



Participate in

# Home-Based Treatment for Adolescent Eating Disorders

Researchers at Lifespan are collaborating with Gateway Healthcare & The Providence Center to offer 2 types of in-home treatment. You will receive one of these two treatments:

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## Family-Based Treatment

Family-Based Treatment supports parents in the refeeding/weight restoration process while giving the adolescent opportunities to practice normal eating behaviors. Individual sessions focus on coping skills to tolerate the refeeding process.

## Integrative Family Therapy

Integrative Family Therapy involves individual and family therapy to increase coping skills and improve distress tolerance around eating, shape, and weight.

For more info, contact Genesis,  
the research assistant, at  
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## Project HOME

### Eligible families...

Have a child (12- 18) with a restrictive-type eating disorder currently living at home.

Have at least 1 parent/caregiver willing to engage in treatment

Are willing to complete surveys and interviews about their treatment experience

