

## 2nd QUARTERLY REPORT



## SNEAK PEEK OF MAIN ACTIVITIES

### Custer Meeting in Loulé (PT)

Three network cities met in Loulé, in south Portugal to learn and discuss about active ageing, activation of local organisations and the collaboration and public-private partnerships

### Cluster Meeting in Munich (DE)

Lyon and Lahti teams traveled to Munich to discover how the quality of green spaces can support One Health. Together the partners tested the upcoming One Health tools and worked on the main aspects for integrating One Health in city strategies.

### One Health Knowledge & Tools

The network is developing and testing new tools and knowledge that will help and guide cities on their One Health journey. Gender & One Health, Role Llay, One Health Score Tool and more..!

### ICLEI World Congress

The Mayor of Lahti and Deputy Mayor of Lyon sending a One Health video message to São Paulo.

### 3rd Puijo Summit

On the common path of man and nature. A summit co-organised by the city of Kuopio

## About the One Health 4 Cities Network

The One Health 4 Cities Network, an Action Planning Network of URBACT IV Programme, brings light on implementing the One Health approach in urban public policies, strategies, and projects.

Comprising cities with varying levels of experience in One Health and local contexts, the network fosters a collaborative environment where the nine partners come together to learn and share experiences: Benissa (ES), Elefsina (GR), Kuopio (FI), Lahti (FI), Loulé (PT), Lyon (FR), Munich (DE), Eurometropolis of Strasbourg (FR) and Suceava (RO).

The network aims to develop tools that empower decision-makers and operational teams to increase the positive impact of urban projects on the well-being and health of people, animals, and the environment. The network's lead partner is the City of Lyon.

## A Network of 9 European cities

The city of **Lyon** is  
lead partner of the network



## Network's Cluster Themes

- **Cluster 1:** Horizontal integration of One Health into policies, strategies, and projects
- **Cluster 2:** Urban Green & Blue Spaces and Health Promotion, Urban Biodiversity
- **Cluster 3:** Lifestyle and health promotion, healthy habits (e.g. diet, exercise)

## Cities as a catalyst for One Health

Cities are central actors thanks to their characteristics of action. They are a key actor of the diagnosis of the health needs and inequalities among their population. They are implementing health prevention policies on the field, they are in charge of hygiene on their territory, and lead the urban policies to organize public spaces (WHO).



## Unifying Efforts for Bringing One Health in Cities

### LATEST NETWORK RESOURCES

1

Video for ICLEI World Expo 2024 on One Health for Urban Harmony



2

One Health 5 Strategic Axes by Lyon



3

Our latest articles



4

Our previous quarterly reports



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## Cluster Meeting in Loulé, Portugal

21-23 May 2024

### Cluster Focus

### One Health Approach and Active Ageing

#### Partners involved

Municipality of  
Loulé

Municipality of  
Suceava

Municipality of  
Benissa

#### Meeting Learnings

##### On Active Ageing

- **Active ageing measures are essential:** Keeping older adults healthy and engaged is a necessity, not a luxury.
- **Local authorities play a crucial role:** They can improve quality of life by offering facilities such as land, buildings, and public spaces for civil society and private sector use.
- **A long-term strategy is key:** A well-planned, sustainable approach to active ageing ensures lasting success.
- **Adopt a holistic approach:** Consider all aspects of well-being, including animal health, nutrition, and gender equality, for a comprehensive strategy.
- **Leverage community and business support:** Engage retired volunteers and collaborate with businesses for space provision and professionals support for initiatives like creating green trails for the elderly.



##### On Public-Private Partnerships

- **Collaborate with doctors and research centers to leverage medical data:** Partner with healthcare professionals, research institutions, and family doctors to collect and use health data effectively for better planning and decision-making.
- **Engage civil society:** Partnerships with civil society are essential for involving the elderly in health-related activities.
- **Attract investments and entrepreneurs:** Public-private partnerships can help bring in investment, particularly in fields like research and IT.
- **Maximize impact with natural resources:** Promote activities using local natural resources, supported by professionals and volunteers, to create significant impact with fewer resources.



## Cluster Meeting in Loulé, Portugal 21-23 May 2024

### Which ideas could you adapt in your city? Peer-Learnings

#### Benissa

- “The collaborative system in Loulé involving associations, volunteers, the municipality, and businesses was particularly striking. Also, we found the “Metro on foot” (walkability map) very impressive, with its signage, explanations, and adaptation to create a network of walking routes in the urban centre.”

#### Suceava

- To create partnerships with NGOs for public health activities and active ageing activities, such as the small-scale Academy of Knowledge, Active Summer, Active Easter Campaigns, and The Artisans project from Loulé.
- “We can do those activities outdoors and partner with the university or private entities for volunteer work”.

#### Loulé

- Introduction of nutrition topics in the active ageing programmes.
- Finding ways to attract more senior men into the programmes
- Thinking about programmes for animal health like nests and food for birds in the urban park, and water fountains for animals.



## Cluster Meeting in Munich, Germany

18-19 June 2024

### Cluster Focus

### Horizontal Integration of One Health

#### Partners involved

City of Munich

City of Lahti

City of Lyon

#### One Health Insights and learnings

- **Design green spaces for both cooling and public use:** Not all green areas are effective in reducing heat—those with young trees and limited canopy can be as hot as paved spaces. To maximize their impact, parks should include a balance of sunny and shaded areas, allowing diverse public uses such as relaxation, recreation, and social activities in comfortable conditions.
- **Addressing heat exposure through equitable cooling solutions:** Cities like Munich are creating cooling spots every 150 meters and planning “cool corridor” maps to help people find cooler areas. This is especially important in socially deprived neighborhoods, where vulnerable communities face higher heat exposure due to poorer living conditions and greater environmental challenges. Equitable access to cooling infrastructure can help reduce these disparities.
- **Conflict over city resources:** Urban planners often prioritize other needs, like transport, logistics, and housing, over nature, leading to a conflict in resource allocation that can harm the potential of green spaces.
- **Biodiversity crisis overlooked:** Despite the need for biodiversity, practices like cutting lawns and flowers are still common in cities (e.g., Munich). The biodiversity crisis needs more attention.
- **Use of artificial materials:** New urban developments, like playgrounds (e.g., in Lahti), are often built with artificial materials instead of incorporating natural elements.
- **Knowledge and perception matter:** One Health integrates both general knowledge and personal experience. Individual perceptions of comfort, heat, and environmental factors play a key role in shaping urban strategies.
- **Step-by-step approach to greener cities:** Progress toward greener cities can start small, focusing on individual trees or small spots, with everyone taking personal responsibility to contribute to a larger vision over time.
- **Cross-sector collaboration:** Regular discussions are instrumental in building cooperation across sectors; however, differences in organizational culture can sometimes slow the pace of collaborative efforts.
- **Raising awareness internally:** Increasing employees' understanding of one health remains essential. To support this, Lahti has introduced monthly 'Nature Morning Coffees'—team gatherings focused on themes like nature, biodiversity loss, and the connection between the environment and health. These meetings, encourage meaningful discussions on critical topics, fostering greater awareness and engagement.

## Cluster Meeting in Munich, Germany

18-19 June 2024

### Replicable lessons

#### Lyon

- Collaborating with universities and engaging citizens to explore and understand urban public spaces was truly inspiring. The approach to sharing knowledge about green spaces through hands-on visits sets an excellent example of science communication and civic involvement. Experiencing these diverse spaces firsthand allowed us to see how green areas can educate and connect people to urban ecology. Focusing on urban health through immersive, real-world experiences rather than just theoretical discussions added immense value. Stepping outside the office and into the city to experience One Health.

#### Munich

- Break down the process and engage local politicians more effectively to ensure their active participation.
- While the inclusion of both groups in conferences has been limited, merging them for more integrated discussions, such as through "time-out dialogues," is a new approach to consider.
- Consider running a citizen survey on One Health, similar to the one conducted in Lyon, to gather public insights and foster community engagement.

#### Lahti

- Lahti's approach to planetary health has been top-down, integrating it into the city's strategic framework. Planetary health is included in various programs such as the Sustainable Urban Mobility Plan (SUMP), the welfare plan, and the green area plan. However, greater citizen participation is now essential.

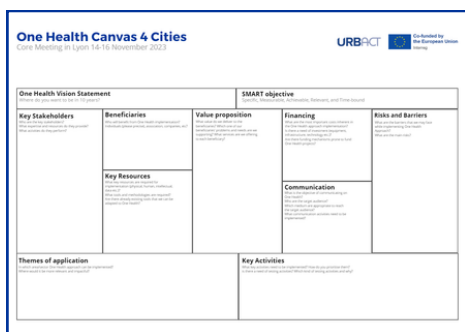




## One Health Toolbox

### Learning about healthy urban planning tools

The network is developing new tools that will help and guide cities on their One Health journey.

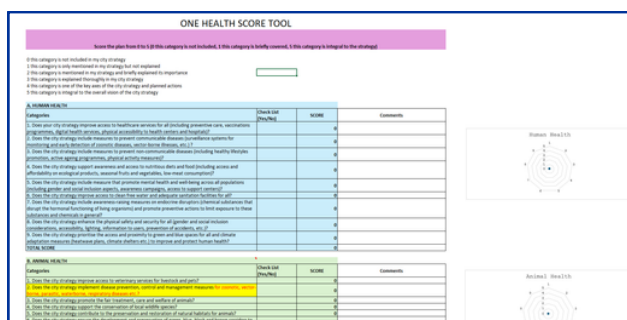


### One Health Canvas 4 Cities

A simple tool based on the business model canvas to help organise and design One Health project

### One Health SCORE TOOL

A checklist and score tool. This tool support city decision makers to develop One Health city strategies considering all key aspects on human, animal and environmental health.



### One Health Role Play

A tool to use with local stakeholders groups to create more holisting insights on One Health. The game uses human and non-human characters and ensures equity among animal, human and environmental priorities.

### 3 Health Impact Assessment

A tool that enriches the existing Health Impact Assessment Methodology and enriches it with One Health insights.



All tools are currently being tested and improved. They will be finalised in 2025!



## One Health & Gender Knowledge

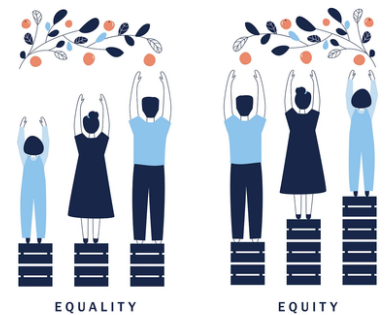
### Gender Sensitivity Training

by Dr. Mary Delebaugh-Losse, Ad hoc expert of the network

17 May 2024

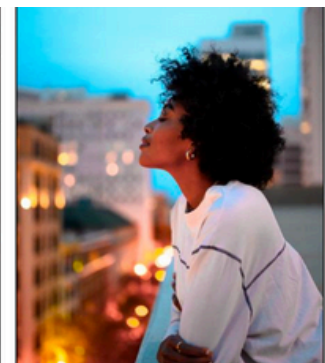
#### Gender Equality: An Introduction

- Policies, programmes, and services which do not take norms or the diverse needs of different groups into account are said to be “gender blind.”
- It’s easy to miss what you’re not looking for!
- Gender blind approaches assume everyone has the same skills and abilities.
- Women and men perceive the same spaces and services differently. This is due to the different experiences, needs and daily routines of men and women.
- Perception and needs change over the different phases of life and are different for different groups of people.
- Gender and gender identity intersect with other social characteristics to create different lived experiences. Approaches which integrate multiple categories of discrimination are called “intersectional” approaches. Intersectionality promotes inclusivity beyond “just” gender



**Equality:** Everyone is treated the same, irrespective of their status or identity

**Equity:** People are treated differently in order to provide meaningful equality of opportunity



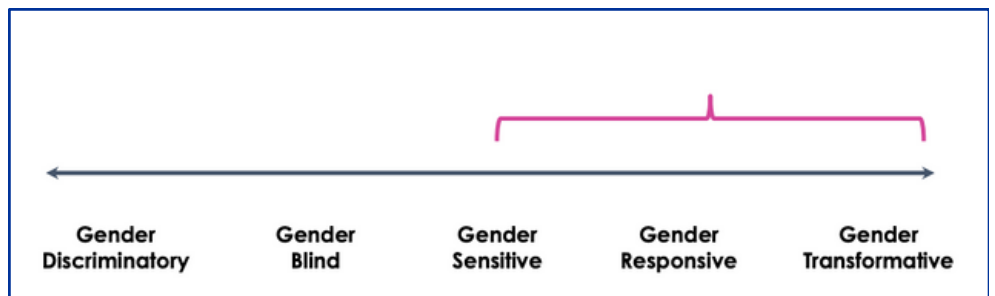
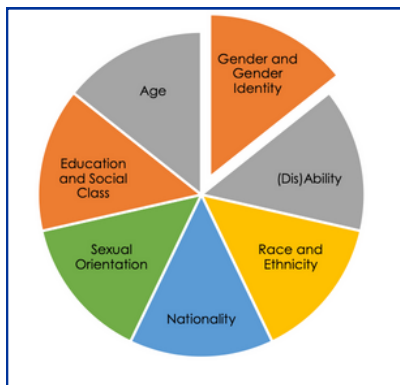
## Gender and One Health 4 Cities

### Understanding gender / intersectionality and health

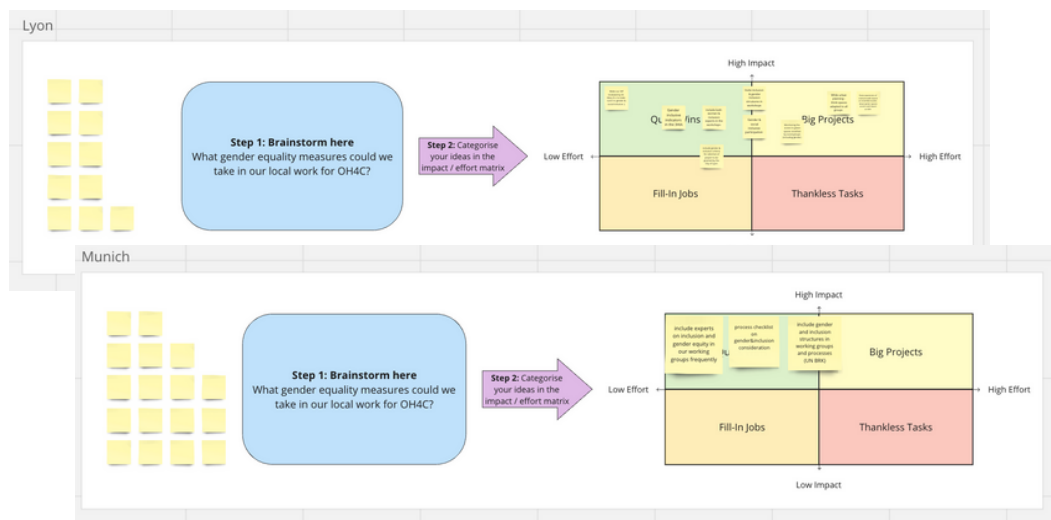
- Differences in life expectancy between genders or neighbourhoods
- Differences in symptoms and care needs
- Access to care and medically necessary products as a barrier to participation in public life
- Differences in mental health and suicide rates
- Differences in active recreation / sports

### Examples of areas where cities can intervene

- Gender equality in public sports facilities
- Safe-feeling and attractive green spaces
- Urban planning for active mobility
- Designing for an ageing population
- Municipalities as role models



### WORKSHOP: What gender equality measures could we take in our local work for OH4C



MORE ONE HEALTH & GENDER INSIGHTS  
CHECK THIS [VIDEO](#)  
...MORE COMING UP ON THE ONE HEALTH  
ESSENTIALS GUIDELINES

## One Health & Gender Knowledge

### Gender Equal Schoolyards

by Strasbourg Eurometropolis

#### Gender-equal schoolyards

Have you ever noticed how schoolyards are often dominated by a large sports field in the center, designed for specific games that only some children can enjoy? Imagine instead creating spaces for all children and genders—spaces that inspire creativity, play, learning, and a connection with nature.

Strasbourg is supporting schools, teachers, and students in transforming schoolyards into green, inclusive oases that offer equal opportunities for play and learning while also helping to adapt to climate change. Their main activities include:

- Training for sustainable maintenance of newly created green spaces.
- A multi-year training initiative to equip 200 facilitators and 70 supervisors over three years, fostering equitable use of schoolyard spaces, encouraging diverse activities, and reconnecting children with nature.



## ICLEI World Congress, São Paulo, Brasil 18-21 June 2024

### About the event

Every three years, ICLEI hosts the ICLEI World Congress to showcase how local and regional governments across our network are advancing sustainable urban development worldwide. The ICLEI World Congress connects local and regional government leaders and representatives with their peers and strategic partners, and provides a platform for discussions that will inform and enhance their work going forward.

### Our position

The network One Health 4 Cities demonstrated the collective power of cities to address global urban challenges. Niko Kynnäräinen, Mayor of Lahden Kaupunki / City of Lahti (Finland), and Céline de Laurens, Deputy Mayor of Ville de Lyon (France) shared their point of view and support for the One Health concept and the importance of its integration into public health strategies.

***“Investing in Health-oriented Urban Planning Is an investment community’s long-term sustainability and vitality”*** said the Mayor of Lahti, while the Deputy Mayor of Lyon highlighted ***“The One Health approach encourages to go beyond anthropocentrism and to switch from reactive approach relying on crisis responses to mitigating the risks and emphasize the benefits of prevention”***.



## 3rd Puijo Summit, Kuopio, Finland

17 May 2024

### Puijo Summit – on the common path of man and nature

Savonia University of Applied Sciences, the city of Kuopio, ELY Center of Pohjois-Savo, the Federation of Pohjois-Savo and Europe Direct Kuopio organised the 3rd Puijo Summit event.

Puijo Summit's theme this year was One Health. The future-oriented expert event consisted of inspirational speeches and thematic workshops.

Guillaume Fauvel from the city of Lyon joined the Puijo Summit and explained the purpose and activities of the One Health 4 Cities Network. The event finished with a One Health march in the streets of Kuopio where human and non-human activists marched for the climate crisis.



## One Health 5 Strategic Axes, Lyon 23 May 2024

### The vision of Lyon for a One Health promoting city

The ULG of the City of Lyon is exploring how to implement the One Health approach in a collaborative and trans-sectoral manner with the support of many experts and operational teams.

To this end, the group has been developing a long-term vision for the Lyon territory, structured around five strategic pillars aimed at creating urban ecosystems that promote One Health."

The **5** strategic axes

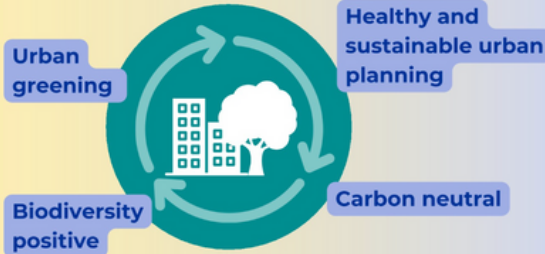
to create urban ecosystems that foster One Health

City of Lyon on the spotlight

One Health 4 Cities URBACT Co-funded by the European Union Interreg



## 1 Regenerative



A regenerative city with urban systems designed to meet the needs of all living beings and their ecosystems.

## 2 Navigable



A navigable city, allowing all living beings to move around and meet their primary needs

## 3 Co-thriving

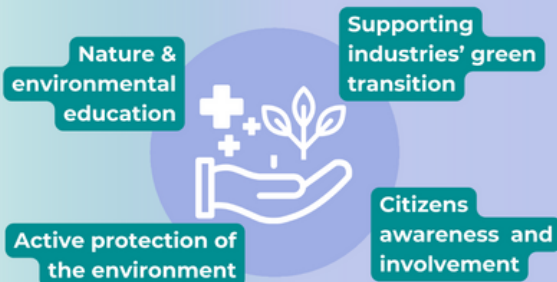


Better understanding of all living beings needs

A city where different uses and users coexist and co-thrive harmoniously

## 4 Steward of ecosystems

6/8



Residents are protectors of both their own health and stewards of ecosystems

## 5 Cross-sectoral



A One Health city embracing a participative and cross-sectoral approach

### COMMUNICATION ACTIONS

#### Three main communication objectives:

##### 1. Build awareness

Raise visibility and awareness of the One Health approach.

##### 2. Create interest

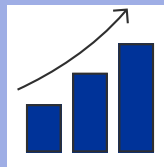
Spark interest and inspiration by sharing initiatives and success stories. Create synergies.

##### 3. Generate change

Get decision makers to adopt the One Health approach in their policies.



6 publications



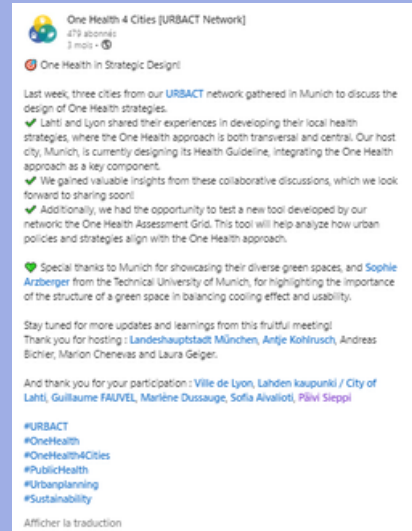
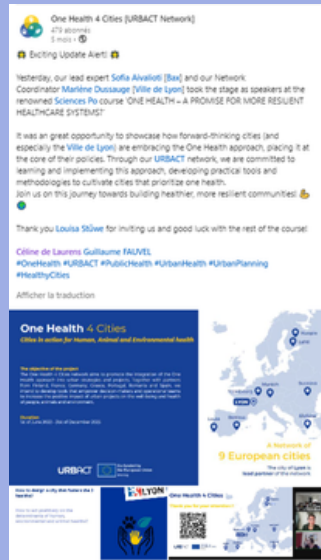
74 new followers



152 likes



975 clics



### URBACT Webpage

2 articles





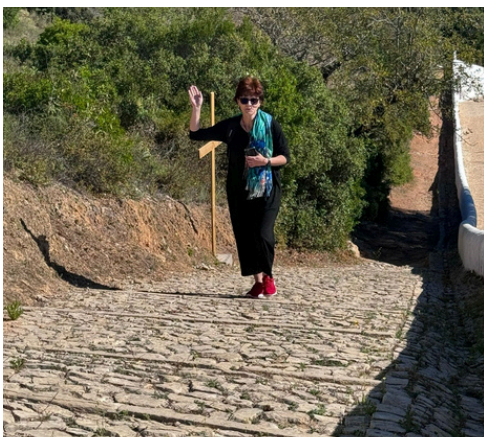
# One Health 4 Cities

*Cities in action for Human, Animal and Environmental health*

## 2nd Quarter Highlights in Photos



## 2nd Quarter Highlights in Photos



## Other Activities

- **April 19, 2024**, The Lead Expert (LE) Sofia Aivalioti and Network Coordinator Marlène Dussauge (LP) took the stage as guest speakers at the renowned **Sciences Po course “One Health – A Promise for more resilient Healthcare systems?”**. An opportunity to showcase how forward-thinking cities (especially Lyon) are embracing the One Health approach, placing it at the core of their policies.
- **May 15-16, 2024** in Paris (FR) URBACT hosted the **URBACT Lead Partner - Lead Expert (LPLE) meeting**, a key URBACT event at the programme level that brought together urban professionals, city representatives, and experts in urban studies involved in URBACT projects.
- During this period, the lead partner integrated **the ‘One Health in Urban Settings’ working group** of the One Sustainable Health for all Foundation. This group aims to identify best practices on how sectoral policies can be integrated to prevent epidemics of non-communicable diseases in urban settings.

## Coming up next...

- Core Meeting in Elefsina
- Advocacy action: A Call for Action from cities to EU for One/Planetary Health Action during the 10th European Conference on Sustainable Cities & Towns
- Trainings on stakeholders engagement by the newly incorporated ad hoc Experts: Christophe Gouache and Ileana Toscano.
- Continue working on the One Health 4 Cities Toolbox and testing the One Health Role Playing game with the network partners.
- Partners started working on their Integrated Action Plans.

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