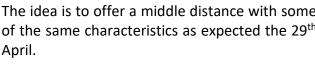
DESCRIPTION:



Torebråte I Wcup 2023 embargo I H. Lundhaug (2021)

The idea is to offer a middle distance with some of the same characteristics as expected the 29th

Even though the mapmaker is not K. Treekrem, it is freshly mapped, and it features those semiopen areas you find around the World Cup finish and quite detailed hills.



NOTE:

One map exchange – both maps are printed in the same sheet of paper and organized this way (control numbering is continuous) > Arena map:







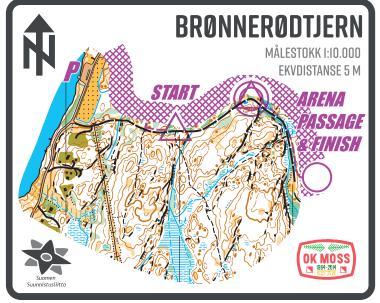














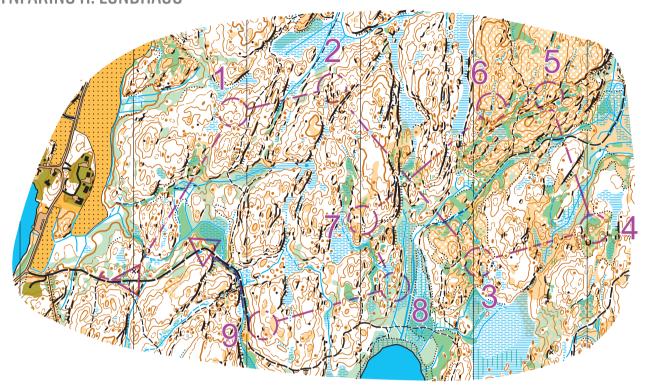
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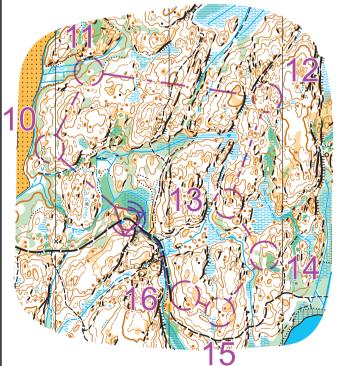
MÅLESTOKK 1:10.000 EKVDISTANSE 5 M UTGITT 2022 SYNFARING H. LUNDHAUG











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World Cup 26-30. april 2023





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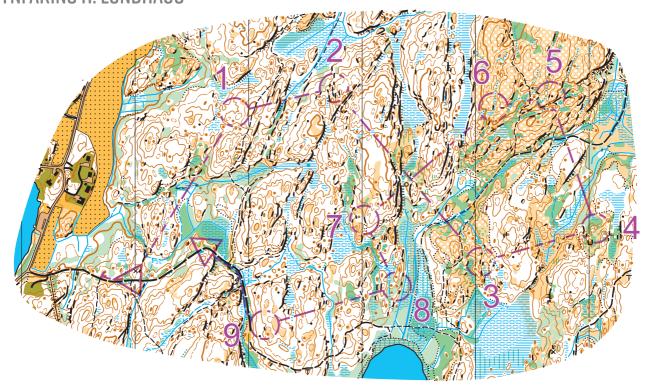
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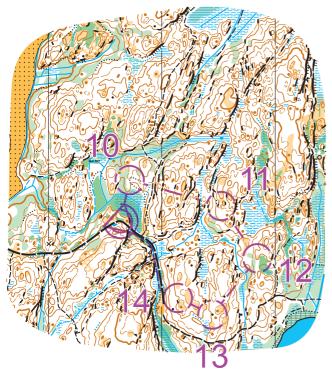
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World Cup 26-30. april 2023





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