



Dance Social & Adult IJS Seminar/Clinic Information

Event Date: University of Delaware on Sunday April 19, 2020

Dance Social 9am-10am Fred Rust Ice Arena

Open to all abilities and levels. Music will be played continuously from 15+ pattern dances within the preliminary-gold levels from 9-9:45am. University of Delaware High Performance Figure Skating coaches will be available to partner during this time, including Yovanny Durango and Shay Sterlace, 5-time U.S. Adult Ice Dance Champions, and Anastasia Cannuscio and Colin McManus, the 2016 U.S. Championships Ice Dance pewter medalists. After the skating portion, we will provide coffee and light refreshments. **Fee: \$25**

Adult IJS Seminar/Clinic 10am-12:30pm Fred Rust Ice Arena

The University of Delaware High Performance Figure Center presents the Adult IJS Seminar/Clinic. Adults competing pre-bronze through masters are welcome to register. Event will include National, World, and Olympic coaches from the UD High Performance Figure Skating Center, as well as local IJS specialists. A list of coaches will be provided in April.

Freestyle track seminar to include: IJS discussion with IJS specialists from 10-11am and on ice spins/jumps from 11:15am-12:15pm. Lunch is optional from 12:30-1pm. Specialists and coaches TBD. **Fee: \$40**

OR

Ice Dance track seminar to include: On-ice ice dance skills from 10-11am and IJS discussion with IJS specialists from 11:15am-12:15pm. Lunch is optional from 12:30-1pm. Specialists and coaches TBD. **Fee: \$40**

Both Dance Social and Seminar – Fee: \$60

On Line Registration is now open! Click here to register: <https://udapps.nss.udel.edu/casforms/icearena/adultclinic/index.jsp>

Please email bellac@udel.edu for more information!

Lunch (optional):

Fee: \$10.00, which will be paid at the Ice Arena the day of the event. Lunch options will be provided a week prior to the event.