

# Welcome to

## Project ECHO® - on

### Approaches to Dementia Care: Building Blocks for Becoming Age-Friendly

While waiting, please type in your Name, Organization, and Role into the chat box.



For educational and quality improvement purposes, we will be recording this session

By participating in this session, you are consenting to be recorded- we appreciate and value your participation

If you have questions or concerns, please email, [ecooper@healthcentricadvisors.org](mailto:ecooper@healthcentricadvisors.org)

OR

Use the chat function to contact us directly. There is an option under chat to send private message to anyone from the drop-down list.

# Rhode Island Geriatrics Workforce Enhancement Program (RI-GWEP)

- This project is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under grant number (U1QHP28737) Geriatrics Workforce Enhancement Program. This information or content and conclusions are those of the author and should not be construed as the official position or policy of, nor should any endorsements be inferred by HRSA, HHS or the U.S. Government.
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- This project is supported by UnitedHealth Plan. The contents are solely the responsibility of the authors and do not necessarily represent the official views of UnitedHealth.
- There is no actual or potential conflict of interest in relation to this program.

# What to Expect During an ECHO Session

- Acknowledgements and Introductions (5-10 min.)
- Brief Didactic (15-20 min.)
- Case Presentation by Spoke Site (10 min.)
- Case Discussion & Recommendations (remaining time)
- Announcements

\* Please save your questions until after the case presentation. However, you may share your questions in the chat box at any time.



# Participants

Activities Director

Administration/Program Management

Community Health Worker

Consultant

Medicine

Nurse Practitioner

Nursing (RN, CNA, APRN, NCM)

OT/PT

Social Work – Clinical

Social Work – Case Management

# Settings

Community Site

Hospital

Long-Term Care

Nursing Home

Primary Care

Private Practice

Senior Day Program

Skilled Nursing

# RI G ECHO Hub (Content Expert) Team

- **Erica Estus, PharmD, BCGP**; Clinical Professor, URI College of Pharmacy
- **Nick Nikolopoulos, DO**; Chief Medical Officer, PACE-RI
- **Cynthia Padula, PhD, RN**; Professor Emeritus, RI College School of Nursing
- **Kim Rickler, MSW, LICSW**; Clinical Teaching Associate, Family Medicine  
Warren Alpert Medical School of Brown University
- **Corinne Russo, MSW, ASWCM**; Adjunct Faculty and GWEP Program Lead,  
Interprofessional Geriatrics for Health Professions Students

# The 4M Framework

## The 4M Framework

- Evidence-based and practice tested
- Aligns with What Matters to older adults
- Improves outcomes
- Used reliably across settings
- Able to be adapted locally
- RI-GWEP endorses and supports Age-Friendly care
- RI-GWEP programs are guided by the 4M Framework

(14). Hartford Foundation, American Hospital Assoc., Catholic Health Assoc. US.





# ***Better Patient Care with an Age Friendly Approach***

**Ana Tuya Fulton, MD, MBA, AGSF, FACP**

*Chief Population Health Officer and Executive Chief of Geriatrics and Palliative Care at  
Care New England Health System*

*Chief Medical Officer, Integra Community Care Network, LLC*

*Associate Professor of Medicine and Associate Professor Psychiatry and Human Behavior,  
Warren Alpert Medical School of Brown University.*

***March 30, 2023***

# Objectives

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- Identify the 4Ms of Age Friendly Health Systems
- Learn about implementation of 4M Framework in RI
- Identify connections between 4M Framework and dementia care management

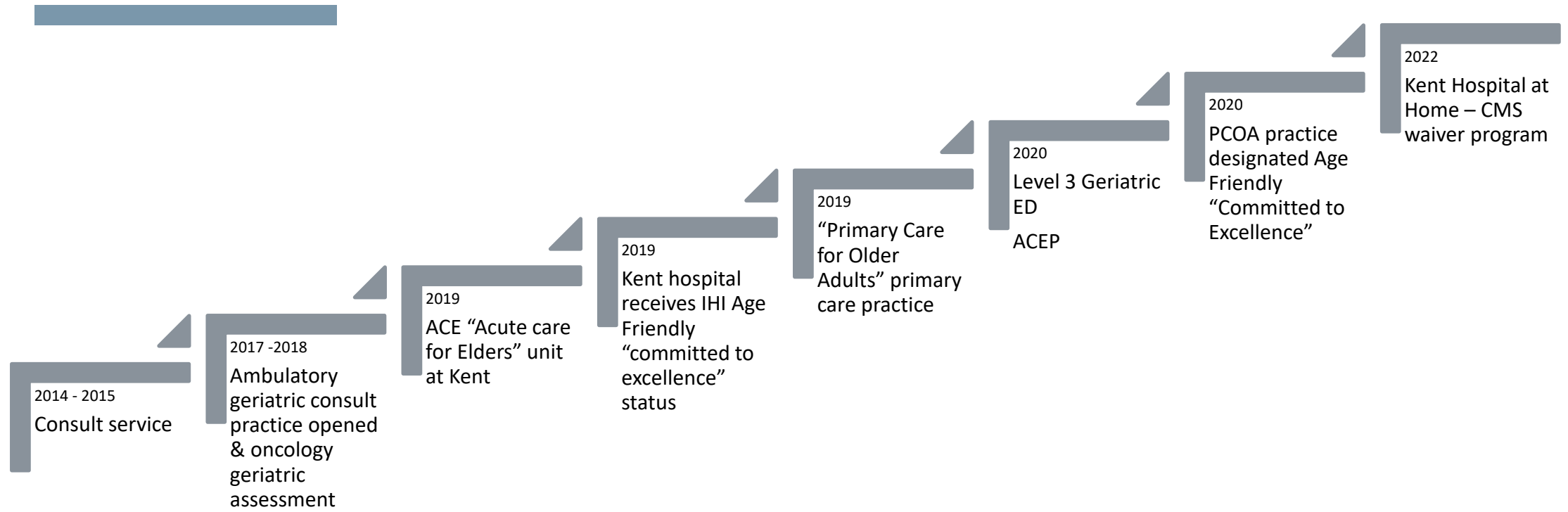
# 4M Framework of Age Friendly Care

- **What Matters** Know and align care with each older adult's specific health outcome goals and care preferences including, but not limited to, end-of-life care, and across settings of care
- **Medication** If medication is necessary, use age- friendly medication that does not interfere with What Matters to the older adult, Mobility, or Mentation across settings of care
- **Mentation** Prevent, identify, treat, and manage delirium across settings of care
- **Mobility** Ensure that each older adult moves safely every day to maintain function and do What Matters

# Implementation of the 4M Framework – Becoming an Age-Friendly System

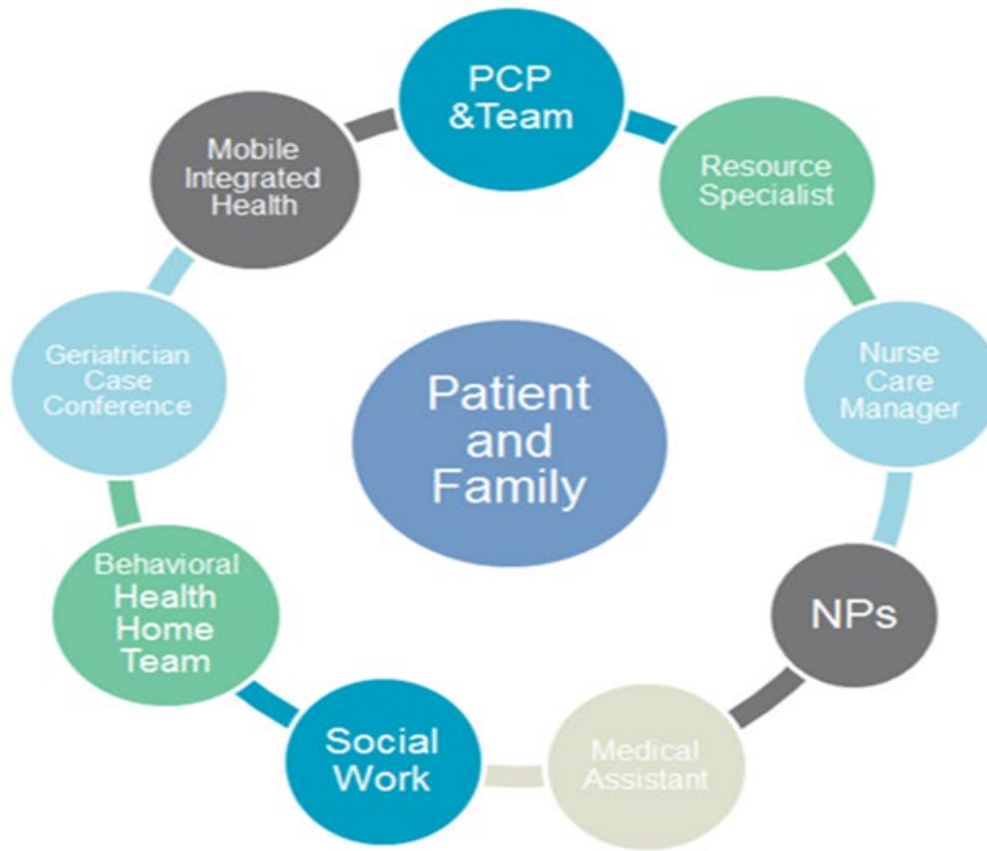
- Kent Hospital
  - Why pursue IHI Age Friendly “Committed to Excellence” standard?
    - Population health focus
    - Our community and our patients – needs assessment results
- Primary care for older adults
  - Advanced primary care
  - Community room
- Integra community care network, LLC
  - Care management programs and suite of “at-home” care options

# Efforts to date....



In process @ Kent:  
American College of Surgeons – Geriatric Surgery Verification "Commitment Level"

# Our Model:



# Integra @ Home in the Comfort of your Home

**Integra**  
Community Care Network



# Application to Dementia Care

- Using the best practices of the 4Ms model is a natural fit to support patients with dementia
  - Safe prescribing
  - Individualized care – using a team-based approach
  - Delirium prevention
  - Goals of care
- Works well in multiple sites of care – hospital, home, office based

# Resources

- **Guide to Using the 4Ms**
  - [https://241684.fs1.hubspotusercontent-na1.net/hubfs/241684/AgeFriendlyHealthSystems\\_GuidetoUsing4MsCare\\_FINAL\\_July2020.pdf](https://241684.fs1.hubspotusercontent-na1.net/hubfs/241684/AgeFriendlyHealthSystems_GuidetoUsing4MsCare_FINAL_July2020.pdf)
- **Invitation to Join Age- Friendly Health Systems Action Community**
  - <chrome-extension://efaidnbmninnibpcajpcglclefindmkaj/https://241684.fs1.hubspotusercontent-na1.net/hubfs/241684/Age-Friendly/Invitation%20to%20Join%20the%202023%20IHI%20AFHS%20Action%20Community.pdf>
- **IHI Resource Page**
  - <https://www.ihl.org/Engage/Initiatives/Age-Friendly-Health-Systems/Pages/Resources.aspx#%23GettingStartedGuides>
- **Additional Resources for Providers**
  - <https://www.agefriendlycare.psu.edu/>



# Program Evaluation and CEUs/CMEs

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- Continuing education credits are available to individuals who complete the entire activity and submit the post training evaluation.
- <https://www.surveymonkey.com/r/NJZCPJT>
- Use your phone camera to scan the QR Code



**Next Session Thursday April 13, 2023  
7:30-8:30 am  
*Functional Status Assessment for Patients with Dementia***

**RI G ECHO:**

<https://web.uri.edu/rigec/programs/cpe/#Project-ECHO>

**Resource Folder:**

<https://app.box.com/s/bief49honxr2iee2zo2u4rqwbsca9vo1/folder/196893613069>

**Email:** [rigec@etal.uri.edu](mailto:rigec@etal.uri.edu)

