



# Family Café Innovation

2021 – 2022

## Family Café Impact

Since 2021, five family café sessions were created and piloted to promote positive, experience-based approaches and practices in early care and education (ECE) settings and to strengthen the program and family relationship in Arkansas. These cafés were implemented in conjunction with the Better Together Learning Collaboratives and offered as a family engagement opportunity.

### Café Session Topics



### Café Participants

**Participating ECE Programs: 33**  
**Number of Sessions Offered: 52**  
**Participants were**  
 Family members: 50%  
 Staff: 34%  
 Staff with children at program: 16%  
**Cafés participants joined**  
 Virtually: 95%  
 In-person: 5%

**Participants rated the opportunities to connect with others as most useful!**

### Outcomes

**Evaluations Completed: 353**  
**Participants Strongly Agreed**  
 Enjoyed the Café: 86%  
 Information was useful: 89%  
 Facilitator was knowledgeable: 96%  
 Gained new ideas to try: 82%  
**Net Promoter Scores**  
 Active Families, Active Children: 79  
 Cooking Up Healthy Lifestyles: 87  
 Managing Screen Time: 89  
 Creating Memories at Mealtime: 56

## TESTIMONIALS

"One concept that stood out to me was allowing children to share in the responsibility of meal time by allowing them to choose how much to eat helps to cut down on conflict and makes meal time more enjoyable for both parent and child."

"How much the little things add up. In my mind I always think of planning a big outing when we take our son into the outdoors. This cafe reminded me that things such as walking around the house outside, or maybe just sitting on the back porch and letting him play and watch the birds, animals, etc. can make a big difference."

### Video Testimonial:

Curricula Concepts and Little Lighthouse Educare

