



**2024-25 Pattern Dance  
Reference Materials  
For Intercollegiate**

**Definitions**

**Diagrams with Key Points**

**NO VARIATION DANCES WILL BE PERFORMED  
DURING THE INTERCOLLEGIATE SERIES**

## **Definitions:**

### **Correct Edge:**

Correct Edge means that the Edge is clean for the **whole** duration of the Step. In order to be considered correct, the edge must also be held for the correct number of beats as prescribed in the rules for each pattern dance. A change of edge within the last ½ beat of the step is permitted to prepare the push/transition to the next step (unless otherwise prescribed).

### **Correct Turn:**

Correct Turn means that the Turn has a correct foot placement, clean edge in and out of the Turn and is not jumped or scraped. For Twizzles, they must have the required number of rotations travelling on one foot and must not be performed as checked Three Turns or Pirouettes. In order to be considered correct, the turn must also be held for the correct number of beats as prescribed in the rules for each pattern dance.

### **Correct Foot Placement:**

The foot must be placed on the ice as described in the definition of the turn.

### **Cross Rolls**

Rolling action of the free leg passing continuously the skating foot to the next outside curve. At the same time, the body weight transfers from one outside curve to the new outside curve to create a rolling movement. The free foot passes the skating blade/foot and is placed on the ice in front/back of the skating blade/foot. There is no requirement for the new skating blade to be on an outside edge when it is placed on the ice.

### **Solo Series Dance Steps:**

The required steps for solo dance will be the same for all competitors. Depending on the dance, the woman's, man's or a combination of both may be used. Refer to the Pattern Dance Diagrams for the Solo Series Dance Steps to be skated for each dance.

### **A Steps:**

This refers to steps that are marked as "A Steps" or "Woman's" on the pattern dance diagram.

### **B Steps:**

This refers to steps that are marked as "B Steps" or "Man's" on the pattern dance diagram.

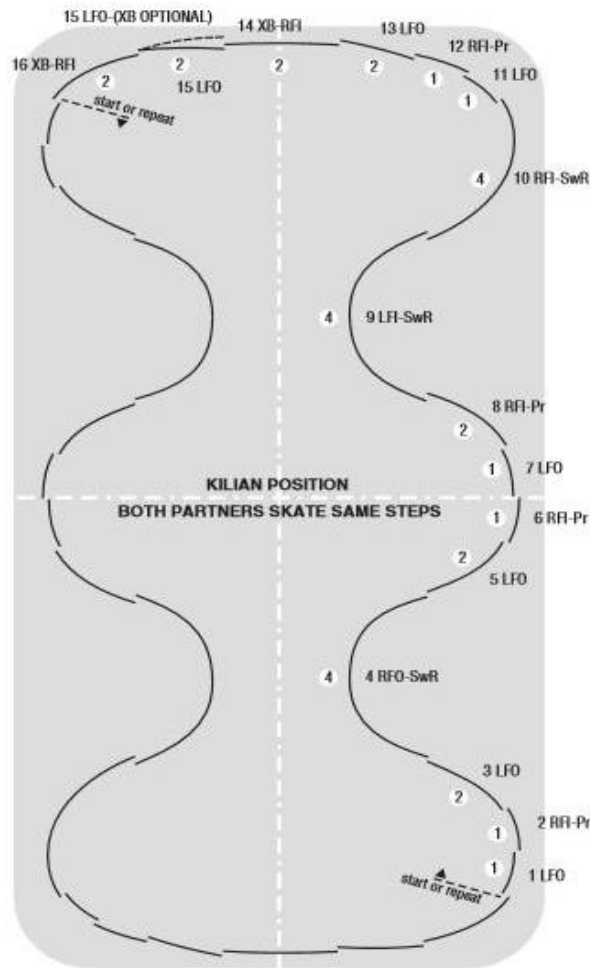
Level	Dance #	Dance	# of Patterns	Pattern 1 Steps	Pattern 2 Steps	Pattern 3 Steps	Pattern 4 Steps
Preliminary	1	Rhythm Blues	3	Same steps	Same steps	Same steps	N/A
Preliminary	2	Canasta	3	Same steps	Same steps	Same steps	N/A
Pre-Bronze	1	Swing	2	A-Steps	A-Steps	N/A	N/A
Pre-Bronze	2	ChaCha	3	Same steps	Same steps	Same steps	N/A
Bronze	1	Willow	3	A-Steps	A-Steps	A-Steps	N/A
Bronze	2	Ten Fox	2	A-Steps	A-Steps	N/A	N/A
Pre-Silver	1	Foxtrot	3	A-Steps	A-Steps	A-Steps	N/A
Pre-Silver	2	Fourteenstep	4	A-Steps	A-Steps	A-Steps	A-Steps
Silver	1	Tango	2	A-Steps	B-Steps	N/A	N/A
Silver	2	American	2	A-Steps	A-Steps	N/A	N/A
Pre-Gold	1	Blues	3	A-Steps	A-Steps	A-Steps	N/A
Pre-Gold	2	Paso	3	A-Steps	B-Steps	A-Steps	N/A
Gold	1	Quickstep	3	Same steps	Same steps	Same steps	N/A
Gold	2	Viennese	2	A-Steps	A-Steps	N/A	N/A
International	1	Tea Time	2	A-Steps	A-Steps	N/A	N/A
International	2	Finnstep*	1	A-Steps	N/A	N/A	N/A

*Changes from original posting are highlighted in yellow to replace variation dances*

*\*For the Finnstep stop, create 4 measures of your own dance stop and resume on step 44*

# Rhythm Blues – 2025 Preliminary First Dance

Set Pattern Dance – Solo Series Steps: All Competitors Skate Same Steps



## Rhythm Blues – RPD3

Traditional: 3 sequences required for Solo Dance Series Competition

Number of Measures per Pattern: 8 of 4 beats

Minimum Pattern Time: 0:21.3 Maximum Pattern Time: 0:22.3 Maximum Overall Time: 1:30

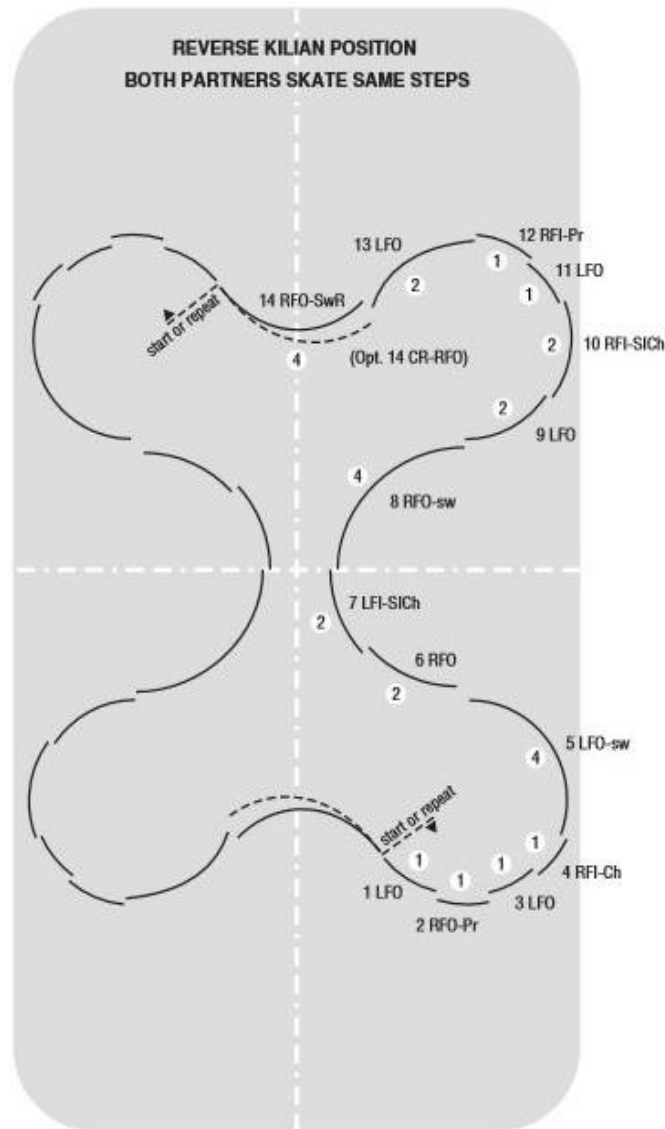
**Key Point 1** - Step 9, LFI Swing Roll – Bullet Point: Correct Edge

**Key Point 2** - Step 14, Cross Behind RFI – Bullet Point: Correct Cross Behind

Note: A slide chasse for step 14 is not the correct step and will not be considered for level

# Tango Canasta – 2025 Preliminary Second Dance

Set Pattern Dance – Solo Series Steps: All Competitors Skate Same Steps



## Canasta Tango – RPD3

3 sequences required for Solo Dance Series Competition Number  
of Measures per Pattern: 7 of 4 beats

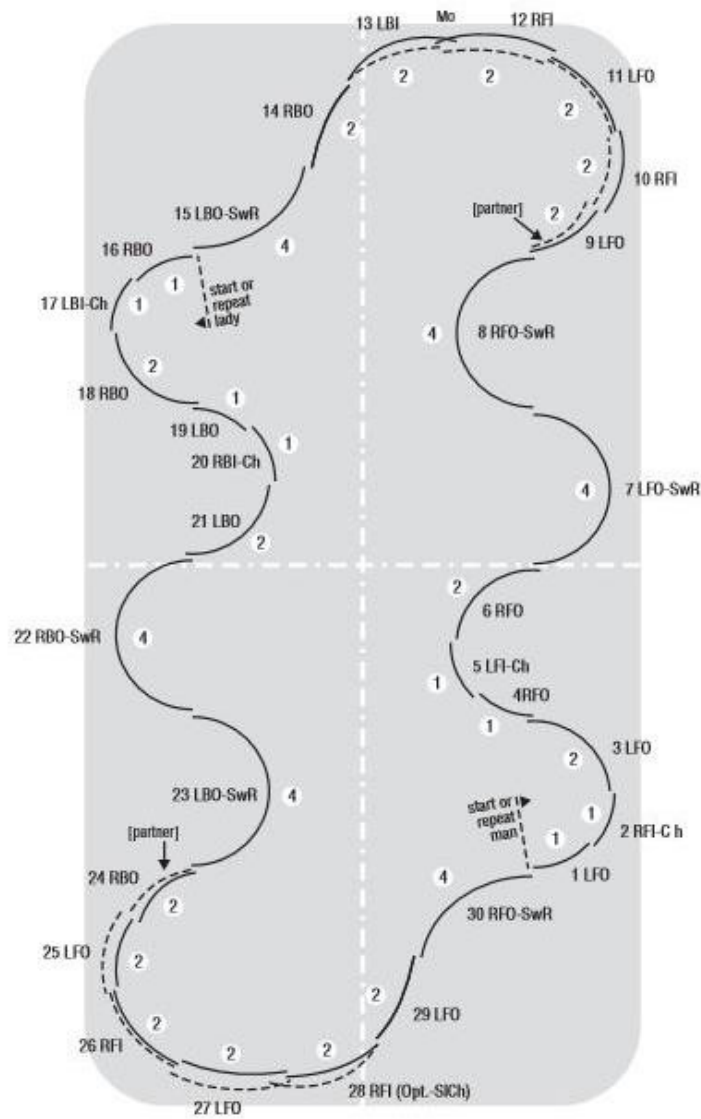
Minimum Pattern Time: 0:15.8 Maximum Pattern Time: 0:16.5 Maximum Overall Time: 1:25

**Key Point 1** - Step 5, LFO Swing Roll – Bullet Point: Correct Edge

**Key Point 2** - Step 10, RFI Slide Chasse – Bullet Point: Free Foot Must Pass Skating Foot

## Swing Dance – 2025 Pre-Bronze First Dance

Set Pattern Dance – Solo Series Steps: All Competitors Skate A-Steps (Woman's Steps)



## Swing Dance – RPD2

2 sequences required for Solo Dance Series Competition  
Number of Measures per Pattern: 16 of 4 beats

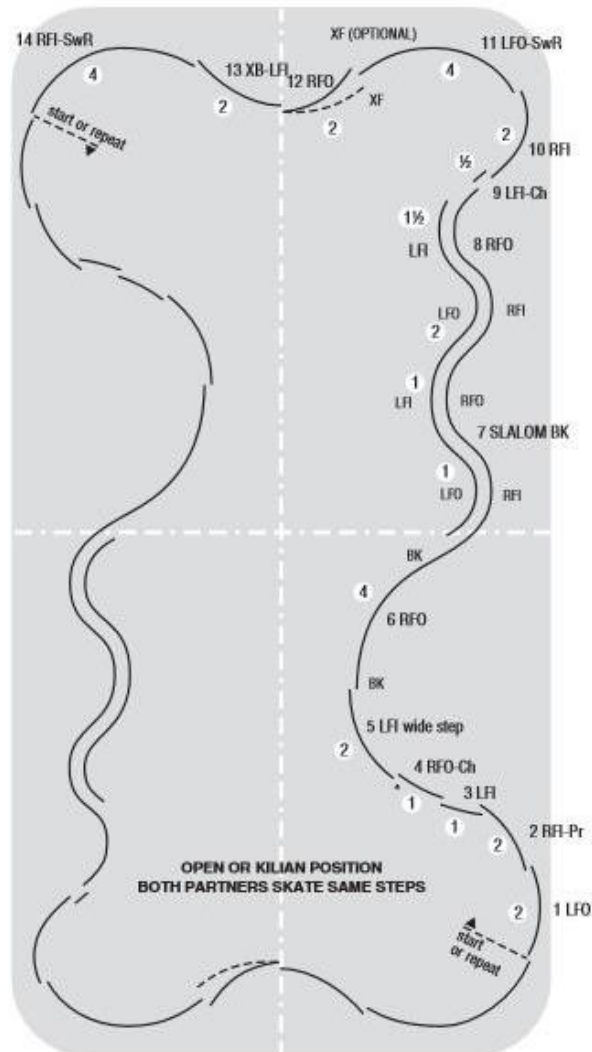
Minimum Pattern Time: 0:39.2 - Maximum Pattern Time: 0:40.9 - Maximum Overall Time: 1:45

**Key Point 1** – A-Steps 27 & 28, LFO/RFI Slide Chasse – Bullet Point: Correct Edges

**Key Point 2** – A-Steps 12 & 13, Open Mohawk – Bullet Point: Correct Foot Placement

# U.S. Cha Cha - 2025 Pre-Bronze Second Dance

Set Pattern Dance – Solo Series Steps: All Competitors Skate Same Steps



## Cha Cha - RPD3

3 sequences required for Solo Dance Series Competition

Number of Measures per Pattern: 8 of 4 beats

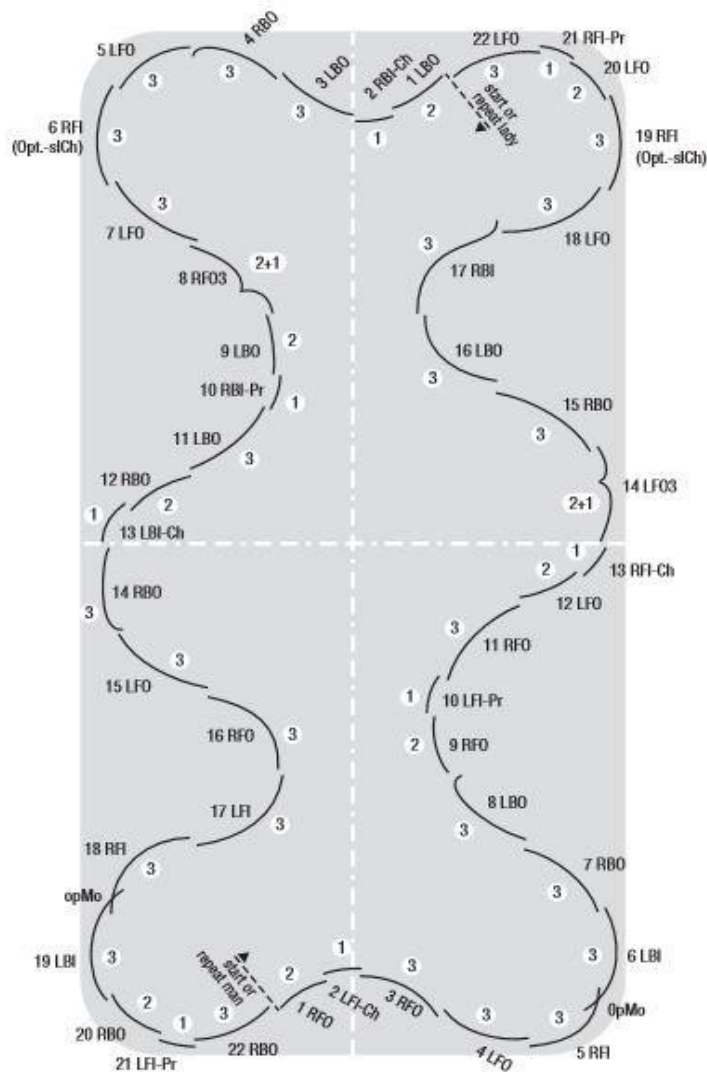
Minimum Pattern Time: 0:18.8 - Maximum Pattern Time: 0:19.6 - Maximum Overall Time: 1:40

**Key Point 1** - Step 6, RFO – Bullet Point: Correct Edge

**Key Point 2** - Steps 10 & 11, RFI, LFO – Bullet Point: Correct Edge

# U.S. Willow Waltz – 2025 Bronze First Dance

Set Pattern Dance – Solo Series Steps: All Competitors Skate A-Steps (Woman’s Steps)



## U.S. Willow Waltz – W

3 sequences required for Variation Solo Dance Series Competition

Number of Measures per Pattern: 18 of 3 beats

Minimum Pattern Time: 0:23.1 - Maximum Pattern Time: 0:23.8 - Maximum Overall Time: 1:50

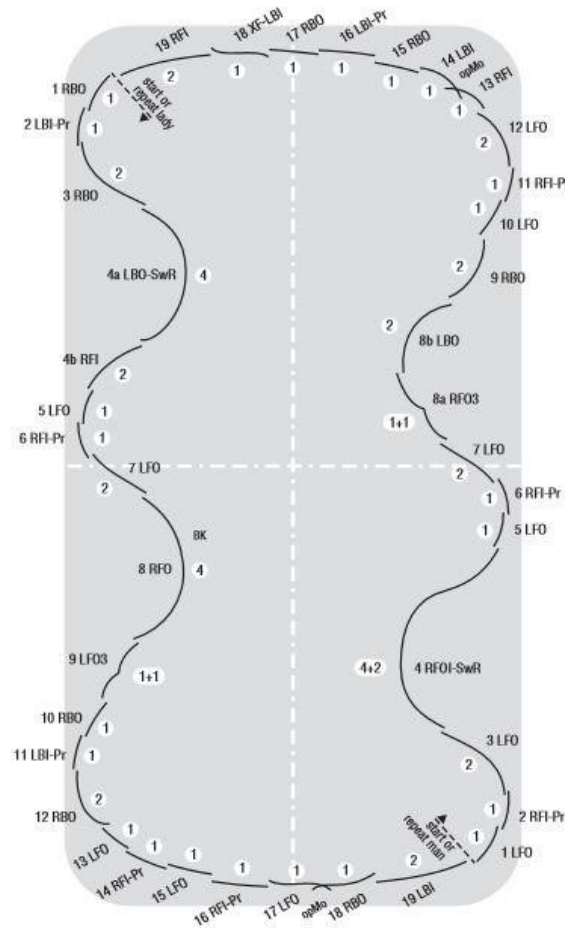
**Key Point 1** – A-Step 8 RFO Three Turn – Bullet Point: Correct Edge & Turn

**Key Point 2** – A-Steps 18 & 19, RFI to LFI Open Mohawk - Bullet Point: Correct Edges & Turn



# U.S. Ten-Fox – 2025 Bronze Variation Dance

Set Pattern Dance – Solo Series Steps: Sequence 1 All Competitors Skate A-Steps (Woman’s Steps) and Sequence 2 is the Variation portion.



**Ten-Fox – RPD2 2**  
Solo Dance Series

sequences required for  
Competition

Number of Measures per Pattern: 8 of 4 beats

Minimum Pattern Time: 0:18.8 - Maximum Pattern Time: 0:19.6 - Maximum Overall Time: 1:40

## Sequence 1:

**Key Point 1** – A-Step 9, LFO Three Turn – Bullet Point: Correct Turn

**Key Point 2** – A-Steps 17 & 18, LFO OpMo to RBO - Bullet Point: Correct Edges & Foot Placement

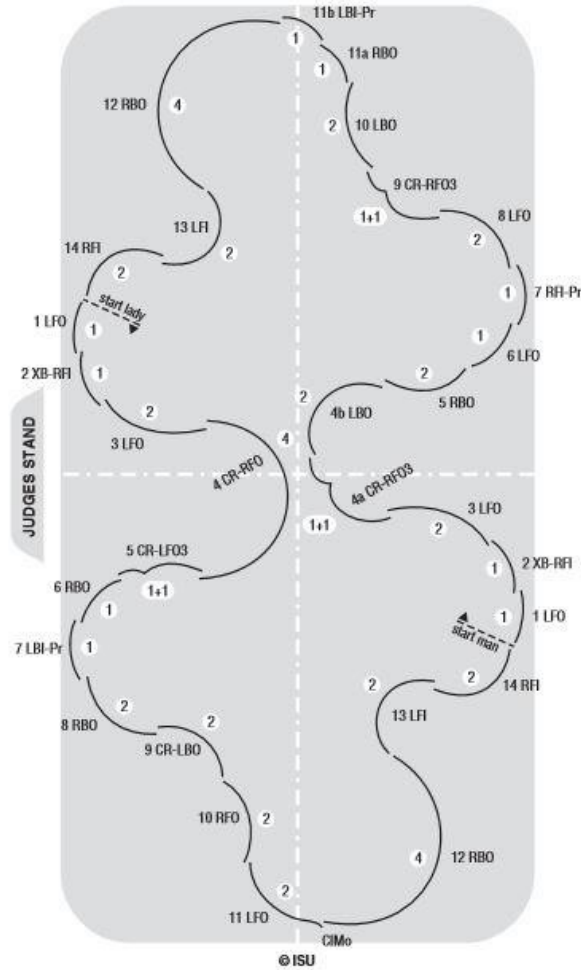
\*Note: A slide chasse for step 17 is not the correct step and will not be considered for level

## Sequence 2: Variation

Required Turns for Variation: First forward Outside 3 turn and First Inside Mohawk attempted on either foot will be considered for level when executed correctly.

# Foxtrot – 2025 Pre-Silver First Dance Intermediate Combined

Optional Pattern Dance – Solo Series Steps: All Competitors Skate A-Steps (Woman's Steps)



## Foxtrot – RPD3

3 sequences required for Solo Dance Series Competition

Number of Measures per Pattern: 7 of 4 beats

Minimum Pattern Time: 0:16.5    Maximum Pattern Time: 0:17.1    Maximum Overall Time: 1:30

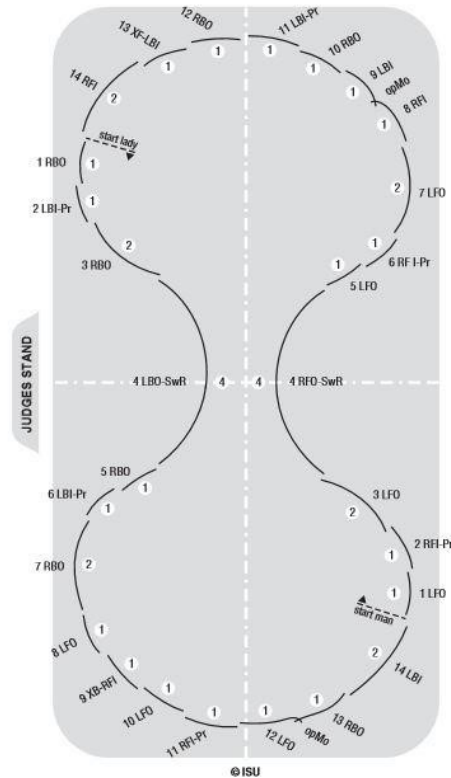
**Key Point 1** – A-Step 4, CR-RFO - Bullet Points: Correct Cross Roll, Correct Edge

**Key Point 2** – A-Steps 9 & 10, CR-LBO, RFO – Bullet Points: Correct Cross Roll, Correct Edges

## Fourteen Step – 2025 Pre-Silver Variation Dance Set

Pattern Dance – Solo Series Steps:

Sequences 1: A-Steps (Woman's Steps) Sequence 3: B-Steps (Man's Steps) Sequences 2 & 4: Variation portion (Must be the same for each sequence)



### Fourteen Step FO

4 sequences required for Solo Dance Series Competition

Number of Measures per Pattern: 5 of 4 beats

Minimum Pattern Time: 0:10.5 - Maximum Pattern Time: 0:10.9 - Maximum Overall Time: 1:20

#### Sequence 1:

**Key Point 1** – A-Step 4, LBO Swing Roll – Bullet Point: Correct Edge

**Key Point 2** – A-Steps 12 & 13, LFO to RBO Open Mohawk - Bullet Point: Correct Turn \*Note: A slide chasse for step 12 is not the correct step and will be considered for level

#### Sequence 3:

**Key Point 1** – B-Step 4, RFO Swing Roll – Bullet Point: Correct Edge

**Key Point 2** – B-Steps 8 & 9, RFI to LBI Open Mohawk - Bullet Point: Correct Turn

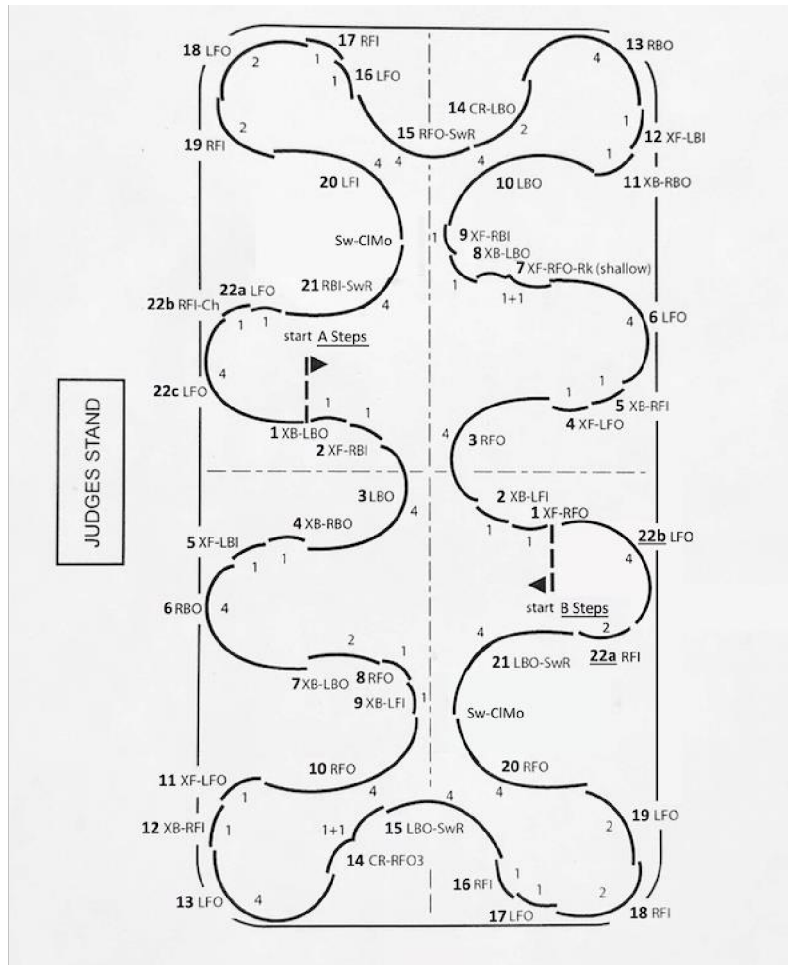
#### Sequence 2 & 4: Variation

Required Turns for Variation: First Back Outside 3 Turn and First Back Outside Mohawk attempted on either foot will be considered for level when executed correctly.

# Tango – 2025 Silver First Dance

Optional Pattern Dance –

Solo Series Steps: Sequence 1 A-Steps (Women’s Steps), Sequence 2 B-Steps (Man’s)



## Tango – TA

2 sequences required for Variation Solo Dance Series Competition

Number of Measures per Pattern: 13 of 4 beats

Minimum Pattern Time: 0:28.4. - Maximum Pattern Time: 0:29.4. - Maximum Overall Time: 1:35

### Sequence 1: A-Steps

**Key Point 1** – A-Steps 13 -15 (LFO, CR-RFO3, LBO-SwR) Bullet Points: Correct Cross Roll, Turn and Correct Edge

**Key Point 2** – A-Steps 20 - 21 (RFO Sw-CIMo, LBO-SwR) Bullet Points: Correct Placement of the Free Foot, Correct Turn and Correct Edge

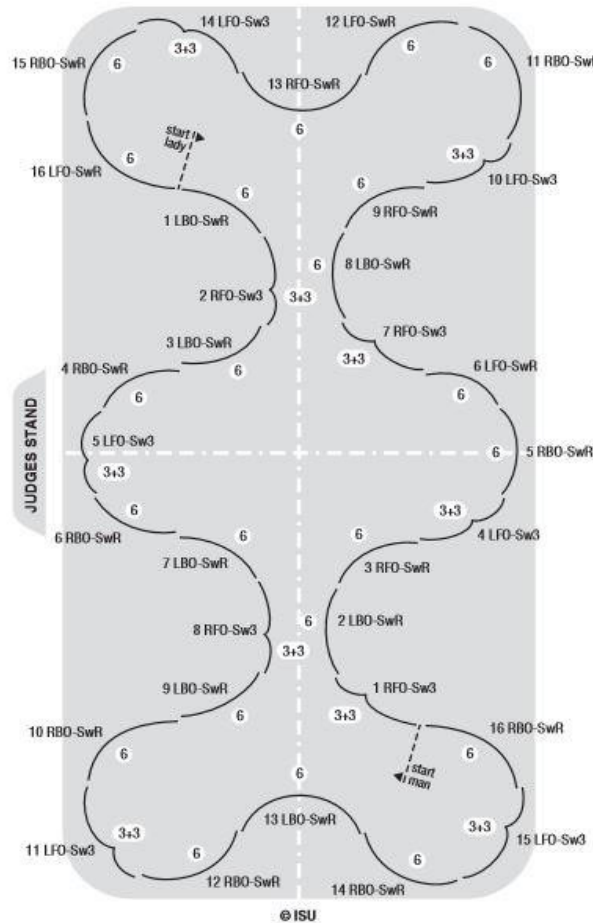
### Sequence 2: B-Steps

**Key Point 1** – B-Step 7 (XF-RFO-Rk) Bullet Points: Correct Turn

**Key Point 2** – B-Steps 20 - 21 (LFI Sw-CIMo, RBI-SwR) Bullet Points: Correct Placement of the Free Foot, Correct Turn and Correct Edge

## American Waltz – 2025 Silver Variation Dance & Intermediate Combined

Optional Pattern Dance – Solo Series Steps: For Intermediate Combined All Competitors Skate A-Steps (Woman’s Steps) For Silver Variation, Sequence 1 will be A-Steps and Sequence 2 is the Variation portion.



### American Waltz – AW

2 sequences required for Solo Dance Series Competition

Number of Measures per Pattern: 16 of 6 beats

Minimum Pattern Time: 0:28.8    Maximum Pattern Time: 0:29.4    Maximum Overall Time: 1:35

#### Intermediate Combined and Sequence 1 of Silver Variation:

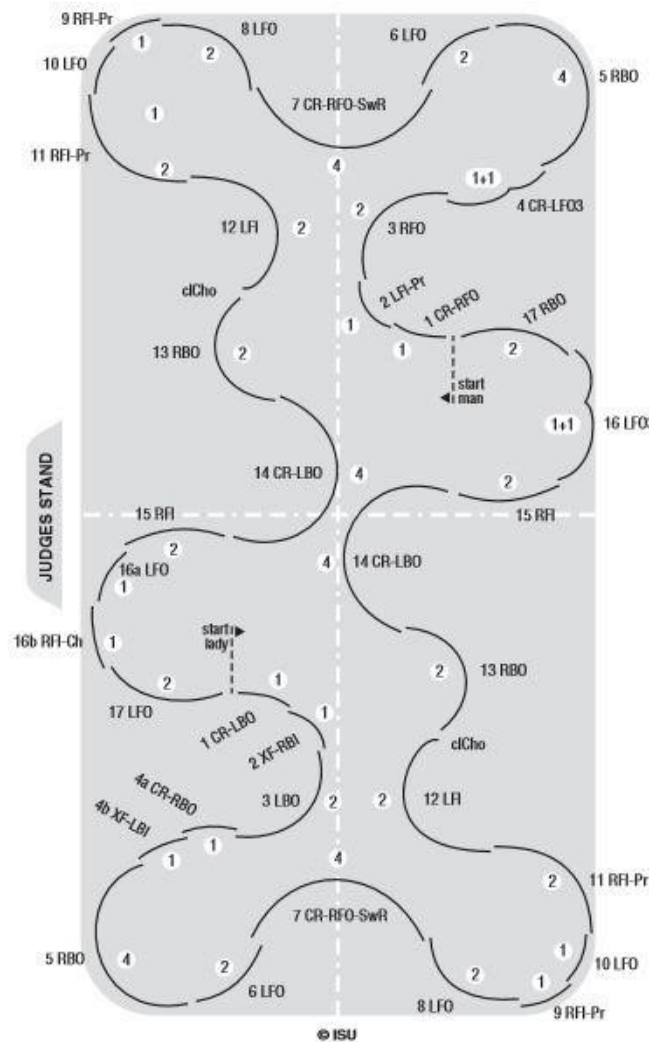
**Key Point 1** – A-Step 2 RFO Swing 3 Turn – Bullet Point: Correct Edge & Correct Turn

**Key Point 2** – A-Step 13, LBO Swing Roll - Bullet Point: Correct Edge

**Required Turns for Variation:** First Forward Rocker and First \*Single Twizzle attempted on either foot will be considered for level when executed correctly \*Only a Single Twizzle will be considered for level, more than one rotation will not be awarded and count as the Twizzle attempt.

# Blues - 2025 Pre-Gold First Dance

Optional Pattern Dance – Solo Series Steps: All Competitors Skate A-Steps (Woman's Steps)



## Blues – BL

3 sequences required for Solo Dance Series Competition Number  
of Measures per Pattern: 9 of 4 beats

Minimum Pattern Time: 0:24    Maximum Pattern Time: 0:25.2    Maximum Overall Time: 2:00

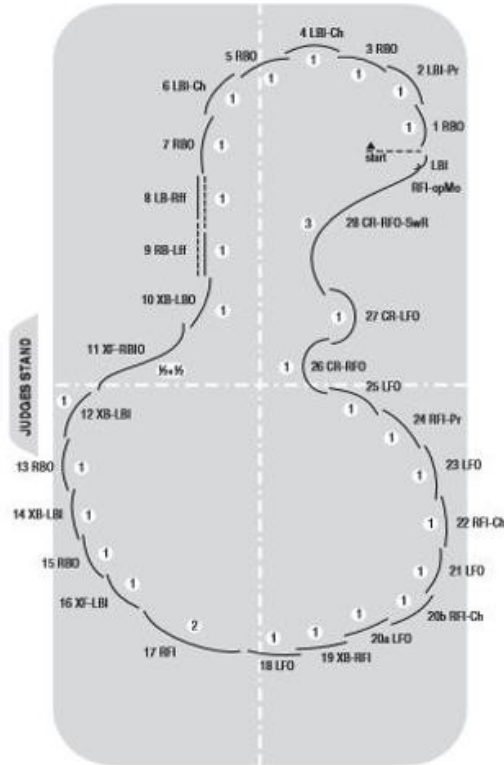
**Key Point 1** – A-Steps 5 - 7, RBO, LFO, RFO Cross Swing Roll – Bullet Point: Correct Cross Roll & Edges

**Key Point 2** – A-Steps 12 & 13, LFI to RBO Closed Choctaw - Bullet Point: Correct Turn

# Paso Doble – 2025 Pre-Gold Variation Dance

Optional Pattern Dance – Solo Series Steps Sequence 1 will be A-Steps and Sequence 2 is the Variation portion.

## Steps A



## Paso Doble – RPD2

2 sequences required for Solo Dance Series Competition

Number of Measures per Pattern: 8 of 4 beats

Minimum Pattern Time: 0:16.8. - Maximum Pattern Time: 0:17.5 - Maximum Overall Time: 1:25

### Sequence 1:

**Key Point 1** – A-Step 11, Inside to Outside Change of Edge - Bullet Point: Correct Edges **Key**

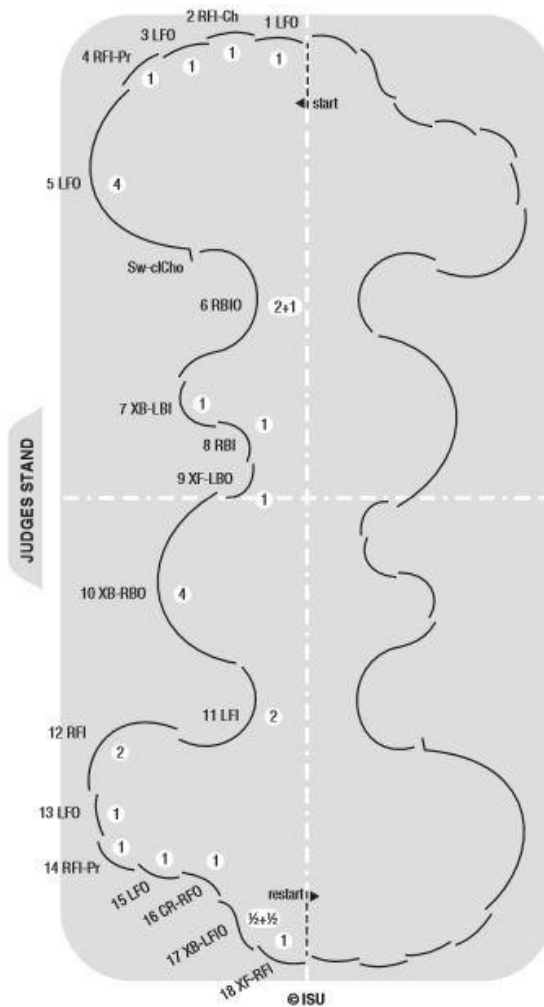
**Point 2** – A-Steps 26 & 27, Cross Right and Left FO Cross Roll – Bullet Point: Correct Edges

### Sequence 2:

Required Turns for Variation: First Forward Outside Rocker and First Choctaw attempted on either foot will be considered for level when executed correctly.

## Quickstep - 2025 Gold First Dance

Set Pattern Dance - Solo Series Steps: All Competitors Skate Same Steps



### Quickstep – RPD3

3 sequences required for Solo Dance Series Competition Number  
of Measures per Pattern: 7 of 4 beats

Minimum Pattern Time: 0:14.7 - Maximum Pattern Time: 0:15.3 - Maximum Overall Time: 1:20

**Key Point 1** - Steps 5 & 6, LFO Swing Closed Choctaw - Bullet Point: Correct Turn

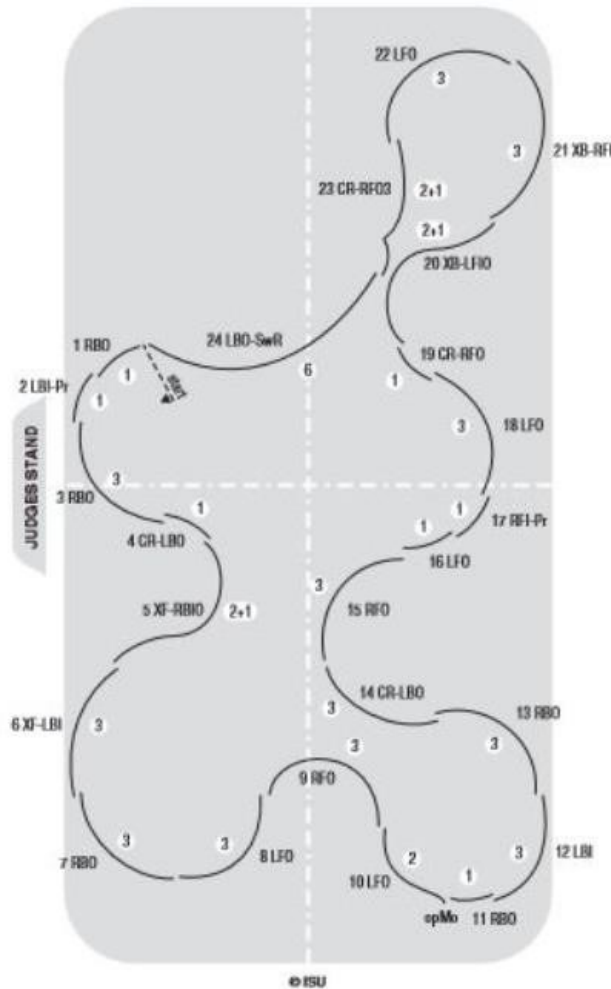
**Key Point 2** - Step 17, Cross Behind LFI to LFO Change of Edge – Bullet Point: Correct Edges



## Viennese Waltz – 2025 Gold Variation Dance

Optional Pattern Dance - Solo Series Steps: Sequence 1: All Competitors Skate A-Steps (Woman's Steps). Sequence 2 – Variation

Woman's Steps



### Viennese Waltz – RPD2

2 sequence required for Solo Dance Series Competition

Number of Measures per Pattern: 10 of 6 beats

Minimum Pattern Time: 0:22.8. - Maximum Pattern Time: 0:23.4. - Maximum Overall Time: 1:40

#### Sequence 1:

**Key Point 1** – A-Steps 10 & 11, LFO to RBO Open Mohawk – Bullet Point: Correct Turn

**Key Point 2** – A-Steps 16-18, LFO, RFI-Pr, LFO, Forward Progressive - Bullet Point: Correct Timing

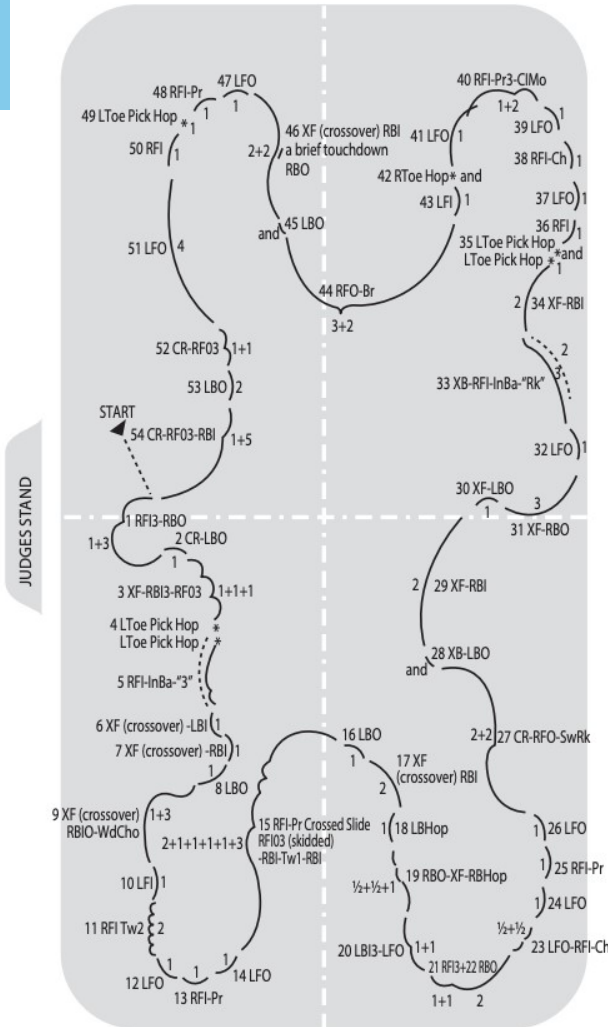
#### Sequence 2: Variation (This will be a full pattern Variation – once around the rink)

Required Turns for Variation: First Backward Outside Rocker and First Double Twizzle attempted on either foot will be considered for level when executed correctly.

# Tea Time Foxtrot – 2025 International First Dance

Optical Illusion Solo Series Steps: All Competitors Skate A-Steps (Woman's Steps)

SKATER CHOICE MUSIC



## Tea Time Foxtrot – TTF

2 sequences required for Solo Dance Series Competition

Number of Measures per Pattern: 26 of 4 beats

Minimum Pattern Time: 0:56.7 - Maximum Pattern Time: 0:58.9 - Maximum Overall Time: 2:40

### Section 1:

**Key Point 1** – A-Step 11, RFI Double Twizzle - Bullet Point: Correct Turn

**Key Point 2** – A-Step 27, CR-RFO Swing Rocker - Bullet Point: Correct Edges, Turn & Cross Roll

### Section 2:

**Key Point 1** – A-Step 44, RFO Bracket - Bullet Point: Correct Turn

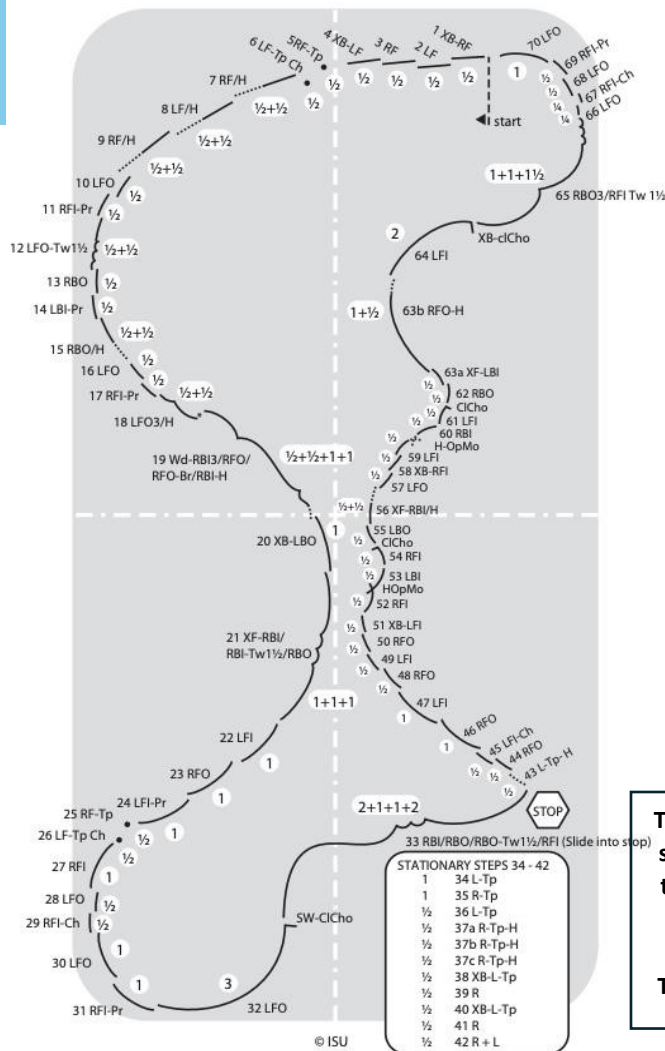
**Key Point 2** – A-Steps 40-41, RFI-Pr3-CLMo – Bullet Points: Correct Edges and Correct Turns

**How to prepare for Sequence 2:** Currently the last step of the dance (step 54 CR-RFO3-RBI) is 1+5 beats. In the repeat this will change that step to 1+1 (1 beat for cross 3 turn entrance and 1 for exit.) Then step onto a LFI edge for 4 beats. Free leg back for 2 beats and then front for 2 beats. [A video is available on the Solo Dance Page of the USFS web site.](#)

# Finnstep – 2025 International Variation Dance

Options Series Steps: All Competitors Skate A-Steps (Woman's Steps)

**SKATER CHOICE MUSIC**



The Stop will still be required after step 33 and be considered part of the Variation. It must last at least 4 measures of music will be a unique creation of the skater. These steps must remain in place.

## Finnstep – RPD1

1 sequences required for Solo Dance Series Competition

Number of Measures per Pattern: 18 of 4 beats

Minimum Pattern Time: 0:38 - Maximum Pattern Time: 0:38.5 - Maximum Overall Time: 1:45

### Section 1:

**Key Point 1** – A-Step 21, RBI Twizzle - Bullet Point: Correct Turn

**Key Point 2** – A-Steps 12-13, LFO-Tw 11/2, RBO – Bullet Points: Correct Turn, Correct Edge

### Section 2: Variation

Required Turns for Variation: First Backward Counter and First Forward Counter attempted on either foot will be considered for level when executed correctly.