Cooking up Healthy Lifestyles - Café Evaluation

The Café that I attended was held?

* Virtually (Zoom)
* In person

Please describe your role relative to the child care program.

* Family member
* Child care staff
* Child care staff with a child at the program

**Please read the following statements carefully and rate each statement.**

I enjoyed this Café.

* Strongly disagree
* Somewhat disagree
* Neither agree nor disagree
* Somewhat agree
* Strongly agree

The information in this Café was useful.

* Strongly disagree
* Somewhat disagree
* Neither agree nor disagree
* Somewhat agree
* Strongly agree

The facilitator was knowledgeable.

* Strongly disagree
* Somewhat disagree
* Neither agree nor disagree
* Somewhat agree
* Strongly agree

The facilitator was organized and well prepared.

* Strongly disagree
* Somewhat disagree
* Neither agree nor disagree
* Somewhat agree
* Strongly agree

**Please read the following statements carefully and rate each statement.**

Because of this Café, I have new ideas about how to create healthy and enjoyable eating habits for my child.

* Strongly disagree
* Somewhat disagree
* Neither agree nor disagree
* Somewhat agree
* Strongly agree

This Café has reminded me, or made me realize, that my child and I both play a role in the development of their healthy eating habits.

* Strongly disagree
* Somewhat disagree
* Neither agree nor disagree
* Somewhat agree
* Strongly agree

During this Café, I learned something new about the benefits of healthy mealtime practices for children.

* Strongly disagree
* Somewhat disagree
* Neither agree nor disagree
* Somewhat agree
* Strongly agree

Identify one concept or idea that really stood out during this Café.

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Please rank which element of the Café was the most useful to you.  
 [You can reorder statements by dragging and dropping]

\_\_\_\_\_\_ Information about division of responsibility in feeding.

\_\_\_\_\_\_ Discussion about healthy mealtime practices with other participants.

\_\_\_\_\_\_ Connecting with other participants.

\_\_\_\_\_\_ The Four Building Blocks of HOPE.

\_\_\_\_\_\_ The framework of Healthy Eating and the Whole Child.

If you had to change one thing about the Café what would it be?

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How likely are you to recommend this Café to a friend or colleague?\*

* 0
* 1
* 2
* 3
* 4
* 5
* 6
* 7
* 8
* 9
* 10

\*How to calculate the Net Promoter Score (NPS) <https://www.qualtrics.com/experience-management/customer/measure-nps/>