





## Complete the following requirements:

- 1. Gather the outdoor items you need to have with you when you go for an outdoor adventure, and understand how they are used. Also understand and commit to practicing the buddy system.
- 2. Learn what SAW (Stay, Answer, Whistle) means. Demonstrate what you can do to stay safe if you become separated from the group when you are outdoors.
- 3. Demonstrate an understanding of respect for animals and nature when participating in a learning hike.

## **Resources and Ideas:**

1. Six Cub Scout Outdoor Essentials:

https://blog.scoutingmagazine.org/2017/08/08/cub-scout-six-essentials-half-dozen-items-pack-every-campout-hike/

Buddy System:

http://www.scouterlife.com/blog/2020/7/28/the-buddy-system

And a *GAME*: When hiking with your Scout - They should always have a buddy (even if it's a family member). Each pair should be assigned a number. If an adult leader shouts "Buddy Check" - They should find and get near their buddy (social distancing applies for now). Once all the pairs are organized - Pair #1 shouts "ONE", then the next pair shouts "TWO", and so on. **Only Buddies that are near each other should shout...Any missed numbers will identify a pair not together.** 

- 2. Stay Answer Whistle (SAW): http://www.scouterlife.com/blog/2019/6/6/mountain-lion-saw
- 3. Coloring Sheet:

http://ablogforharmony.blogspot.com/2016/11/webelos-memory-helps-for-leave-no-trace. html

Hand Signs Video: https://youtu.be/4pp4aqwE0pQ And more info: <u>https://frogmom.com/leave-no-trace-principles-for-kids/</u>

