The Grieving Journey

If grieving is a journey, what is the destination?
The confidence expressed in _____ is the destination of the grieving journey exemplified in Ps 42.

- _____ view of life + _____ in God

Four Keys to a Successful Grieving Journey

1. Acknowledge your _____.

2. Accept your _____.

3. Ask for and anticipate God's _____.

4. Adapt to the new _____.

What losses need to be grieved? Relationship, health, finances, memory-making opportunities, freedom, confidence, other

Consider setting up an appointment with God to work through these losses.

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